



## CDCC Parent Newsletter May 2017

### Important Dates to Remember

May 8<sup>th</sup> Women's Event 7:00-8:00pm PiYo (Pilates & Yoga)

May 11<sup>th</sup> Parent Seminar-Personality & Family Dynamics

May 25<sup>th</sup> – Pre-K Graduation at 12:00 noon

May 29 – Memorial Day – CDCC CLOSED

School Age Summer Camp is coming! – June 9<sup>th</sup> –August 21<sup>st</sup>

### Summer Schedules:

As pre-k graduation approaches, we are diligently planning for summer at CDCC. **As you figure out your summer plans, please speak with Jenny about your child's summer schedule.**

### Women's Event on May 8<sup>th</sup> 7:00-8:00pm

Join other women for a gentle workout in the Upper Fellowship Room. We will be led by Amanda Elliott, certified PIYO instructor, in a gentle but flowing combination of Pilates and Yoga which is appropriate for a wide variety of ages, levels, and experience. PiYo is a dynamic and powerful flowing workout designed to sculpt, stretch, and strengthen your body. You will want to bring water and a yoga mat or beach towel to lay down on the floor, and the class will include standing, sitting, and laying on the floor. We look forward to seeing you there! Sorry, no childcare for this event.

### Parent Seminar May 11<sup>th</sup> Personality & Family Dynamics

A seminar to help you celebrate differences between you and your children. Have you noticed that your child is very different from you? When family members know and understand one another's preferences and personality, they are less likely to assume they are 'right' and others are 'wrong.' This is true across many issues including management of time, approaches to schoolwork, decision-making, recreational activities, vacations, and even rules of the household. This seminar is taught by Celia Howen. Celia worked as a Career Counselor at Westmont College for 16 years. She is in the beginning stages of creating her own business that has a focus on private career counseling, personal & professional development, coaching, consulting, training and team building. Dinner and childcare provided. Please RSVP to Cara by May 9<sup>th</sup> at 965-4286 x221 or [cara@fmcsb.org](mailto:cara@fmcsb.org).

### Pre-K Students Graduation on May 25<sup>th</sup>!

You and all your family are invited to celebrate with us on Thursday, May 25<sup>th</sup> at 12 noon upstairs in the sanctuary. If this is not your child's normal school day, please bring them to the pre-k classroom by 11:45am. The ceremony will be followed by a light lunch and graduation party.

## Summer Camp is Coming – June 9<sup>th</sup> – August 23<sup>rd</sup>

Our summer camp for elementary school children will be returning again this year with many local field trips and activities. Ask Jenny for more information or visit our website: [www.cliffdrivecarecenter.org](http://www.cliffdrivecarecenter.org)!

## Fiesta Is Coming – Please Save Your Eggshells

We are already thinking ahead to Fiesta. When you use eggs, simply crack them open at the top instead of in the middle, shake out the insides for your recipe, then rinse out the shells and put them back in the carton. The empty eggshells can be dropped off in Miss Jenny's office in preparation for fiesta. Start saving your eggshells for our cascarones at the parade!

## Around CDCC:

Our school themes this May are Spring, Flowers, Cinco de Mayo, and Mother's Day. Our pre-kindergarten classes are focusing on the letters X, Y, and Z. Your children will have fun sharing with you about these activities.

Sincerely,

*Jenny Yznaga*, Director

## Parents: We want to support you as you raise your children.

How can we best support and assist you?

Parent Workshops     Parent-Teacher Conferences     Parent Night Out

Other ways that we can support you and your family: \_\_\_\_\_

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