

# Peacebank Yoga Studio

## 200 Hour Yoga Teacher Training

Hawaii Immersion Sunday, July 29th – Sunday, August 5th, 2018

**Part II:** 5 Weekends at Peacebank Yoga Studio July 14/15, August 10/11/12, August 18/19, August 24/25/26, September 8/9 Graduation Weekend!

Please see student schedule in information packet.

**Tuition:** \$4250 for the full course to become a certified yoga teacher. A non-refundable \$500 deposit is required to register and secure your spot in the course. The balance will be due by July 23rd, 2018.

Early Bird Special: A discount of \$250 will be applied for all students who pay in full by May 1<sup>st</sup>, 2018. You will receive free unlimited yoga at Peacebank Yoga Studio during the teacher training course.

**Prerequisites:** Participants should have a minimum on 1 year regular Vinyasa Flow practice. Exceptions can be made with management approval.

**Attendance:** Attendance of all sessions and homework is mandatory to receive a certificate of completion. All absences must be cleared and approved with Peacebank Yoga Studio management. Homework will be assigned to ensure that participants gain the required knowledge and contact hours per Yoga Alliance guidelines. Participants are encouraged to schedule their own study groups to share notes and practice techniques covered in the course. Private sessions can be booked at a discount to cover missed sessions.

**Required Reading:** 2 Teacher Training Manuals will be giving to you to keep. The following books are not included in the tuition, but are required. They are fantastic resource books that all should have.

1. The Heart of Yoga by T.K.V. Desikachar
2. The Key Muscles of Yoga by Ray Long
3. Light on Yoga by BKS Iyengar
4. The Yoga Sutras of Patanjali by Swami Satchidananda
5. Yoga by Linda Sparrowe