

# DOMESTIC DIVISION OF LABOR: A WORKSHEET

## OVERALL RESPONSIBILITIES

Who?

Who?

Meal Planning

Grocery Shopping

Laundry (clothing)

Laundering / Changing Linens

Vacuuming

Other:

Cleaning Kitchen

Cleaning Bathrooms

Dusting

Taking Out Trash & Recycling

Other:

Other:

## DAILY RESPONSIBILITIES

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Preparing Meals

Loading / Unloading Dishwasher

General Tidying Up

Other:

## COORDINATING

Who?

Managing the Family Calendar

Making Social Arrangements with Friends

Organizing Weekly Date Night

Other:

Other:

## MAINTENANCE

Who?

Watering Plants

Yard Work

Car Maintenance

Hiring for/Managing Home Improvements or Repairs

Other:

## ADMIN / FINANCIAL

Who?

Sorting Mail

Paying Bills

Managing Investments

Managing Health Insurance and FSAs

Other:

Other:

## PROCUREMENT

Who?

Stocking Household (cleaning supplies, lightbulbs, etc)

Buying Gifts for Friends/Family

Ordering Pet Supplies

Researching Major Purchases

Other:

Other:

## PET CARE

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Feeding

Dealing with Waste

Exercise / Play

Other: