The Love Quilt Project Lap Quilt Pattern

Finished Quilt Size – Lap quilt, 59” x 59”
The Love Quilt Lap Quilt Pattern

Fabric Requirements: Quilting cottons are recommended. You may select the same fabric for all squares or make a patch work assortment of squares (a Jelly Roll may work for you).

Quilt Block

5” x 5” Art Square – for the center of each block (provided to you)

Dark Strips – all strips are 2.5 inches wide

A = 5 inches and 7 inches: cut 3 – 2.5” strips, assuming you are using the same fabric for Dark A for all 9 blocks; ¼ yard

B = 9 inches and 11 inches: cut 5 – 2.5” strips, assuming you are using the same fabric for Dark B for all 9 blocks; ½ yard

C = 13 inches and 15 inches: cut 6 – 2.5” strips, assuming you are using the same fabric for Dark C for all 9 blocks; ½ yard

Light Strips – all strips are 2.5 inches wide

D = 7 inches and 9 inches: cut 4 – 2.5” strips, assuming you are using the same fabric for Light D for all 9 blocks; 1/3 yard

E = 11 inches and 13 inches: cut 6 – 2.5” strips, assuming you are using the same fabric for Light E for all 9 blocks; ½ yard

F = 15 inches and 17 inches: cut 9 – 2.5” strips, assuming you are using the same fabric for Light F for all 9 blocks; ¾ yard

Finishing

Border = cut 6 - 4 inch strips for a finished 3.5 inch border; 7/8 yard

Batting = 66 x 66“

Backing = 66 x 66”, 4 yards, either piece fabric together for the width or use extra wide width fabric.

Binding = cut 7 - 2.5” strips; ½ yard
Quilt Block:
**General Directions:**

Wash and dry all fabric before cutting.

Although we try to be careful with counting our art squares we ask that you count them again to make sure you have 8 children’s artwork and one Love Quilt Project logo square for a total of 9 art squares.

The number of strips to be cut may vary depending on whether you cut the fabric across the grain or with the length of the grain of the fabric.

Dark Strips are labeled A – C; Light strips are labeled D – F.

All seams are ¼ inch and pressed away from the center square.

Place the block with The Love Quilt Project logo in the bottom row, the far right corner of blocks.
Adding first dark fabric ‘A’ to art squares

1. Take the first dark ‘A’ strip. Place under presser foot with the right side up. Take the art square and place it right sides together with the fabric strip. Be sure the paper backing on the art square is removed before sewing it together with the first dark strip.

2. Stitch down the length of the block, watch for puckers at the seams.

3. Butt on the next art square, follow as described above. Continue until you have sewn the entire dark strip ‘A’ onto the art squares.

Note: You should be able to sew all 9 art squares onto one strip. Cut off and discard the unusable part of the fabric strip. If you are not using the same fabric for all squares, repeat with each new strip of fabric until all art squares are sewn to strip “A”.

4. Cut apart between blocks with the cutter and ruler. Be careful to cut each block perpendicular with the top of the strip. Press away from the center art square.

5. Stack. Turn over. Line up the stack so stitches are parallel with the table.

1. Take another dark ‘A’ strip. Place under presser foot with the right side up. Take the block and place it right sides together with the first dark fabric strip at the top.

2. Stitch down the length of the block, watch for puckers at the seams.

3. Butt on the next block, follow as described above.

4. Continue stitching down the length of the strip, butting on blocks. Use new strips or different strips as necessary until you have completed your total number of blocks.

Note: You should be able to sew about six blocks onto a strip at this step. Discard the few inches at the bottom.

5. Cut the blocks apart. Press away from the center art square. Stack. Turn stack over.

6. You will no longer need the ‘A’ fabric.
Adding the first light fabric ‘D’ strip

1. Place a ‘D’ strip under the presser foot with right side up.

Place the first block right sides together to the strip.
(The second ‘A’ fabric, which is the last one you added, will be on the top and perpendicular to the new strip).

2. Stitch down the length of the blocks, sewing the first seams up and the second seams down.

3. You should be able to sew six blocks on each strip at this point.

Anticipate the ends and discard the few inches of waste.

4. Cut the blocks apart. Press away from the center art square. Stack. Turn stack over.
Adding another first light fabric ‘D1’ strip

1. Repeat, adding another ‘D’ strip to all of your blocks as before. This step yields four blocks per strip.

2. Cut the blocks apart. Press. Stack. Turn stack over.
Adding the second dark ‘B’ strip

1. Place a different dark fabric ‘B’ strip under presser foot with right side up. Place one of the blocks right sides together to the strip. The last light strip should be at the top.

2. Stitch down the blocks, sewing the first seams up and the second seams down.

3. You should be able to sew four blocks on each strip at this point.

Anticipate the ends and discard the few inches of waste.

Adding another second fabric 'B1' strip

Note: work in a rotating motion. The light colors line up beside the lights; the darks line up beside the other darks.

1. Add another dark strip ‘B’ to all of your blocks. This step yields three blocks per strip.

2. Cut the blocks apart. Press. Stack. Turn stack over.
Adding the second light fabric strip ‘E’

1. Place a light fabric strip ‘E’ under presser foot with right side up. Place a block right side together to the strip.

2. Stitch down the blocks, sewing the first seams up and the second seams down.

3. You should be able to sew three blocks on each strip at this point. Anticipate the ends.

Adding another second light fabric ‘E1’ strip

1. Add another light ‘E’ strip to all of your blocks. This step yields three blocks per strip.
2. Cut the blocks apart. Press. Stack. Turn stack over.
Add the third dark fabric ‘C’ strip

1. Place the third dark fabric ‘C’ strip under the presser foot with right side up. Place a block right sides together to the strip.

2. Stitch down the blocks, sewing the first seams up and the second seams down.

3. You should be able to sew three blocks on each strip at this point.

Add another third dark fabric ‘C1’ strip

1. Add another light ‘C’ strip to all of your blocks. Stitch down the blocks, sewing the first seams up and the second seams down.

3. You should be able to sew two blocks on each strip at this point.

Adding the third light fabric strip ‘F’

1. Place a light fabric strip ‘F’ under presser foot with right side up. Place a block, right sides together, to the strip.

2. Stitch down the blocks, sewing the first seams up and the second seams down.

3. You should be able to sew two blocks on each strip at this point. Anticipate the ends.

Adding another third light fabric ‘F1’ strip

1. Add another light fabric ‘F’ strip to all of your blocks.
   This step yields two blocks per strip.
2. Cut the blocks apart. Press. Stack. Turn stack over.
Pressing and squaring up the finished blocks:

1. Place each block on gridded pressing mat
2. Carefully press the blocks from the right side. Keep square on the pressing mat.
3. Press the blocks from the wrong side. All seams should lay flat from the center out.
4. As you press, check for edges that need to be trimmed.

Squaring up:

1. Place blocks on top of each other to see if they are approximately the same size.
2. Set aside any block that is approximately \( \frac{3}{4} \)" larger.
3. Sliver trim the larger blocks equally on four sides to the average size.
4. Re-press blocks that are smaller than the average block. When the top is sewn together stretch these to fit the others, or use smaller seam allowance on that block.

Sewing quilt top together:

Lay out the blocks 3 blocks across and 3 blocks down. Remember to place the block with The Love Quilt Project logo in the bottom right corner. Sew the top together, matching all strips and seams. It is usually easiest to sew together each horizontal row and then sew the vertical rows together.

Borders & Backing:

1. Add the 4" border to the quilt top using a \( \frac{1}{4} \) inch seam. You will have to sew together 1.5 border strips for the horizontal length and 1.5 border strips for the vertical length. Press toward the border, away from the center square.
2. Cut backing fabric so that you have two equal-sized lengths longer and wider than the actual quilt top. Sew together the two pieces of backing fabric. Press the seam open.
Batting:

Your batting should be a few inches larger than you quilt top. You can machine sew two pieces together with a zigzag stitch. You can use a rotary cutter to create edges that will match.

Quilt the top, batting and backing together using the one of the following:

1. Quick turn and tie method

The backing and quilt top are sewn right sides together, and the batting is then rolled into the middle of the quilt, just before tying.

2. Machine quilt and bind method (A walking foot is necessary to avoid puckers on the back side)

Find a large space where you can tape the backing fabric down with the right side facing down. Make sure there are no bumps or bunches in the fabric and that it is stationary.

Add the batting to the top of the backing fabric. Smooth it out to make sure there are no bumps or bunches in the batting. Add your quilt top with the right side facing up. Smooth it out to make sure there are no bumps or bunches.

Some people use safety pins to secure all three layers together and others use basting stitches.

Stitch in the ditch or free motion quilt the layers together.

3. Hand quilting

Follow the directions above for laying out the three layers and securing them. You can choose to hand quilt the top however, this may take a long time. Hand quilting around the art squares and then tying the quilt can be a faster option.

Binding the quilt edges:
There are many ways to bind a quilt. If you are unfamiliar with binding a quilt, you may want to watch a YouTube video, http://www.youtube.com/watch?v=buCKs-Fgyb4 which demonstrates how to bind a quilt with mitered corners. Remember that we are using 2.5-inch strips for this quilt. When you have sewn the binding to the quilt, turn the binding over the raw edge and either finish the binding by hand stitch or machine stitch.

Return finished quilt:

Please return your finished quilt to:

The Love Quilt Project
4250 N Glebe Rd
Arlington, VA 22207