



As part of recent Worksafe Week 2012 activities, Goulburn Valley Water contracted the services of Alcocups – Alcohol and Drug Education Specialists.

AlcoCups presented fun, informative and interactive sessions on Drug & Alcohol use/issues to employees who had a varied knowledge of the information that was presented to them.

Our employees who attended received a surprising insight into the contents used to make illicit drugs, and left with new knowledge in regards to BAC levels and alcohol awareness.

Melissa Hiscock
People and Well-Being Administration Officer
Goulburn Valley Water

Staff Comments Regarding the Session/s

***A wonderful way of experiencing work with my beer goggles on minus the hangover -
*Erin***

*** The Alcocups session today was a lot of fun. There was a lot of laughing when we put on the beer goggles and tried to play Mario Kart and we also learnt important things like how to calculate your BAC so you don't drive over .05 and the shocking things that are used to make some drugs. A really worthwhile session – *Melissa***

Extremely interactive, entertainment value is high, but it brings home a very important message about alcohol, drugs, and the side effects etc – total eye opener! – *Shane

*** Thanks for putting on the Alcocups (Alcohol and Drug Education) session earlier today. I found it very interesting and somewhat surprising as to what goes into some drugs. I also enjoyed the interactive activities. Certainly worth attending! - *Stuart***