

ENTRY FEE/REGISTRATION FORM

RACE FEES:

Prior to June 30: \$35 with T-shirt / \$30 No T-shirt
July 1 – July 23: \$40 with T-shirt / \$35 No T-shirt
After July 24: \$50 with T-shirt / \$40 No T-shirt

Please cut or copy and mail this registration form and entry fee(s) to:
STEENS RIM RUN—P.O. Box 646, Hines, Oregon, 97738

NAME: _____ (circle/check one) MALE or FEMALE (circle/check one) RUN or WALK

MAILING ADDRESS: _____

EMAIL: _____ PHONE: _____

AGE: _____ # OF TIMES YOU'VE DONE THIS RACE: _____

SHIRT SIZE: YM YL S M L XL XXL (circle/check one)

(Adult shirts are Dri-fit; Youth shirts may be Dri-fit or 50/50 cotton/poly blend)

ALL PARTICIPANTS MUST READ AND SIGN WAIVER: I know that participating in a road race is a potentially hazardous activity. I should not enter the race unless I am medically able and properly trained. I agree to abide by any decision by a race official relative to my ability to safely complete the event. I assume all risk associated with participating in this event including, but not limited to: falls, contact with other participants, effects of weather, including high heat and/or very cold conditions, effects of altitude, traffic and conditions of the road, and all risk associated with over-exertion—all such risk being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, for myself, my heirs, executors, administrators, and anyone entitled to act on my behalf, waive and release forever any and all liabilities or claims, even though that liability may arise out of negligence, or carelessness on part of the person named in this waiver, against the organizers, volunteers of this race, the Bureau of Land Management, and all other sponsors of this race, their representatives, their successors, and assigns, for any and all injuries or damages suffered by me while traveling to and from, and resulting from participating in this event (Steens Rim Run & Walk) to be conducted on August 5, 2017 on the Steens Mountain Loop and East Rim Overlook Roads.

SIGNATURE: _____

PARENT SIGNATURE: _____ (if under 18 years old)



AUGUST 5, 2017

Chris Miller Memorial
STEENS RIM RUN
& WALK 10K

Steens Rim Run
PO Box 646
Hines, OR 97738

Chris Miller Memorial
STEENS RIM RUN
& WALK 10K



Frenchglen, Oregon
AUGUST 5, 2017

Come Run Above The Clouds
www.steensrimrun.net
OR
www.steensrimrun.com

RACE DETAILS

- Saturday, August 5, 2017
- Start time: Walkers-9:30 a.m., Runners-10:00 a.m.
- Packet pickup: Race day, at the starting line, 7:30-9 a.m.
- Entry limited to 350 racers (has never been met).
- Individual results will be emailed and available online within one week.
- Finisher photos will be available online approximately 2 weeks after the race at <https://www.flickr.com/photos/steensrimrun/albums>
- Any vehicle wanting to be at the finish line needs to leave the starting area **before 9:15 a.m.** The road will shut down at 9:15 a.m. and remain closed for the races.

THANK YOU TO OUR SPONSORS:

The Miller & Hoyt Families
 The Schouviller & LaLande Families
 Burns Mini Storage
 Bill McCracken
 Duck Delivery
 Jake Glerup Woodworks
 Harney District Hospital EMS
 Bureau of Land Management

The race starts on the Steens Mountain Loop Road near Jackman Park Campground and finishes at the East Rim Overlook. The 10K course follows the east rim of the Steens Mountain, passing the headwaters of both Fish Creek and the Little Blitzen. The race offers a tremendous challenge starting at an elevation of 7,835 feet and finishing above 9,700 feet. The Course has a fairly good gravel surface. The run is not recommended for the first time 10K racer.

Participants should come dressed in attire appropriate for varying climates – weather conditions can range from hot and dry to snowy and windy, even in August, and especially at higher elevations. Plan to have warm gear waiting at the finish line. Make arrangements to have your gear shuttled to the top. Gear can be thrown in the timing vehicles if need be. However, timers and race officials are not responsible for lost items.

Water is available at the finish and at miles 2, 3, 4 and 5. Restrooms are available at the start, finish, and at mile 3. Complimentary fruit, snacks and beverages will be available at the finish line.

Awards will be presented to overall male and female winners in both the run and the walk. Age groups will be awarded three deep [see ‘course records’ to find age groups]. Random prizes will be drawn for race participants. Awards will be presented in the finish area as soon as possible after the race.

TOP 5 MALE TIMES OVERALL

1.	Justin Wadsworth, 1998 (Bend, OR)	43:07
2.	Blas Guerra, 1990 (Ontario, OR)	44:22
3.	Bill Raitter, 2001 (Bend, OR)	44:31
4.	Max King, 2008 (Bend, OR)	44:43
5.	Nick Miller, 1998 (Hines, OR)	44:55

TOP 5 FEMALE TIMES OVERALL

1.	Melody Fairchild, 2002 (Boulder, CO)	53:46
2.	Julie Verte, 1997 (Bend, OR)	54:02
3.	Julie Downing, 1998 (Bend, OR)	54:05
4.	Beckie Scott, 1998 (Bend, OR)	54:49
5.	Vance Ewald, 1998 (Portland, OR)	55:03

RACE RECORDS

**Course Record*

Runners-MALE

12 & Und.	Chris Miller, 1984 (Hines, OR)	58:33
13-15	Tim Shipp, 2000 (Hines, OR)	53:54
16-19	Nick Miller, 1998 (Hines, OR)	44:55
20-29	Justin Wadsworth, 1998 (Bend, OR)	43:07*
30-39	Bill Raitter, 2001 (Bend, OR)	44:31
40-49	George Evans, 1985 (Hines, OR)	49:34
50-59	Ray Hatton, 1988 (Bend, OR)	48:50
60-69	George Evans, 2001 (Salt Lake, UT)	58:09
70+	Ray Hatton, 2003 (Bend, OR)	1:11:44

Runners-FEMALE

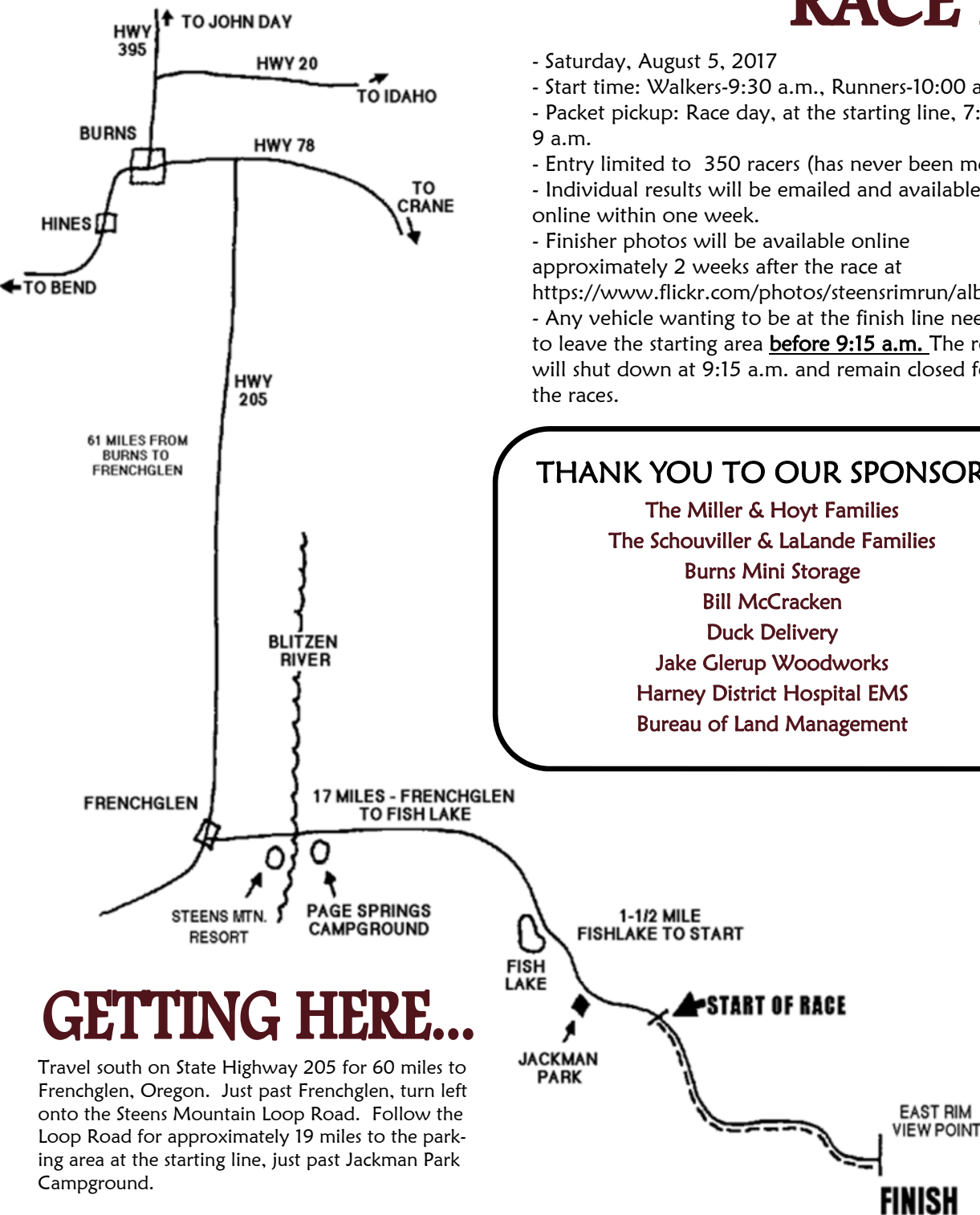
12 & Und.	McKenzi Hoyt, 2013 (Hines, OR)	1:14:17
13-15	Katherine Barnhart, 2004 (Eugene, OR)	1:02:33
16-19	Cheri Evans, 1993 (Hines, OR)	59:19
20-29	Melody Fairchild, 2002 (Boulder, CO)	53:46*
30-39	Julie Downing, 1998 (Bend, OR)	54:05
40-49	Kate Mactavish, 2012 (Corvallis, OR)	58:03
50-59	Cindy Sloan, 2010 (Joseph, OR)	1:09:37
60-69	Charlotte Hartwig, 2008 (Salem, OR)	1:16:19
70+	Marie Jetley, 2011 (Mtn Home, ID)	1:44:21

Walkers-MALE

12 & Und.	Darrin Thomas, 1994 (Hines, OR)	1:28:30
13-15	Brent Labhart, 2007 (Burns, OR)	1:19:19
16-19	Ben Cunningham, 2001 (Hines, OR)	1:09:35
20-29	Mike Elwin, 1998 (Olympia, WA)	1:16:02
30-39	Stephen Hay, 2011 (Warren, OR)	1:14:38
40-49	Ted Helvoight, 2011 (Eugene, OR)	1:08:42*
50-59	Pat Wilber, 1998 (Drewsey, OR)	1:16:57
60-69	Calvin Alsleben, 1998 (Milwaukie, OR)	1:16:19
70-79	Ray Hatton, 2002 (Bend, OR)	1:21:26
80+	Derral Dew, 2015 (Baker City, OR)	2:35:40

Walkers-FEMALE

12 & Und.	Reeve Helvoight, 2013 (Eugene, OR)	1:28:23
13-15	Dale Helvoight, 2013 (Eugene, OR)	1:28:14
16-19	Mandi Miller, 1994 (Hines, OR)	1:26:14
20-29	Cheri Evans, 1994 (Hines, OR)	1:15:42
30-39	Michelle Gall, 2010 (Eugene, OR)	1:17:58
40-49	Michelle, Gall 2011 (Eugene, OR)	1:14:03*
50-59	Sue Herringshaw, 2015 (Burns, OR)	1:20:57
60-69	Charlotte Hartwig, 2002 (Salem, OR)	1:25:27
70-79	Marie Jetley, 2007 (Mtn Home, ID)	1:38:59
80+	Marie Jetley, 2016 (Mtn Home, ID)	2:04:23



GETTING HERE...

Travel south on State Highway 205 for 60 miles to Frenchglen, Oregon. Just past Frenchglen, turn left onto the Steens Mountain Loop Road. Follow the Loop Road for approximately 19 miles to the parking area at the starting line, just past Jackman Park Campground.