AM I ELIGIBLE?
To be eligible for SNAP benefits, you must meet the following requirements:
- Be a citizen or legal immigrant
- Be an Idaho resident
- Meet household income limits (listed to the right)
- Household: Defined as a group of people who live and eat meals together.
- With some exceptions, must work or participate in an employment and training program

ABLE BODIED ADULT WITHOUT DEPENDENTS
This requirement applies to individuals 18–50 years old who do not have dependents. It is a set of work requirements individuals receiving SNAP must meet in order to receive their benefits for more than 3 months.
- Requirements
  - Work 80 hours a month;
  - Or participate in a work program for 80 hours a month;
  - Or participate in a combination of work and a work program for a total of 80 hours a month.

INCOME LIMIT

<table>
<thead>
<tr>
<th>HOUSEHOLD SIZE</th>
<th>INCOME</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$1,580</td>
</tr>
<tr>
<td>2</td>
<td>$2,137</td>
</tr>
<tr>
<td>3</td>
<td>$2,694</td>
</tr>
<tr>
<td>4</td>
<td>$3,250</td>
</tr>
<tr>
<td>5</td>
<td>$3,807</td>
</tr>
<tr>
<td>6</td>
<td>$4,364</td>
</tr>
<tr>
<td>7</td>
<td>$4,921</td>
</tr>
<tr>
<td>8</td>
<td>$5,478</td>
</tr>
<tr>
<td>EACH ADDITIONAL MEMBER</td>
<td>+$557</td>
</tr>
</tbody>
</table>

WORK REQUIREMENT
For those with dependents the work requirements are:
- Age 16–59 and able to work
- Work a minimum of 30 hours a week or register to participate in SNAP Employment and Training
Recertification happens to make sure you are still eligible to receive SNAP benefits. In Idaho you receive a notice in the mail or on your Idalink account letting you know it is time to recertify. You are asked to provided an application to your local service office. If you fail to complete this you will lose your SNAP benefits.

**SNAP FACT SHEET**

**HOW DO I APPLY?**
- **CALL:** 877-456-1233

**FIND A SERVICE LOCATION NEAR YOU AND APPLY IN PERSON**
- **EMAIL:** MYBENEFITS@DHW.IDAHO.GOV
- **MAIL:** SELF-RELIANCE PROGRAM, PO BOX 83720, BOISE, ID 83720-0026

**WHAT CAN I NOT BUY?**
- Beer, wine, or liquor
- Cigarette or tobacco
- Non-food items
- Vitamins or medicine
- Hot food or food eaten in the store

**HOW DO I RECEIVE MY BENEFITS?**
Benefits are received through the Electronic Benefits Transfer (EBT) card, in Idaho it looks like the picture above.

**RECERTIFICATION**

Be prepared to provide:
- ID Card
- Household income & resources
- Housing costs
- Current monthly expenses
- If applicable, immigration status