

PE - TERM 3

The focus for all children in PE is having fun learning new skills through maximum participation and at the same time keeping fit and healthy.

Prep – Year 2

During term three the children in prep, year one and year two will be developing their gymnastics and dance techniques by participating in a variety of fun activities to assist their fitness. The areas covered will be rolling, balancing, jumping and landing. Children will be encouraged to try their best and continue to show team work skills in small groups.

Clinics – All year children will participate in a basketball session early in the term.

Years 3-6

The children in year three to six will be revising and extending their gymnastics and dance skills through various challenging activities. They will be encouraged to develop their own gymnastics sequences using different apparatus, involving rolling, balancing, jumping and landing skills. Children will also modify common dances and develop group dance routines.

Selected grade 3 and 4 children will participate in a basketball Hooptime competition.

Grade 5 and 6 children will be training for Summer Interschool Sport.

Clinics – All students P-6 will be involved in a Footy Gala Day.

Tennis Hot Shots

All students will be involved in tennis Hot Shots sessions throughout the year. Please support the school by registering your details to receive a free t-shirt. Tennis Victoria gives the school \$2 for each student who registers so we are able to purchase some different sized racquets. Details were in last term's newsletters. Go online to register, ANZ tennis hot shots and select Regency Park icon.

Monique Hocking

(PE Co-ordinator)