

CITY GROUP BASIC TRAINING



**Christ-centered
communities cultivating
compassion for the city**

**CITY
GROUPS**



**Christ-centered
communities cultivating
compassion for the city**

**City Groups
Intentional Space
DNA Groups**



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**CITY
GROUPS**



What are City Groups?

City Groups are **families** of people **learning to follow Jesus together and helping others to do the same**. Like families, they gather together at different times and places throughout the week for many different purposes.

Catch up on life over dinner, study and apply the Bible together in a DNA Group, and learn how to intentionally bring the **good news** of Jesus into the **places you already go** and to the **people you already know**.

City Groups seek to share the **good news** of Jesus with the world around us by saturating our spaces (school, work, gym, pub, etc) with the **light and hope** that Jesus has given us. City Groups aren't about adding another thing to your already-busy life; they're about taking the space God has already given you, and using it to show others **who he is and what he has done**.



God never meant for his people to **follow him** by themselves.

City Groups **follow Jesus together**, and as we follow Jesus our lives will be **transformed**. But Jesus didn't come to simply transform us as individuals. Following Jesus draws us into **community** with others who are also being transformed.

We need each another: this **God-designed family-on-mission** is the environment where we grow and thrive by pointing one another towards Jesus. As we learn to follow Jesus together, we help one another grow in **gospel-driven maturity** by fighting sin and reminding each other of the good news of who Jesus is and what he has done.

Why do
City Groups
exist?



What do City Groups do?

City groups meet together regularly, possibly in homes, coffee shops, or restaurants. They do things that a family would do: share **meals**, play **games**, watch **sports**, and tell **stories**. And they invite others to join them!

They throw birthday **parties** and help provide **food** for new parents. They serve one another by meeting financial **needs**, **babysitting** kids, **repainting** houses, or **fixing** flat tires.

They invite their neighbors over for **Super Bowl parties** and **backyard BBQs**. They go together to support their kids' **baseball** teams, and they even sometimes pick up the **check** of a family eating at the table next to them.



EQUIPPING THE SAINTS
FOR THE WORK OF MINISTRY



QUALIFICATIONS FOR MINISTRY

1. SOMEWHERE IN THE PROCESS OF
BEING REDEEMED BY JESUS

2. NOT DEAD



“YOU ARE A **CHOSEN** RACE, A ROYAL **PRIESTHOOD**,
A HOLY NATION, A PEOPLE FOR HIS OWN
POSSESSION, **THAT YOU MAY PROCLAIM THE
EXCELLENCIES OF HIM WHO CALLED YOU OUT OF
DARKNESS INTO HIS MARVELOUS LIGHT.**”

- 1 peter 2:9

X

**SPIRITUAL AND
GIFTS THE BODY
OF CHRIST**

x

**“I URGE YOU TO WALK IN A MANNER WORTHY OF THE
CALLING TO WHICH **YOU HAVE BEEN CALLED** . . .
GRACE WAS GIVEN **TO EACH ONE OF US** ACCORDING
TO THE MEASURE OF CHRIST'S GIFT . . .”**

-paul, ephesians 4

X

“...AND HE GAVE THE APOSTLES, THE PROPHETS, THE EVANGELISTS, THE SHEPHERDS AND TEACHERS, TO EQUIP THE SAINTS FOR THE WORK OF MINISTRY, FOR BUILDING UP THE BODY OF CHRIST.”

-paul, ephesians 4

X



INTENTIONAL SPACE

X

What is Intentional Space?

An **intentional space** is a specific **location** or **group of people** on which your City Group chooses to focus and build relationships for the sake of the gospel.

This might be a **restaurant**, a local high school **sports team**, a **coffee shop**, or a **neighborhood**. There probably won't be a perfect fit for everyone, but the key is to pick an intentional space that makes sense for your City Group.

An **intentional space** doesn't have to last forever. Pick a space, and pick an amount of time to test it out. If it works, great. If not, you can always try something else!



BUT YOU WILL RECEIVE POWER WHEN THE HOLY SPIRIT HAS COME UPON YOU, AND YOU WILL BE MY WITNESSES IN JERUSALEM AND IN ALL JUDEA AND SAMARIA, AND TO THE END OF THE EARTH.”

- acts 1:8

X

GOSPEL INTENTIONALITY

MATTHEW 28:19-20

LUKE 24:47

MARK 16:15

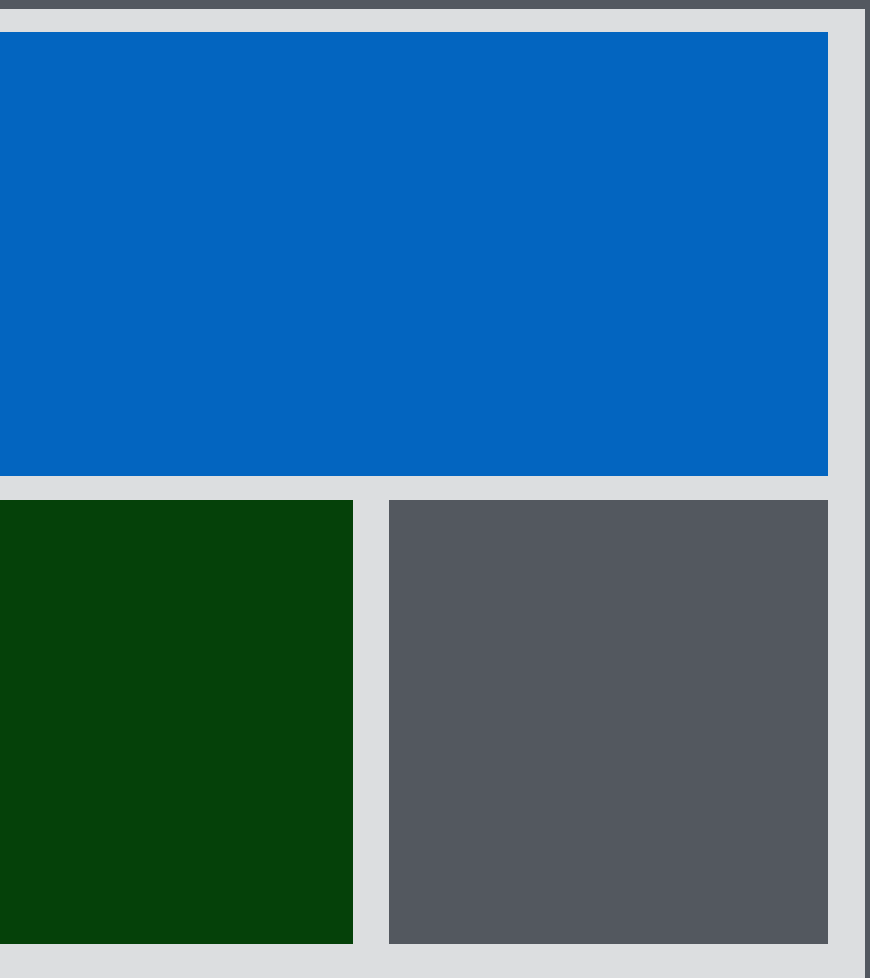
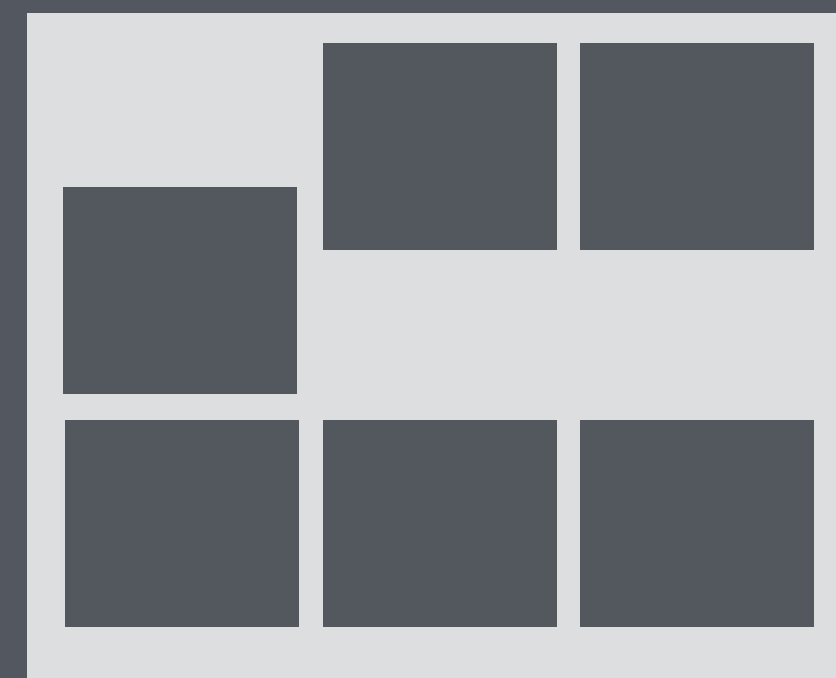
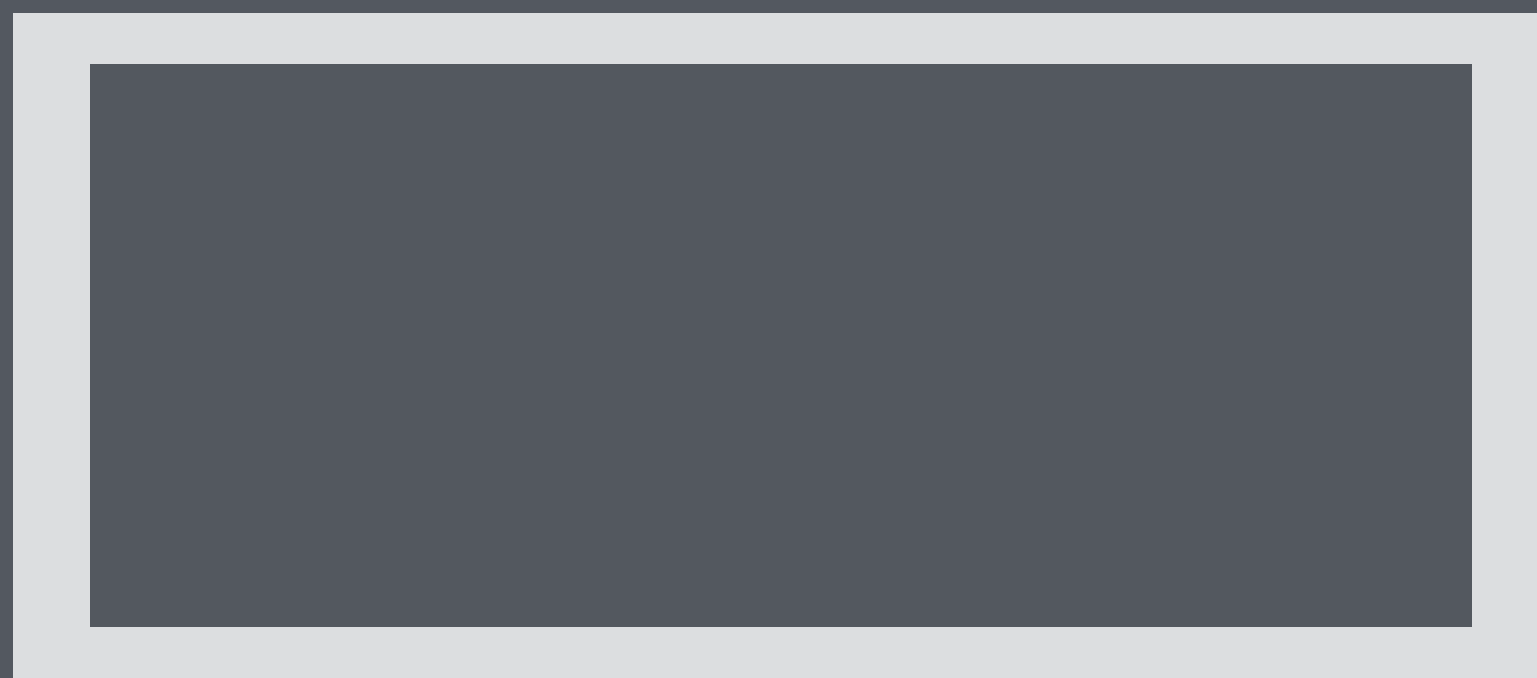
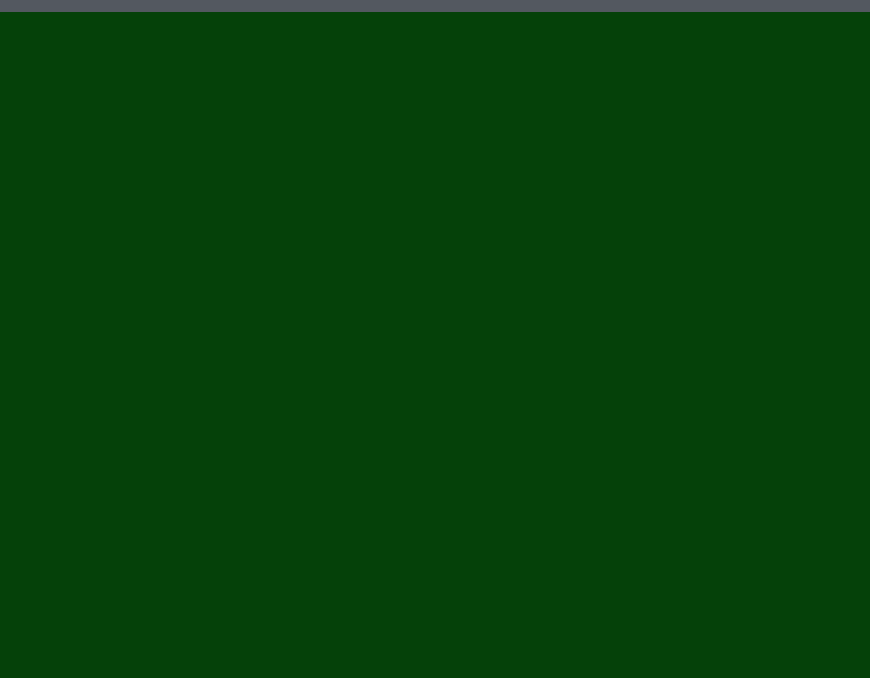
JOHN 20:21

REVELATION 7:9

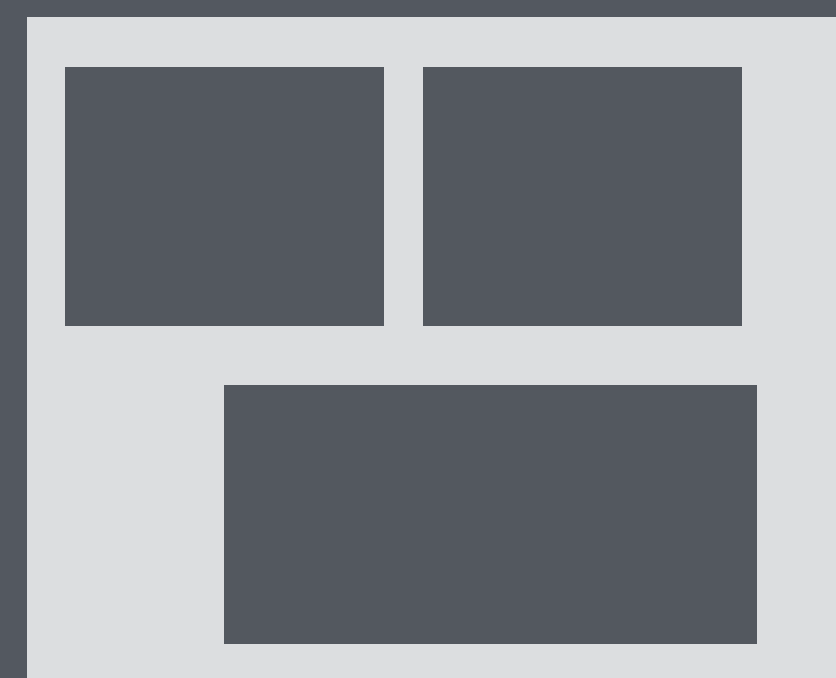
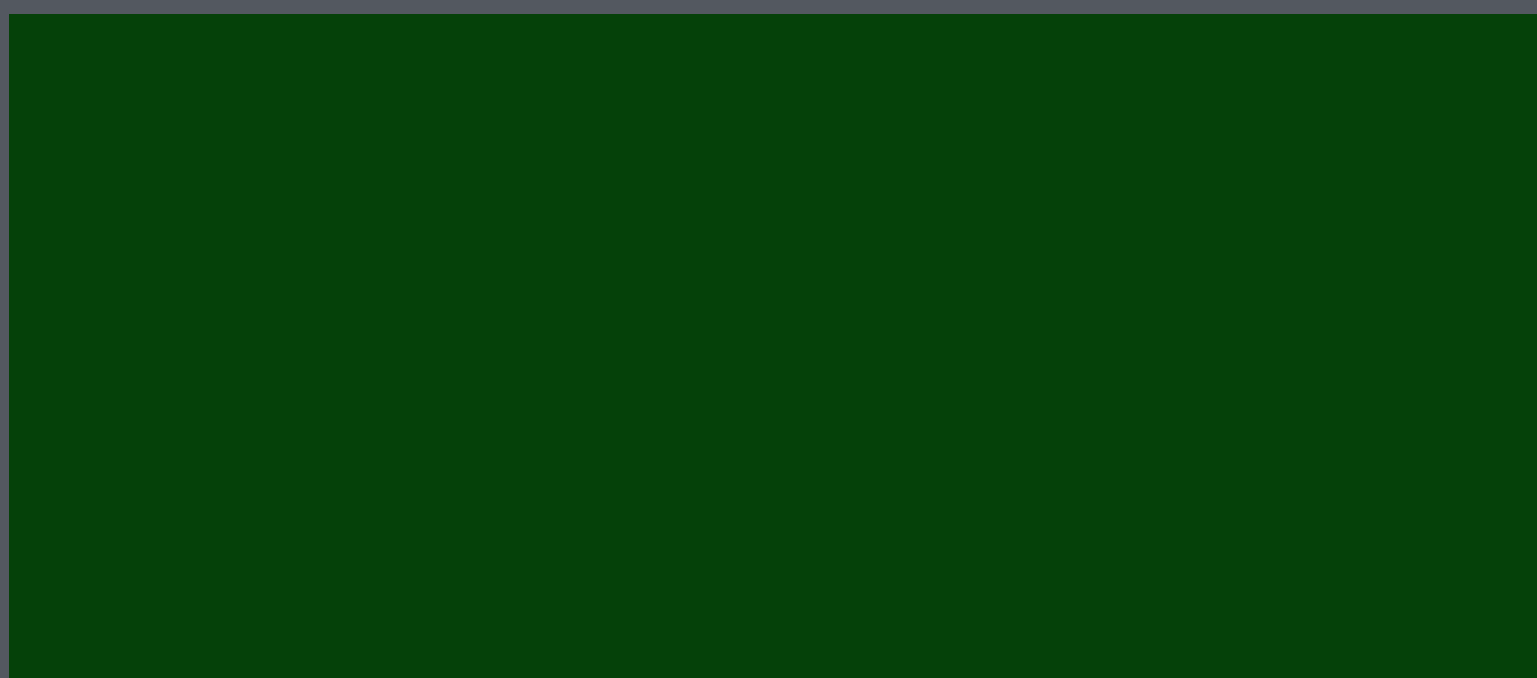


INTENTIONAL SPACE





**INTENTIONAL WITH
YOUR SPACE**



DNA



GROUPS



What are DNA Groups?

DNA groups are groups of three same-gendered people who spend time together to study the **Bible**, confess **sin**, **encourage** and **challenge** one another, **pray**, and remind each other of the truths of the **gospel**.

DNA groups meet each week, separately from the City Group. They might meet in **homes**, or a **coffee shop**, or at an **office**.

When DNA groups meet, they'll walk through three distinct steps: **Discover**, **Nurture**, and **Act**. During these steps, groups will look at the Bible, talk about their lives, and remind each other how to apply the gospel to the issues of real, everyday life.

Over time, DNA groups will become **trusting, tight-knit relationships** where each person knows the others' stories and struggles intimately and can lovingly **speak truth** in to their lives.



**“ALL SCRIPTURE IS GOD-BREATHED AND IS USEFUL
FOR TEACHING, REBUKING, CORRECTING, AND TRAINING
IN RIGHTEOUSNESS SO THAT THE MAN OF GOD MAY BE
FULLY EQUIPPED FOR EVERY GOOD WORK.”**

- 2 Timothy 3:16-17

X

“CONFESS YOUR **SINS** TO **ONE ANOTHER** AND PRAY FOR ONE
ANOTHER **THAT YOU MAY BE HEALED**”

- james 5:16

X

“WHATEVER DOES NOT PROCEED
FROM FAITH IS **SIN.**”

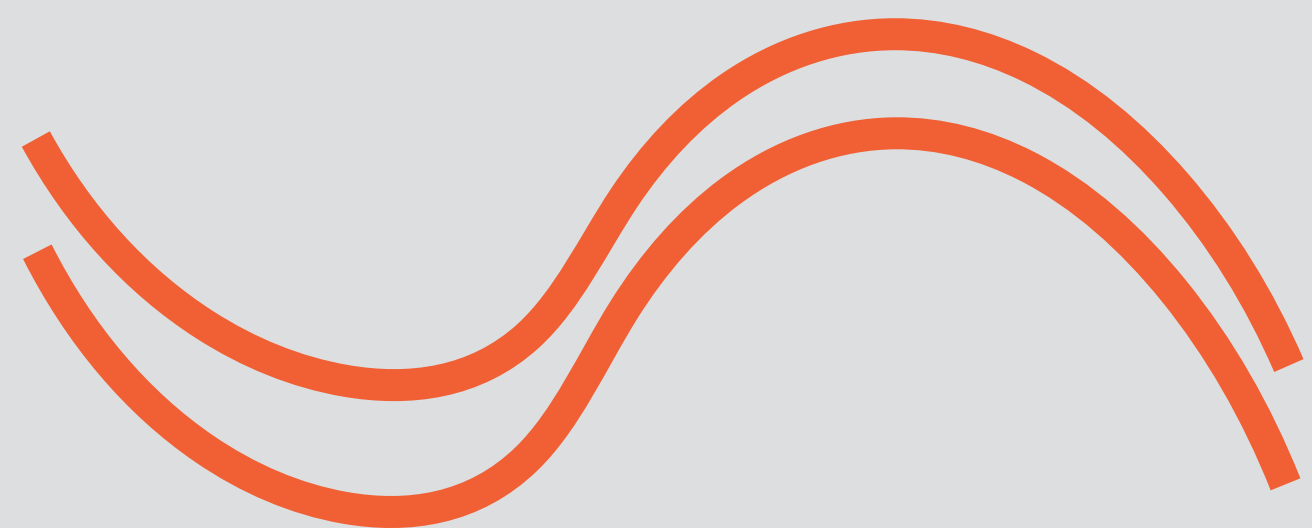
- *Romans 14:23*

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“WHERE THERE IS NO GUIDANCE, A
PEOPLE FALLS, BUT IN AN ABUNDANCE OF
COUNSELORS THERE IS SAFETY.”

- *proverbs 11:14*

X



NATURAL RHYTHMS



What are Natural Rhythms?

Natural rhythms refer to the **normal, everyday activities** that people already fill their lives with. These vary depending on life-stage, economic status, or location.

Natural rhythms might include a **carpool** to the office, **picking up kids** from school, evenings of **soccer practice**, or your daily visit to a local **coffee** shop. Other natural rhythms might be **birthday parties**, a weekly **poker** night, **family dinners**, or a long-weekend **vacation**.

Understanding the natural rhythms of your life and those people around you will help you see what **opportunities** God has given you to **saturate** the world around you with the truths of the **gospel**.



Eat
Work
Play
Rest
Create
Celebrate
Listen
Bless

City Groups operate in the **natural rhythms of life**. Being in a City Group isn't about fitting one more thing into your schedule. It is about learning together how to saturate our **normal, everyday** lives with the power **gospel intentionality**.

In our everyday, natural rhythms of life, we **eat** meals together, go to **work**, **exercise** and **play**, take time to **rest** or go on **vacations**. We **create** things: art, music, woodwork, outfits, homes. We **celebrate** birthdays and graduations; and we **mourn** loss and hardship. We **listen** to each others' stories, and we **bless** others by meeting needs with the things God has blessed us with.

And we do it all, so that the world can see the **power** and the **person** of **Jesus**, active in the normal, everyday lives of real people.



**WHAT ARE PEOPLE
ALREADY DOING?**

DO THAT.

**MEET THEM
WHERE THEY
ARE.**



**“THE WORD BECAME FLESH AND MADE HIS
DWELLING AMONG US.”**

- john 1:14

X