



CDCC Parent Newsletter February 2018

Important Dates to Remember

February 6th Parent Seminar 5:30pm

February 16th&19th – CDCC is OPEN all day for all children

February 28th 10am- 12:30pm Grandparent or special Friend day

SAVE the DATE: March 9th Potluck and movie night.

SAVE the DATE: May 31st – Pre-K Graduation at 12:00 noon

If your child is absent Please call 965-4286 x228 and leave a message with your child's name & reason. If your child is sick please let us know!

“DEEP AND WIDE” THOUGHTS FROM DOUG This has been a season we will long remember, starting with the Thomas fire and moving through the Montecito mudslides. It has been traumatic for us and traumatic for our kids. Recently I sent out some tips and tools to use in response. Hopefully, it was helpful for you. We will also be offering a Parent Seminar to address the topic on **February 6** please sign up on our web site under current families and events. More information can be found on the clip boards. Some of you may know I have the honor of partnering with the INSTITUTE OF CONGREGATIONAL TRAUMA AND GROWTH, www.ictg.org. In my volunteer role, I help resource those who are leading in children's and youth ministries. In the process, I have learned and put to use, far more than I could have imagined on the topic of trauma response! Recently I asked our executive director, Rev. Dr. Kate Wiebe, how she would engage children in these times. Here is what she had to say: 1) Open questions: Remember some kids will want to talk, some won't. It's not bad if they don't want to talk right away or for a while. It may be they just don't know what to think about it all yet. But keep offering the open opportunity. (Ex: "What's one thing you've been thinking about in the last couple of days?" "What have you heard about what's happened?" "If someone asked you how to make things better, what might you tell them?") 2) Share what you are thinking or feeling. Don't just expect them to do all the talking. Model for them the kinds of things you are hoping to hear. 3) Limit news and conversation about what's happened. It's good to address it, but also make sure it's not the only topic of conversation allowed. Make spaces for some of the ordinary "highs/lows" of the day/week. 4) Don't be afraid, to be honest about when you don't know the answer. It's important to acknowledge when you don't have an answer yet, and let them know you'll try to find out with them. Talk together with them about the types of people you both could turn to find out the answer. 5) Keep or create a family ritual that keeps the world at bay for a specific amount of time (this is the ancient practice of Jewish Sabbath keeping) – Whether it's one meal or one game time or one bedtime – something that's reliable, everyone honors it as special and commits to making it happen, and there's a break from the outside turmoil to remember nourishment and care within the family." If you would like more ideas do not hesitate to reach out to me. I am here for you. **Pastor Doug**

Remind is how we will connect with families please make sure you sign up:

There are two ways to receive remind notification.

- Down load the remind app and sign into your child's class using the codes below
Miss Gloria's class rmd.at/cdccps1
Miss Veronica's class rmd.at/cdccps2
Miss Alyssa's class rmd.at/cdccps3
Miss Delanie's class rmd.at/cdccps4
Miss Sandy's class rmd.at/cdccpk1
Miss Cathy's class rmd.at/cdccpk2
After school rmd.at/cdccas After kindergarten rmd.at/cdcccak
- To receive text notifications text you class code to 81010
Miss Gloria's class @cdccps1
Miss Veronica's class @cdccps2
Miss Alyssa's class @cdccps3
Miss Delanie's class @cdccps4
Miss Sandy's class @cdccpk1
Miss Cathy's class @cdccpk2
After school @cdccas After kindergarten @cdcccak

CDCC is OPEN all day for the President's Day Holiday If your school-age child will be attending CDCC on February 16th and/or 19th, please sign up on the clip board, so that we can correctly staff our program.

Grandparent and special friend day February 28th

This is a very fun event as your child will be able to share chapel, lunch class time and much more with their special person. More information soon 10am -12:30pm

Preschool Activities in February

Our school theme this February is Valentine's Day, Caring, Sharing, and Friendship. Our pre-kindergarten classes are focusing on the letters O, P, and Q. Our Chapel themes:

2/7 - Queen Sheba Visits Solomon - Wisdom
2/14 - God Takes Care of Elijah - Providing
2/21 - Elisha Raises a Boy to Life - Kindness
2/28 - Naaman is Healed - Humility

Valentines day: We will celebrate Valentine's Day on February 14th with our friends please bring enough Valentines for your child's class:

- Miss Gloria 10
- Miss Veronica 10
- Miss Alyssa 12
- Miss Delanie 12
- Miss Sandy 16
- Miss Cathy 17

Sincerely,

Jenny Yznaga