



**KATIE HARTMAN**  
LFT, LMT  
Licensed Esthetician

## Client Intake Form- Facial

Name	Date	
Address		
City	State	Zip
Home number	Date of Birth	
E-mail		

Have you been under the care of a physician, dermatologist or other medical professional within the past year?  
 No  Yes \_\_\_\_\_

Have you had any of these health conditions in the past or present?

(Please check all that apply and provide additional information in the space provided)

- |   |   |  |
|---|---|--|
| <input type="radio"/> Cancer              | <input type="radio"/> Arthritis           | <input type="radio"/> Immune disorders             |
| <input type="radio"/> Hormone imbalance   | <input type="radio"/> Asthma              | <input type="radio"/> HIV/AIDS                     |
| <input type="radio"/> Systemic disease    | <input type="radio"/> Eczema              | <input type="radio"/> Lupus                        |
| <input type="radio"/> High blood pressure | <input type="radio"/> Epilepsy            | <input type="radio"/> Metal bone pins or plates    |
| <input type="radio"/> Spinal injury       | <input type="radio"/> Seizure disorder    | <input type="radio"/> Phlebitis/blood clots        |
| <input type="radio"/> Thyroid condition   | <input type="radio"/> Headaches (chronic) | <input type="radio"/> Blood clotting abnormalities |
| <input type="radio"/> Hysterectomy        | <input type="radio"/> Fever blisters      | <input type="radio"/> Psychological treatment      |
| <input type="radio"/> Diabetes            | <input type="radio"/> Hepatitis           | <input type="radio"/> Insomnia                     |
| <input type="radio"/> Heart problem       | <input type="radio"/> Herpes              | <input type="radio"/> Keloid scarring              |
| <input type="radio"/> Varicose veins      | <input type="radio"/> Frequent cold sores | <input type="radio"/> Skin disease/skin lesions    |

List any medications/vitamins you take regularly: \_\_\_\_\_

Do you use Retin-A, Renova, Adapalene Hydroxyl Acid, Deferin, Glycolic Acid, Salicylic Acid or Retinol?  
 No  Yes, describe: \_\_\_\_\_

Do you sunbath or used a tanning bed?  No  Yes

Do you use sunscreen?  No  Yes

Have you ever had an adverse reaction after using any skin care product?

- Rash     Irritation     Peeling     Sun Sensitivity     Breakout

Please list any allergies you have?

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Are you pregnant or trying to become pregnant?  No  Yes    Nursing?  No  Yes

Which of the following have you had in the past?

- |  |  |
|--|--|
| <input type="radio"/> Botox              | <input type="radio"/> Collagen (fillers) |
| <input type="radio"/> Laser hair removal | <input type="radio"/> Permanent make-up  |
| <input type="radio"/> Microdermabrasion  | <input type="radio"/> Chemical peels     |

Which of the following best describes your skin type?

- |  |                                      |
|--|--------------------------------------|
| <input type="radio"/> Very oily skin/ large pores          | <input type="radio"/> Dry skin       |
| <input type="radio"/> Combination skin                     | <input type="radio"/> Sensitive skin |
| <input type="radio"/> Oily in T-zone, dry to normal cheeks | <input type="radio"/> Oily skin      |

Please mark your skin concerns:

- |   |  |
|---|--|
| <input type="radio"/> Unwanted hair Area: _____ | <input type="radio"/> Pigmentation             |
| <input type="radio"/> Acne                      | <input type="radio"/> Fine lines               |
| <input type="radio"/> Discoloration             | <input type="radio"/> Brown spots              |
| <input type="radio"/> Rosacea                   | <input type="radio"/> Wrinkles                 |
| <input type="radio"/> Loss of skin tone         | <input type="radio"/> Broken capillaries/veins |
| <input type="radio"/> Dryness                   | <input type="radio"/> Large pore size          |
| <input type="radio"/> Sun Damage                |  |

Other concerns? Please list \_\_\_\_\_

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What type of pressure do you prefer for your massage on legs/feet/shoulders/arms?

- |                             |                              |                            |
|-----------------------------|------------------------------|----------------------------|
| <input type="radio"/> Light | <input type="radio"/> Medium | <input type="radio"/> Firm |
|-----------------------------|------------------------------|----------------------------|

What would you like the focus in your facial today, rate each individual topic 1–5 (5 the most important, 0 the least important)

- |                                    |                               |
|------------------------------------|-------------------------------|
| ___ Relaxation                     | ___ Hand/Shoulder/Arm Massage |
| ___ Facial Massage                 | ___ Scalp Massage             |
| ___ Extractions                    | ___ Aromatherapy              |
| ___ Education on Products/Homecare | ___ Foot/Leg Massage          |

I understand, have read and completed this questionnaire truthfully. I agree that this constitutes full disclosure, and that it supersedes any previous verbal or written disclosures. I understand that withholding information or providing misinformation may result in contraindications and/or irritation to the skin from treatments received. I am aware that it is my responsibility to inform the esthetician/skin care therapist of my current medical or health conditions and to update this history. The treatments I receive here are voluntary and I release this institution and/or skin care professional from liability and assume full responsibility thereof.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_