

# Family Community Resource Guide



## Table of Contents

After School Programs...	3
Animal and Pet Services...	4
Autism...	5
Child Care...	6
Clothing...	7-8
Computers...	9
Counseling & Mental Health...	10
Dental Clinics...	11-12
Diapers...	13
Disabilities...	14
Domestic Violence...	15-16
Education and GED Centers...	17
Employment and Job Training...	18
Emergency Services...	19
English as a Second Language & Citizenship...	20
Financial Assistance...	21
Financial Counseling...	21
Food and Emergency Groceries...	22-26
Government Services...	27-28
Healthcare/Medical Care...	29-34
Health Insurance...	35-36
Homeless...	37-38
Housing...	39
Immigrant and Refugee...	40
Parenting...	41
Police Departments...	42
Pregnancy...	43
School Districts...	44
Substance Abuse...	44-46
Thrift Stores...	47-48
Transportation...	49
Utility Assistance...	50
Vision...	51
Victim Advocate Program...	52
Youth...	53

## **After School Programs**

### **Boys & Girls Clubs of Greater Salt Lake**

bgcgsl.org

*Boys & Girls Clubs of Greater Salt Lake offer before and after school programs, summer camp, day care, and preschool at a low cost. Children will get homework help, career exploration and development, and play games and sports while attending the club. Discounts are available for families eligible for childcare assistance. State assistance payments are accepted for qualifying families.*

Administrative Offices (801) 322-4411  
669 South 200 East Suite # 100  
Salt Lake City, UT 84111

Sugar House Club (801) 484-0841  
968 East Sugarmont Drive (2225 South)  
Salt Lake City, UT 84106

Capital West Club (801) 531-7652  
567 West 300 North  
Salt Lake City, UT 84116

Lied Club (801) 364-9118  
464 South Concord (1235 West)  
Salt Lake City, UT 84104

Tooele Club (435) 843-5798  
438 West 400 North  
Tooele, UT 84074

## **Animal and Pet Services**

### **Best Friends**

2005 South 1100 East  
Salt Lake City, UT 84106

(801) 574-2445  
1-(866) PETS-FIX

[utah.bestfriends.org](http://utah.bestfriends.org)

*Free high-quality pet food and discounted or free spay and neuter program for cats and dogs. To receive pet food, you must show proof of low income (food stamp card, Medicaid card, or proof of participation in a low-income assistance program). To qualify for the spay and neuter program you can fill out an application by contacting the number listed, emailing [fixutah@bestfriends.org](mailto:fixutah@bestfriends.org), or visiting the above address. To be considered for the program, your income level cannot exceed 200% of the federal poverty line.*

### **Humane Society of Utah**

4242 South 300 West  
Murray, UT 84107

(801) 261-2919

[utahhumane.org](http://utahhumane.org)

*Discounted spay/neuter rates and low-cost vaccinations.*

### **Pet Samaritan Fund**

3802 South Sunnydale Drive  
Salt Lake City, UT 84109

(801) 277-9263

[petsamaritan.org](http://petsamaritan.org)

*Provides financial assistance to individuals under extreme financial hardship that are unable to afford medical care for their pet(s). The amount of assistance is determined on a case-by-case basis.*

## **Autism**

**Autism Council of Utah**  
780 Guardsman Way  
Salt Lake City, UT 84108

autismcouncilofutah.org

*Offer resources and information about autism to parents with autistic children.*

**CTA Community Supports**  
4444 South 700 East, Suite # 203  
Murray, UT 84107

(801) 268-4887

ctautah.org

*Offers residential services, day programs (M-F), family support program/after school program (M-S), and behavior support for families affected by autism or other related disabilities.*

**Pingree Center for Children with Autism**  
780 South Guardsman Way  
Salt Lake City, UT 84108

(801) 581-0194

carmenbpingree.com

*Provides an intensive learning program for preschool and elementary age students with autism. Buses are available to pick up and return the children to school each day. The program operates on a modified school district schedule.*

## **Child Care**

### **Children’s Service Society – Childcare Resource and Referral**

655 East 4500 South Suite # 200  
Salt Lake City, UT 84107

(801) 355-4847

careaboutchildcare.utah.gov

*Free assistance in locating a day care provider as well as resources for parents on child development, safety, community support, and school readiness.*

### **Family Support Center**

familysupportcenter.org

*Provides clients with free emergency childcare for up to 72 hours for children ages 0 – 11. Please call in advance to schedule. Please note that in case of an emergency, the Sugarhouse and Midvale Crisis Nurseries can be opened during non-operating hours if transportation to West Valley is not possible.*

*Kids Start Day Care is a low cost daycare open Mon –Fri 6:30 am to 6:00 pm. Fees are adjusted based on income.*

Sugarhouse Crisis Nursery  
2020 South Lake Street (740 East)  
Salt Lake City, UT 84105

(801) 487-7778

Hours: Mon- Sat  
9:00 am – 5:00 pm

West Valley Crisis Nursery  
3663 South 3600 West  
West Valley City, UT 84119

(801) 967-4259

Hours: 24/7

Midvale Crisis Nursery  
& Kids Start Day Care  
777 West Center Street (7200 South)  
Midvale, UT 84047

(801) 255-6881

Hours: Mon-Sat  
8:00 am – 8:00 pm

**Neighborhood House**  
1050 West 500 South  
Salt Lake City, UT 84104

(801) 363-4589

nhutah.org  
Hours: Mon-Fri  
6:30 am – 5:30 pm

*Quality daycare & preschool for children age 2 to 5. Fees are based on each client’s ability to pay (sliding scale).*

## Clothing

### **Central Compassion Center**

#### **Central Church of the Nazarene**

(801) 244-7934

1076 West Indiana Avenue

Salt Lake City, UT 84104

*General clothing provision.*

### **Crossroads Urban Center**

(801) 364-7765

[crossroadsurbancenter.org](http://crossroadsurbancenter.org)

Emergency Food Pantry

347 South 400 East

Salt Lake City, UT 84111

*Free and low cost clothing to those in need.*

### **LDS Welfare Square**

(801) 240-7332

780 West 800 South

Salt Lake City, UT 84104

*General clothing provision.*

### **Family Support Center**

*Each location has a box of free clothing and other various items for adults and children.*

#### **Sugarhouse Crisis Nursery**

(801) 487-7778

Hours: Mon- Sat

2020 South Lake Street (740 East)

9:00 am – 5:00 pm

Salt Lake City, UT 84105

#### **Midvale Crisis Nursery**

(801) 255-6881

Hours: Mon-Sat

& Kids Start Day Care

8:00 am – 8:00 pm

777 West Center Street (7200 South)

Midvale, UT 84047

#### **West Valley Crisis Nursery**

(801) 967-4259

Hours: 24/7

3663 South 3600 West

West Valley City, UT 84119

### **Magna FACT**

(801) 250-4811

9113 West Magna Main Street

Magna, UT 84044

*Serves 84044 residents in emergencies only. Work clothing, general clothing provision, baby clothing, and household goods*

### **Rescue Mission of Salt Lake**

(801) 355-1302

463 South 400 West

Salt Lake City, UT 84101

*Can only visit once every 4 weeks. Clothing provision.*

**Reach Salt Lake** (801) 972-5708  
1235 West California Avenue (1330 South)  
Salt Lake City, UT 84104

*Limit once per month for 3 months. Recipients must be part of Reach courses. Free clothing and household goods.*

**Salt Lake City Mission** (801) 355-6310  
1151 South Redwood Road Suite # 106  
Salt Lake City, UT 84104

*General clothing provision.*

**The Road Home** (801) 359-4142 [theroadhome.org](http://theroadhome.org)  
210 South Rio Grande Street  
Salt Lake City, UT 84101

*Winter coats and clothing for all ages.*



## **Computers**

*\*Computer and Internet use is always free at your local library*

### **Community Access to Technology**

slco.org

*Free classes on job searches, resume building, Windows applications. Free use of computers. Free tax preparation.*

Central City CAT Computer Lab (385) 468-1523  
615 South 300 East  
Salt Lake City, UT 84111

Copperview CAT Computer Lab (385) 468-1523  
8446 South Harrison Street (300 West)  
Midvale, UT 84047

Northwest CAT Computer Lab (385) 468-1310  
1300 West 300 North  
Salt Lake City, UT 84116

Redwood Recreation Center (801) 758-8719  
3100 South Redwood Road  
West Valley City, UT 84119

**Sorenson Unity Center** (801) 535-6533 [sorensonunitycenter.com](http://sorensonunitycenter.com)  
1383 South 900 West  
Salt Lake City, UT 84104

*Free public access to computer and Internet for adults. Free classes on basic computer skills, Adobe Photoshop, and Microsoft Office. Closed on weekends.*

### **Internet Essentials by Comcast**

1-(855) 846-8376

[internetessentials.com](http://internetessentials.com)

*Provides Comcast Internet service for \$9.95 per month to families living in the Comcast service area who are eligible for free lunch according to the National School Lunch Program. Those eligible also receive a voucher to purchase a computer for \$149.99 plus tax. Apply online or call the number listed above. Applicants must not have subscribed to Comcast Internet within the last 90 days and must not have outstanding Comcast debt that is under one year old.*

## **Counseling & Mental Health**

### **Family Support Center**

familysupportcenter.org

*Trained clinical staff assist families and individuals in dealing with many of life's various stressors. Child, individual, and family therapy available. Sliding scale fee available. Medicaid and insurance accepted.*

Sugarhouse (801) 487-7778  
2020 South Lake Street (740 East)  
Salt Lake City, UT 84105

Midvale (801) 255-6881  
& Kids Start Day Care  
777 West Center Street (7200 South)  
Midvale, UT 84047

West Valley (801) 967-4259  
3663 South 3600 West  
West Valley City, UT 84119

Taylorsville (801) 955-9110  
4805 South 1760 West  
Taylorsville UT 84129

**National Alliance on Mental Illness (NAMI)** (801) 323-9900 namiut.org  
1600 West 2200 South  
West Valley City, UT 84119

*Offer free support groups and education programs to family members of individuals living with mental illness, including children. Any community member is welcome to attend at no cost. Support groups available in English and Spanish.*

**Polizzi Clinic** (801) 277-7740 polizziclinic.org  
1208 East 300 South, Suite #100  
Salt Lake City, UT 84106

*Free mental health care for the uninsured only. No interpreters available. Services are offered Tuesdays from 1-4 pm on the 3<sup>rd</sup> Saturday of each month. Services are free.*

**University Neuropsychiatric Institute** (801) 583-2500 healthcare.utah.edu/uni  
501 Chipeta Way  
Salt Lake City, UT 84108

*Child, adolescent and adult behavioral/mental health therapy. Insurance and Medicaid accepted.*

**Valley Mental Health** 1-(888) 949-4864 valleycares.com  
5965 South 900 East  
Murray, UT 84121

*Comprehensive treatment and services for people of all ages who are experiencing serious mental illness, substance use disorders, and behavioral problems. Sliding scale fee available. Insurance accepted.*

## **Dental Clinics**

### **Community Health Centers**

chc-ut.org

*Primary dental care based on a sliding scale for low income and uninsured individuals. Accepts Medicaid, PCN, CHIP, and some private insurance. Can only take in new clients for ongoing treatment when the clinic has funding available. Emergencies are accepted.*

Central City Community Health Center (801) 325-9538  
461 South 400 East  
Salt Lake City, UT, 84111

Neighborhood Community Center (801) 328-5750  
1388 Navajo Street (1340 West)  
Salt Lake City, UT 84104

Stephen D. Ratcliffe Dental Clinic (801) 328-5756  
1365 West 1000 North  
Salt Lake City, UT 84116

**Dental Hygiene Clinic** (801) 957-2710 slcc.edu  
A program of Salt Lake Community College  
3491 West Wights Fort Road (9000 South), Room 133  
West Jordan, UT 84088

*Provides preventative dental services like teeth cleanings for all adults and children 5 years and older. Does not provide fillings or root canals. Appointments may be lengthy. Screenings are free. Treatments are heavily discounted. (Majority of intakes in August, January, and May)*

**Family Dental Plan** (801) 715-3400 health.utah.gov  
168 North 1950 West  
Salt Lake City, UT 84116

*Offers dental services including check-ups, cleanings, fillings, root canals, extractions, and dentures to those that qualify for government assistance programs (Medicaid, CHIP, Primary Care Network) and to individuals without dental insurance. No private insurance is accepted. Accepts Medicaid, CHIP, and Primary Care Network. Co-pay if appropriate. Reduced rates for those without insurance.*

**Maliheh Free Clinic** (801) 266-3700 malihehfreeclinic.org  
415 East 3900 South  
Salt Lake City, UT 84107

*Provides dental extraction services only. The clinic will not turn anyone away, but intends to serve families at or below 150% of the federal poverty guidelines, who do not have health insurance, and are not eligible for government programs like Medicaid.*

**Primary Children's Hospital Dentistry**  
100 North Mario Capecchi Drive  
Salt Lake City, UT 84113

(801) 662-3900

[intermountainhealthcare.org](http://intermountainhealthcare.org)

*Provides pediatric dental care to children with extensive dental needs. Children must be between 12 months and 14 years. Children with disabilities are accepted until 18 years of age. Accept Medicaid, private insurance, or the uninsured.*

**Salt Lake Donated Dental Services Clinic**  
1383 South 900 West  
Salt Lake City, UT 84104

(801) 983-0345

[donateddental.org](http://donateddental.org)

*Provides dental work for those who qualify. Services include preventative, restorative, limited denture treatment and oral surgery. Types of services are contingent on dentist donating services. Walk in for all services expect dentures, root canals, and oral surgery. Those will need to be scheduled after initial visit. Clients must be at or below 100% of federal poverty guidelines and provide proof of income (paycheck stub, shelter bed card, Medicaid, PCN, CHIP, or Horizon card) to receive free services. Discounted programs available for clients at or below 200% of the federal poverty guidelines. \$10 donation requested at time of services. Accepts Medicaid and Primary Care Network as well.*

## Diapers

### **Crossroads Urban Center**

(801) 364-7765

[crossroadsurbancenter.org](http://crossroadsurbancenter.org)

Emergency Food Pantry  
347 South 400 East  
Salt Lake City, UT 84111

*Provides diapers and formula for those in crisis. Will serve households six times in twelve months. To receive service you must bring some form of identification for everyone in your household. For children the identifying document must include birthdate information. For adults bring picture identification. If you bring your own cloth bag for your food order you can pick one extra item with your food order.*

### **Hildegard's Food Pantry**

(801) 328-2303

231 East 100 South  
Salt Lake City, UT 84111

*Diaper and formula/baby food.*

### **Taylorville Food Pantry**

(801) 815-0003

4775 South Plymouth View Drive (1650 West)  
Taylorville, UT 84123

*Diapers and formula/baby food.*

## **Disabilities**

### **DDI Vantage**

[ddivantage.com](http://ddivantage.com)

*Early intervention, Head Start, supported employment, and respite care for adults and children with developmental disabilities. DDI Vantage serves families living in Granite, Murray, and Salt Lake City School Districts. Full evaluation of your child's development at no cost. Sliding scale fees.*

East Site (801) 266-3939  
575 East 4500 South, Suite # B210  
Salt Lake City, UT 84107

West Site (801) 957-0855  
3540 South 5600 West  
West Valley City, UT 84120

**Special Olympics Utah** (801) 363-1111 [sout.org](http://sout.org)  
243 East 400 South Suite # 111  
Salt Lake City, UT 84111

*Developing skills, building self-esteem and having fun, all while participating in year-round sports training and competition. Athletes must be age 6 and above to participate with 8 sports to choose from, Special Olympics Utah has something for every person with an intellectual disability. Free for all participants.*

**Turn Community Services** (801) 359-8876 [turncommunityservices.org](http://turncommunityservices.org)  
423 West 800 South Suite #A200  
Salt Lake City, UT 84101

*Residential, day support, respite care and employment assistance for individuals with developmental disabilities.*

**Utah Parent Center** (801) 272-1051 [utahparentcenter.org](http://utahparentcenter.org)  
230 West 200 South Suite # 1101  
Salt Lake City, UT 84101

*Support and resources for parents of children with disabilities of all kinds.*

**Domestic Violence**

**Children’s Justice Center**

slco.org

*Provides coordinated support for children during child abuse investigations.*

Avenues Children’s Justice Center (385) 468-4560  
257 11<sup>th</sup> Avenue  
Salt Lake City, UT 84103

South Valley Children’s Justice Center (385) 468-4580  
8282 South 2200 West  
West Jordan, UT 84088

**Legal Aid**

legalaidsocietyofsaltlake.org

*Provides protective orders for victims of domestic violence regardless of income. Fees based on a sliding scale.*

Main Office (801) 328-8849  
205 North 400 West  
Salt Lake City, UT 84103

West Jordan Courthouse (801) 233-9755  
Room 3502  
8080 South Redwood Road  
West Jordan, UT 84088

Matheson Courthouse (801) 238-7170  
Room W-17  
450 South State Street  
Salt Lake City, UT 84111

Family Justice Center (801) 236-3370  
YWCA Lolie Eccles Center  
344 East 300 South  
Salt Lake City, UT 84111

**South Valley Sanctuary**

(801) 255-1095

svsutah.org

Address Undisclosed

*Call 24-hour emergency line for help. Emergency shelter (24-hour) and supportive services to men, women and children fleeing their homes due to domestic violence.*

**Utah Domestic Violence LINKLine**

1-(800) 897-LINK

udvc.org

*Crisis intervention referral services on safe shelters, community resources, legal assistance, victim advocates, counseling agencies and other needs. All calls are answered by trained domestic violence specialists. The LINKLine operates 24 hours a day, 7 days a week.*

**YWCA- Women in Jeopardy Shelter Program**      (801) 537-8600      [ywca.com](http://ywca.com)  
322 East 300 South  
Salt Lake City, UT 84111

*24-hour crisis hotline. Emergency shelter for women and children fleeing domestic violence. Personal advocacy, case management, and individualized safety planning.*



## **Education GED Centers**

### **Granite Peaks Training Center**

(385) 646-5447

[schools.graniteschools.org](http://schools.graniteschools.org)

501 East 3900 South  
Salt Lake City, UT 84107

*GED preparedness classes offered year found for a \$5 fee per class. GED testing offered for an \$85 fee.*

### **Horizonte School**

(801) 578-8574

[horizonte.slcschools.org](http://horizonte.slcschools.org)

1234 South Main Street  
Salt Lake City, UT 84101

*GED preparedness classes for \$20.00 per 6-8 week term for night classes and \$35.00 per 6-8 week term for day classes. Students must attend a 2-day orientation.*

### **Utah State Office of Education**

(801) 538-7821

[schools.utah.gov](http://schools.utah.gov)

250 East 500 South  
P.O. Box 144200  
Salt Lake City, UT 84114

*Your source for all GED related questions.*

## **Employment and Job Training**

### **LDS Employment Resource Services**

ldsjobs.org

*Assistance for job seekers including skill training, one-on-one coaching, workshops, education, and job placement.*

780 West 800 South (801) 240-7240  
Salt Lake City, UT, 84104

2994 Glen Eagle Drive (801) 988-4455  
Salt Lake City, UT 84128

724 East 2100 South Suite A (801) 467-6443  
Salt Lake City, UT 84106

7166 South Redwood Road (801) 566-4040  
West Jordan, UT 84084

817 East 9400 S (801) 561-9555  
Sandy, UT 84070

### **Utah Department of Workforce Services**

jobs.utah.gov

*Access to job postings and unemployment benefits.*

Metro Center (801) 526-0950  
720 South 200 East  
Salt Lake City, UT 84111

Midvale Center (801) 526-0950  
7292 South State Street  
Midvale, UT 84047

South County Center (801) 526-0950  
5735 South Redwood Road  
Taylorsville, UT 84123

## **Emergency Services**

### **9-1-1**

*\*\*In a life or death emergency always call 9-1-1\*\**

**American Red Cross** (801) 323-7000 [utahredcross.org](http://utahredcross.org)  
555 East 300 South Suite #200  
Salt Lake City, UT 84102

*Emergency preparedness and relief.*

**Poison Control Hotline** 1-(800) 222-1222 [aapcc.org](http://aapcc.org)

*24-hour information on ingestion of harmful substances.*

**Child Abuse Hotline** 1-(855) 323-3237 [dcfs.utah.gov](http://dcfs.utah.gov)  
**Division of Child and Family Services**

*24-hour line, call to report child abuse.*

**Rape and Sexual Assault Hotline** (801) 467-7273 [raperecovercenter.com](http://raperecovercenter.com)  
**Rape Recovery Center**  
2035 South 1300 East  
Salt Lake City, UT 84105

*24-hour intervention, support and referrals for victims of rape and sexual assault provided by Rape Recovery Center.*

### **Suicide Crisis Lines:**

Salt Lake County/UNI Crisis Line (801) 587-3000  
Wasatch Mental Health Crisis Line (801) 373-7393  
National Suicide Prevention Lifeline 1-(800) 273- TALK  
Trevor Project Hotline for LGBTQ Teens (866) 488-7386

*24 hours confidential crisis counseling.*

## **English as a Second Language (ESL) Instruction and Citizenship**

### **2-1-1**

*\*Dial 2-1-1 for and ESL class offered near you.*

**English Skills Learning Center** (801) 328-5608 [eslcenter.org](http://eslcenter.org)  
4444 South 700 East, Suite #100  
Salt Lake City, UT 84107

*Free English and United States Citizenship Courses*

**Granite Peaks Learning Center** (385) 646-5447 [schools.graniteschools.org](http://schools.graniteschools.org)  
501 East 3900 South  
Salt Lake City, UT 84107

*English as a second language courses and low cost citizenship test preparedness classes.*

**Horizonte School** (801) 578-8574 [horizonte.slcschools.org](http://horizonte.slcschools.org)  
1234 South Main Street  
Salt Lake City, UT 84101

*ESL preparedness classes for \$20.00 per 6-8 week term for night classes and \$35.00 per 6-8 week term for day classes. Students must attend a 2-day orientation.*

## **Financial Assistance**

**Community Action Program** (801) 359-2444 slcap.org  
764 South 200 West  
Salt Lake City, UT 84101

*Emergency Assistance Program provides emergency funds to clients who are able to prove that their housing payment default was caused by a situation that was out of their control.*

### **LDS Church**

Various locations.

*Contact a local Bishop.*

## **Financial Counseling**

**AAA Fair Credit Foundation** 1-(800) 351-4195 faircredit.org  
230 West 200 South, Suite #3104  
Salt Lake City, UT 84101

*Financial counseling and assistance balancing budgets, managing money, and using credit wisely.*

**Community Action Program** (801) 359-2444 slcap.org  
764 South 200 West  
Salt Lake City, UT 84101

*Assists with home-buyer education and provides financial interventions by way of case management to help individuals in obtaining/maintaining safe and affordable housing.*

**American Credit Foundation** (801) 208-1000 americancreditfoundation.org  
7720 South 700 East  
Midvale, UT 84047

*Free credit counseling, financial training, budgeting consultations, and educational programs. Free debt management consultation. Maximum payment of \$39 per month to enroll in debt-management program.*

**VITA Tax Assistance** 1-(888) 826 -9790 utahtaxhelp.org  
Multiple locations available

University of Utah Union Computer Lab utahbap.com  
200 Central Campus Drive  
Salt Lake City, UT 84112

*Volunteers prepare and file tax returns free of charge. Must make \$60,000 or less per year to qualify to file online for free. If your household income is \$53,000 or less you qualify to have your taxes prepared for free at a VITA site.*

## **Food and Emergency Groceries**

### **Food Pantries:**

*Emergency food for those in need. Usually require photo identification.*

Central Compassion Center  
Central Church of the Nazarene (801) 244-7934  
1076 West Indiana Avenue  
Salt Lake City, UT 84104

Church of Philadelphia Food Pantry  
2358 South Main Street  
South Salt Lake, UT 84115

Crossroads Urban Center (801) 364-7765  
347 South 400 East  
Salt Lake City, UT 84111

Granger Community Christian Church (801) 968-3301  
3232 West 4100 South  
West Valley City, UT 84119

*Serves 84118, 84119, 84120 zip codes only.*

Hildegarde's Food Pantry (801) 328-2303  
231 East 100 South  
Salt Lake City, UT 84111

*Limit 2 visits per month*

House of Prayer Food Pantry (801) 953-9851  
829 South 200 West  
Salt Lake City, UT 84101

Iglesia de Jesucristo Food Pantry  
5486 South 4220 West  
Kearns, UT 84118

Kearns 1st Baptist Church Food Pantry (801) 981-8717  
4445 West 5175 South  
Kearns, UT 84118

LDS Welfare Square (801) 240-7332  
780 West 800 South  
Salt Lake City, UT 84104

Magna FACT (801) 250-4811  
9113 West Magna Main Street  
Magna, UT 84044

*Serves 84044 residents in emergencies only.*

Magna/Kearns Mobile Pantry  
Magna Kennecott Senior Center  
9228 West 2700 South  
West Valley City, UT 84119

Midvale Mobile Pantry  
St. Theresa's  
624 West Lennox Street (7870 South)  
Midvale, UT 84047

Mt Calvary Christian Fellowship Food Pantry (801) 679-0466  
3050 South 3200 West  
West Valley City, UT 84119

Murray Park Church of Christ Food Pantry (801) 293-7000  
494 East 5300 South  
Murray, UT 84107

Nueva Esperanza Food Pantry  
7681 South 2200 West  
West Jordan, UT 84084

Reach Salt Lake (801) 972-5708  
1235 West California Avenue (1330 South)  
Salt Lake City, UT 84104

*Limit once per month for 3 months. Recipients must be part of Reach courses.*

Rescue Mission of Salt Lake (801) 355-1302  
463 South 400 West  
Salt Lake City, UT 84101

*Can only visit once every 4 weeks.*

Salt Lake City Mission (801) 355-6310  
1151 South Redwood Road Suite # 106  
Salt Lake City, UT 84104

Salt Lake Community Action Program (801) 250-6414  
Magna Neighborhood Center  
3441 South 8400 West Suite C  
Magna, UT 84044

*Serves residents with zip codes 84044, 84118, 84128 only.*

Salt Lake Community Action Program (801) 359-8741  
Northwest/Westside Neighborhood Center  
1300 West 300 North  
Salt Lake City, UT 84116

Salt Lake Community Action Program (801) 972-6661  
Redwood Neighborhood Center  
3060 South Lester Street (1595 West)  
West Valley City, UT 84119

*Serves residents with zip codes 84107, 84117, 84120, 84123, 84129.*

Salt Lake Community Action Program  
South County Neighborhood Center  
8446 South Harrison Street (300 West) (801) 255-3516  
Midvale, UT 84047

*Serves residents in South Salt Lake only.*

South Salt Lake Mobile Pantry  
244 East Claybourne Avenue (2770 South)  
South Salt Lake, UT 84115

South Valley Jesus Feeds Food Pantry (801) 688-7251  
Adventure Church  
352 West 12300 South  
Draper, UT 84020

*Serves residents of South Salt Lake only.*

St Andrew's Food Pantry (801) 984-7500  
11835 South 3600 West  
Riverton, UT 84065

*Serves residents of Herriman, Riverton, Bluffdale, South Jordan, and West Jordan.*

St James Episcopal Church Food Pantry (801) 566-1311  
7486 Union Park Avenue  
Midvale, UT 84047

*Serves 84047 zip code residents only.*

St Joseph's Food Pantry (801) 739-3169  
7405 South Redwood Road  
West Jordan, UT 84084

St Paul's Episcopal Church Food Pantry (801) 322-5869  
261 South 900 East  
Salt Lake City, UT 84102



Taylorsville Food Pantry (801) 815-0003  
4775 South Plymouth View Drive (1650 West)  
Taylorsville, UT 84123

The Church at Liberty Park Food Pantry (801) 973-0088  
662 East 1300 South  
Salt Lake City, UT 84105

The Salvation Army - Salt Lake (801) 988-4204  
438 South 900 West  
Salt Lake City, UT 84104

*Must wait 30 days between visits.*

Utah Pride Center (801) 539-8800  
255 East 400 South  
Salt Lake City, UT 84111

**Food Stamps- Utah Department of Workforce Services**

[jobs.utah.gov](http://jobs.utah.gov)

*Go to [jobs.utah.gov](http://jobs.utah.gov) to access pre-screening tool to see if you qualify, or contact your local department of workforce services. Food stamps allow individuals to purchase certain food items at a local grocery store using a government card. Food stamps cannot be used to buy any nonfood item, such as pet foods, cleaning products, medicine, alcoholic drinks, etc.*

Metro Center (801) 526-0950  
720 South 200 East  
Salt Lake City, UT 84111

Midvale Center (801) 526-0950  
7292 South State Street  
Midvale, UT 84047

South County Center (801) 526-0950  
5735 South Redwood Road  
Taylorsville, UT 84123

**Prepared Meals**

Eagle Ranch (801) 254-4945  
500 South 600 West  
Salt Lake City, UT 84101

*Food served Sunday mornings only.*

Good Samaritan Program (801) 328-5633  
347 East South Temple  
Salt Lake City, UT 84111

*Sack lunches provided daily.*

Rescue Mission (801) 355-1302  
463 South 400 West  
Salt Lake City, UT 84101

*Lunch and dinner served daily. Breakfast served on Saturdays only.*

St. Vincent de Paul Center (801) 363-7710  
437 West 200 South  
Salt Lake City, UT 84101

*Brunch, lunch, and dinner Monday-Friday. Only dinner served on weekends.*

### **Special Programs**

Summer Food Service Program (801) 328-2561 [www.uah.org](http://www.uah.org)

*Provides meals to children 18 years and younger during summer vacation. Contact Utahns Against Hunger for locations.*

## **Government Services**

*Information on recreational activities, building, business licenses, ordinances, planning and zoning, and public works (garbage, recycling, street maintenance).*

Draper 1020 East Pioneer Road Draper, UT 84020	(801) 576-6500	<a href="http://draper.ut.us">draper.ut.us</a>
Herriman 13011 South Pioneer Street (6000 West) Herriman, UT 84096	(801) 466-5323	<a href="http://herriman.org">herriman.org</a>
Holladay 4580 South 2300 East Holladay, UT 84117	(801) 272-9450	<a href="http://cityofholladay.com">cityofholladay.com</a>
Midvale 7505 Holden Street Midvale, UT 84047	(801) 567-7200	<a href="http://midvalecity.org">midvalecity.org</a>
Murray 5025 South State Street Murray, UT 84107	(801) 264-2660	<a href="http://murray.utah.gov">murray.utah.gov</a>
Riverton 12830 South Redwood Road Riverton, UT 84065	(801) 254-0704	<a href="http://rivertoncity.com">rivertoncity.com</a>
Salt Lake City 451 South State Street Salt Lake City, UT 84111	(801) 535-7600	<a href="http://slc.gov">slc.gov</a>
Sandy 10000 Centennial Parkway Sandy, UT 84070	(801) 568-7100	<a href="http://sandy.utah.gov">sandy.utah.gov</a>
South Jordan 1600 West Towne Center Drive (10610 South) South Jordan, UT 84095	(801) 254-3742	<a href="http://sjc.utah.gov">sjc.utah.gov</a>
South Salt Lake 220 East Morris Avenue (2430 S) South Salt Lake, UT 84115	(801) 483-6000	<a href="http://southsaltlakecity.com">southsaltlakecity.com</a>
Taylorsville 2600 West Taylorsville Boulevard Taylorsville, UT 84129	(801) 963-5400	<a href="http://taylorsvilleut.gov">taylorsvilleut.gov</a>

West Jordan  
8000 South Redwood Road  
West Jordan, UT 84088

(801) 569-5100

[wjordan.com](http://wjordan.com)

West Valley City  
3600 South Constitution Boulevard  
West Valley City, UT 84119

(801) 966-3600

[wvc-ut.gov](http://wvc-ut.gov)

## **Healthcare Clinics**

**4<sup>th</sup> Street Clinic** (801) 364-0058 [fourthstreetclinic.org](http://fourthstreetclinic.org)  
404 South 400 West  
Salt Lake City, UT 84101

*Provides free comprehensive primary health care to homeless individuals and families in the Salt Lake City area. Accepts Medicaid, Medicare, PCN, & CHIP. Will not turn people away if they cannot pay. Appointment necessary.*

## **Community Health Centers**

<http://www.chc-ut.org>

*Provides primary health care and mental health services to people of all ages without regards to their ability to pay. Co-pay or sliding scale—accepts Medicaid, Medicare, PCN, CHIP, and most private insurance.*

72<sup>nd</sup> Street Clinic (801) 566-5494  
220 West 7200 South Suite A  
Midvale, UT 84047

Central City Clinic (801) 539-8617  
461 South 400 East  
Salt Lake City, UT 84115

Oquirrhview Clinic (801) 964-6214  
4754 South 3200 West  
Taylorsville, UT 84129

Stephen D. Ratcliffe Clinic (801) 328-5750  
1365 West 1000 North  
Salt Lake City, UT 84116

**George E. Wahlen** (801) 582-1565 [saltlakecity.va.gov](http://saltlakecity.va.gov)  
**Department of Veterans Affairs Medical Center**  
500 South Foothill Drive (1800 East)  
Salt Lake City, UT 84148

*Honorably discharged veterans residing in Utah, western Nevada, southeastern Idaho, and southwestern Wyoming provided care upon enrollment. To enroll, contact the enrollment office at 801-584-2585. To request an enrollment form by mail, call and leave name, address, zip, and phone number with area code. Provides quality inpatient, outpatient, and long-term healthcare to eligible veterans.*

**Hope Clinic** (801) 569-6700 [utahhopeclinic.org](http://utahhopeclinic.org)  
65 East 6850 South  
Midvale, UT 84047

*Provides free heartfelt quality healthcare for the underserved and uninsured in the Salt Lake area. Must make an appointment prior to visiting the clinic. The clinic will not turn anyone away, but is intended to serve individuals and families at or below 150% of federal poverty guidelines, who do not have health insurance, and are not eligible for Medicare, Medicaid, homeless services, or other programs.*

## **Intermountain Community and School Clinics**

*Accepts most Medicaid programs, Medicare, PCN (except North Temple), CHIP, and most private insurance programs, Uses a sliding scale for uninsured patients based on household size and income.*

Intermountain Neighborhood Clinic (801) 408-4550  
Glendale Community Learning Resource Center  
1388 Navajo Street (1340 West)  
Salt Lake City, UT 84104

*Provides primary healthcare services to the residents of Glendale Middle School and Mountainland Elementary School boundaries. Dental services available.*

Intermountain Lincoln Elementary School Clinic (801) 578-8376  
1090 South Roberta Street (250 East)  
Salt Lake City, UT 84111

*Provides primary healthcare services to students, families and residents in the Lincoln Elementary School neighborhood.*

Intermountain Rose Park Elementary School Clinic (801) 408-8626  
1105 West 1000 North  
Salt Lake City, UT 84116

*Provides primary healthcare services to students, families and residents in the Rose Park Elementary School neighborhood.*

Intermountain North Temple Clinic (801) 359-0901  
54 North 800 West  
Salt Lake City, UT 84116

*Provides urgent medical care for patients of all ages and all incomes with no geographical boundary restrictions. No primary care or dental provided at this location.*

**Maliheh Free Clinic** (801) 266-3700 malihehfreeclinic.org  
415 East 3900 South  
Salt Lake City, UT 84107

*Provides free heartfelt quality healthcare for the underserved and uninsured in the Salt Lake area. Must make an appointment prior to visiting the clinic. The clinic will not turn anyone away, but is intended to serve individuals and families at or below 150% of federal poverty guidelines, who do not have health insurance, and are not eligible for Medicare, Medicaid, homeless services, or other programs*

**Midtown Community Health Center**  
South Salt Lake Clinic  
2253 South State Street  
Salt Lake City, UT 84115

(801) 486-0911

[midtownchc.org](http://midtownchc.org)

*Accepting all new patients, Medicaid, insured and uninsured. Providing comprehensive care including prenatal care, primary care, treatment for acute and chronic illnesses, behavioral health, and well care. Services are provided on a sliding fee scale. Translation provided for any language. Contracted site for refugee health services.*

**Planned Parenthood Association of Utah**

[plannedparenthood.org](http://plannedparenthood.org)

*Offers a full range of professional, personalized, confidential reproductive health care services for women, men, and teens regardless of age or income. Sliding fee scale. Insurance accepted.*

Salt Lake City  
654 South 900 East  
Salt Lake City, UT 84102

(801) 322-5571

South Jordan  
1091 West South Jordan Parkway  
South Jordan, UT 84095

(801) 254-2052

West Valley City  
1906 West 3600 South  
West Valley, UT 84119

(801) 973-9675

**Salt Lake Valley Health Department**

[slcohealth.org](http://slcohealth.org)

*Preventative health care for residents of Salt Lake County, particularly low-income, uninsured, and underinsured. Fees based on a sliding scale.*

Ellis R. Shipp Public Health Center  
4535 South 5600 West  
West Valley City, UT 84120

(385) 468-3700

*Children’s health care, birth and death certificates, immunizations, prenatal care, and women’s cancer screening; CHIP, WIC Medicaid & PCN eligibility*

Rose Park Public Health Center  
799 North Redwood Road, Suite A  
Salt Lake City, UT 84116

(385) 468-4084

*Immunizations and WIC*

Salt Lake City Public Health Center  
610 South 200 East, Suite # 111  
Salt Lake City, UT 84111

(385) 468-4225

*Immunizations, birth and death certificates, HIV testing/counseling; lead poisoning prevention, STD testing/treatment, TB testing/treatment, and women’s cancer screenings*

Southeast Public Health Center (385) 468-4335  
9340 South 700 East  
Sandy, UT 84070

*Immunizations, women’s cancer screenings, public health nursing home visitation, birth and death certificates and CHIP, WIC, Medicaid, and PCN eligibility.*

South Main Public Health Center (385) 468-3990  
3690 South Main Street  
Salt Lake City, UT 84115

*Immunizations, women’s health clinic, women’s cancer screening, pediatric and prenatal services, Medicaid and WIC eligibility, Teen Mother and Child program (18 year old teen moms and younger), Targeted Case Management Home Visitation Program, Nurse-Family Partnership.*

**\*\*Specialty Programs:**

*Targeted Case Management: if your baby is under 1 year of age and on Medicaid you can have a nurse visit you in your home and teach about basic health of children, provide referrals to local physicians, and answer questions you have about your child’s care. It is a free program to those who qualify.*

*Nurse-Family Partnership is a program for women who are having their first baby. If you enroll, a specially trained nurse will visit you in your home throughout pregnancy and continue to visit until your baby is 2 years old to help build and strong network of health and support for you and your baby. It is a free program for low-income families.*

West Jordan Public Health Center (385) 468-4365  
1740 West 7800 South  
West Jordan, UT 84088

*WIC eligibility and clinic.*

**Shriners Hospital for Children** 1-(800) 314-4283 [shrinershospitalsforchildren.org](http://shrinershospitalsforchildren.org)  
Fairfax Road at Virginia Street  
Salt Lake City, UT 84103

*8 years or younger with orthopedic or reconstructive plastic surgery needs living in Utah, Nevada, Idaho, Wyoming, Colorado, Arizona, New Mexico, Sonora Mexico, and Chihuahua Mexico. All services provided regardless of ability to pay.*

**Urban Indian Center of Salt Lake** (801) 486-4877 [uicsl.org](http://uicsl.org)  
120 West 1300 South  
Salt Lake City, UT 84115

*Aids and assists American Indian and Alaskan Native people. Provides access to primary medical care, dental care, and prenatal care. Census and tribal enrollment numbers are required.*



**Utah Partners for Health**

*Provides access to healthcare for those in need*

Magna Exodus Clinic (801) 417-0131  
3665 South 8400 West Suite # 110  
Magna, UT 84044

*Serves residents in Magna, Kearns, and West Valley City who are uninsured, have a household income less than \$35,000, and have a medical need. For breast exams, pap smears, and pre-natal, geographical boundaries do not apply. Requires small co-pay for services at a very low cost. Services include primary care, radiology, physical therapy, women’s health, counseling, eye care, and a free mobile clinic.*

Mid-Valley Health Clinic (801) 417-0131  
8446 South Harrison Blvd  
Midvale, UT 84404

*Provides primary health care services to all regardless of the ability to pay. Patients pay a co-pay or a sliding fee based on their income. Accepts Medicaid, CHIP, Medicare, and some insurance providers.*

**Hospitals**

Alta View Hospital (801) 501-2600 intermountainhealthcare.org  
(Intermountain Healthcare)  
9660 South 1300 East  
Sandy, UT 84094

Intermountain Medical Center (801) 507-7000 intermountainhealthcare.org  
(Intermountain Healthcare)  
5121 South Cottonwood Street  
Murray, UT 84157

Jordan Valley Medical Center (801) 561-8888 jordanvalleymc.com  
(Iasis Healthcare)  
3580 West 9000 South  
West Jordan, UT 84088

LDS Hospital (801) 408-1100 intermountainhealthcare.org  
(Intermountain Healthcare)  
8<sup>th</sup> Avenue (400 North) “C” St (300 East)  
Salt Lake City, UT 84143

Lone Peak Hospital (801) 545-8000 uw.org  
(Mountain Star)  
11925 South State Street  
Draper, UT 84020

Pioneer Valley Hospital (801) 964-3100 jordanvalleywest.com  
(Iasis Healthcare)  
3640 South Pioneer Parkway (4155 West)  
West Valley City, UT 84120

Primary Children’s Medical Center (Intermountain Healthcare) 100 North Mario Capecchi Drive (1750 East) Salt Lake City, UT 84113	(801) 662-1000	<a href="http://intermountainhealthcare.org">intermountainhealthcare.org</a>
Riverton Hospital (Intermountain Healthcare) 3741 West 12600 South Riverton UT 84065	(801) 285-4000	<a href="http://intermountainhealthcare.org">intermountainhealthcare.org</a>
St. Mark’s Hospital (Mountain Star) 1200 East 3900 South Salt Lake City, UT 84124	(801) 268-7111	<a href="http://stmarkshospital.com">stmarkshospital.com</a>
Salt Lake Regional Hospital and Medical Center (Iasis Healthcare) 1050 East South Temple Salt Lake City, UT 84102	(801) 350-4111	<a href="http://saltlakeregional.com">saltlakeregional.com</a>
University of Utah Hospital (UUHSC) 50 North Mario Capecchi Drive (1950 East) Salt Lake City, UT 84132	(801) 581-2121	<a href="http://healthcare.utah.edu/hospital">healthcare.utah.edu/hospital</a>

## **Health Insurance**

Children’s Health Insurance Program (CHIP)      1-(877) KIDS-NOW      health.utah.gov/chip/  
288 North 1460 West  
Salt Lake City, UT 84116

*The Children's Health Insurance Program, or CHIP is a state health insurance plan for children. Depending on income and family size, working Utah families who do not have other health insurance may qualify for CHIP. Children who may qualify for CHIP must meet income guidelines, be under age 19, not currently covered by health insurance, and be a U.S. citizens or legal resident. CHIP accepts applications year round.*

Medicaid      (801) 538-6155      medicaid.utah.gov  
288 North 1460 West  
Salt Lake City, UT 84116

*Medicaid is a source of health insurance coverage for Utah’s vulnerable populations. Medicaid is a state/federal program that pays for medical services for low-income pregnant women, children, individuals who are elderly or have a disability, parents and women with breast or vertical cancer. To qualify, these individuals must meet income requirements.*

Primary Care Network      1-(888) 222-2542      health.utah.gov/pcn

*The Primary Care Network (PCN) is health plan offered by the Utah Department of Health. It covers services administered by a primary care provider. Applications are only accepted during open enrollment periods, which are held when resources are available to cover more people. To qualify you must be age 19 through 64, a U.S. citizen or legal resident , uninsured (not covered by any health insurance), not qualified for Medicaid, and not have access to student health insurance, Medicare or Veterans’ Benefits. The maximum amount of co-pays you will be required to pay out-of-pocket is no more than \$1,000 per person per year.*

Utah’s Premium Partnership  
for Health Insurance      1-(888) 222-2542      health.utah.gov/upp/

*UPP (Utah's Premium Partnership for Health Insurance) helps make health insurance more affordable for families and individuals. UPP (pronounced 'up') helps you pay your monthly health insurance premiums through your employer’s health insurance plan or COBRA coverage.*

**\*\*The following locations have professionals available to help individuals apply for CHIP and Medicaid:**

### **Salt Lake Valley Health Departments**

Ellis R. Shipp Public Health Center      (385) 468-3700  
4535 South 5600 West  
West Valley City, UT 84120

Southeast Public Health Center      (385) 468-4335  
9340 South 700 East  
Sandy, UT 84070

South Main Public Health Center      (385) 468-3990  
3690 South Main Street  
Salt Lake City, UT 84115

**Utah Department of Workforce Services**

Metro Center (801) 526-0950  
720 South 200 East  
Salt Lake City, UT 84111

Midvale Center (801) 526-0950  
7292 South State Street  
Midvale, UT 84047

South County Center (801) 526-0950  
5735 South Redwood Road  
Taylorsville, UT 84123

## **Homeless Shelters/Services**

**4<sup>th</sup> Street Clinic** (801) 364-0058 fourthstreetclinic.org  
404 South 400 West  
Salt Lake City, UT 84101

*Provides free comprehensive primary health care to homeless individuals and families in the Salt Lake City area. Accepts Medicaid, Medicare, PCN, & CHIP. Will not turn people away if they cannot pay. Appointment necessary.*

**Family Promise of Salt Lake** (801) 961-8622 fpsl.org  
814 West 800 South  
Salt Lake City, UT 84104

*Services include an emergency shelter, intensive case management, affordable apartments, and a housing retention program for families. Day services include access to shower and laundry facilities, computers, day-time meals and transportation assistance. All potential guests are screened before acceptance in Family Promise. This screening may include verification of child custody, felony background checks, and instant drug testing (all guests must be drug and alcohol free). Single individuals without children and those with current substance abuse issues and/or significant untreated psychiatric conditions are guided toward other programs designed for their needs.*

**LifeStart Village** (801) 955-9110 familysupportcenter.org  
8221 South Allen Street  
Midvale, UT 84047

*Transitional housing for homeless mothers and their children. In the dorm-like Phase I co-housing units and under the direction of a full time director the women learn to become self-sufficient. They receive Life Focus training, parent education, are assisted in completing their GED and acquiring and maintaining adequate employment. Upon completion of Phase I, the women graduate to a self-sufficient rental town home or cottage (Phase II) and may ultimately have the opportunity to become the owner of a CROWN (rent to own) twin home in Phase III. Women must have custody of their children. All residents are required to abide by a strict code of conduct and program participation.*

**Rescue Mission of Salt Lake** rescuesaltlake.org  
Men's Shelter and Main Office (801) 355-1302  
463 South 400 West  
Salt Lake City, UT 84101

Women's Center (801) 521-5925  
1165 South State Street  
Salt Lake City, UT 84111

*The center has 50 beds available in a dormitory for men to sleep in. Eligible men may receive a bed for 7 days every 30 days, as available. The Overflow Room opens in severe weather conditions and offers men a mat on the floor for the night. The Women's Center is a small, family-style recovery house with room for 14 women, most of who are in the New Life recovery program. Female guests and their children are invited to stay as beds become available. Please call ahead to check availability. Homeless men and women must present a valid photo ID in order to get a bed and they must be sober. The center also provides showers, clothing, baggage check, and food.*

**The Road Home** (801) 359-4142 [theroadhome.org](http://theroadhome.org)  
210 S Rio Grande Street  
Salt Lake City, UT 84101

Community Winter Shelter (801) 569-1201  
529 West 7300 South (9th Avenue)  
Midvale, Utah 84047

*Emergency shelter and case management for men, women, and children. Provide self-sufficiency programs, rapid rehousing and permanent supportive housing. Other emergency services offered include travel assistance, Utah identification documentation, and employment related services (bus tokens, food handlers permits).*

**Volunteers of America** (801) 363-9400 [voaut.org](http://voaut.org)  
**Adult Detoxification Center**  
252 West Brooklyn Avenue (1025 South)  
Salt Lake City, UT 84101

*Emergency shelter for homeless men and women that are intoxicated.*

**Housing**

**Salt Lake Community Action**

(801) 214-3188

slcap.org

764 South 200 West  
Salt Lake City, UT 84101

*Housing crisis intervention, HUD counseling, homelessness services, weatherization services, landlord/tenant mediation.*

**Salt Lake Housing Authority**

(801) 284-4400

hacsl.org

3595 South Main Street  
Salt Lake City, UT 84115

*Section 8 rent subsidy, low income public housing, affordable housing, and supportive housing for low-income families.*

**Tooele Housing Authority**

(435) 882-7875

co.tooele.ut.us

118 East Vine Street  
Tooele, UT 84074

*Down payment assistance, housing vouchers and public housing for those who qualify (low-income).*

**Immigrant and Refugee Services**

**Utah Department of Workforce Services** (801) 526-9787 jobs.utah.gov  
**Refugee Services Office**  
140 East 300 South 5<sup>th</sup> Floor  
Salt Lake City, UT 84111

*A Utah State agency focused on assisting refugees with all aspects of adjusting to life in a new country. Provide cash assistance (for the first 8 months), food stamps, medical assistance, childcare assistance, employment services, and case management (for two years).*

*\*Extensive resource manual for refugees available online*

**LDS Humanitarian Center** (801) 240-5954 lds.org  
1665 Bennett Road  
Salt Lake City, UT 84104

*LDS Church sponsored employment and ESL assistance.*

**Lutheran Social Services** (801) 588-0139 lssu.org  
4392 South 900 East  
Salt Lake City, UT 84124

*Refugee food bank, clothing and household vouchers, emergency UTA bus passes, housing and employment services. English language tutoring and citizenship assistance.*

**Refugee Health Program** (801) 538-6096

*Identifies refugees entering the state with communicable diseases posing a potential public health threat. Identifies refugee health conditions that adversely impact resettlement and self-sufficiency. Provides appropriate referrals for health care and prevention activities.*

**The International Rescue Committee** (801) 883-8452 rescue.org

*The IRC make sure newly arrived refugees receive a furnished home, help with rent, health care, nutritious affordable food, English language classes, help building job skills, education for children, and social services/community support.*

**Utah Refugee Center** (801) 541-6240 utahrefugee.org

*Self-sufficiency programs. Connections to multiple refugee specific resources online.*



**Parenting Resources**

**Family Mentoring Program**

(801) 955-9110

familysupportcenter.org

*Free, personalized, confidential program for the overwhelmed parent. It is provided in the comfort of your own home to help you define solutions to your specific family challenges. Services are available in both English and Spanish to families in Salt Lake Country.*

**Family Support Center**

(801) 955-9110

familysupportcenter.org

1760 West 4805 South  
Taylorsville, UT 84129

*Classes in parent education, teen parenting, anger management, smart steps, and impact of sexual abuse on the family.*

**South Main Public Health Center**

(385) 468-3990

slcohealth.org

3690 South Main Street  
Salt Lake City, UT 84115

**\*\*Specialty Programs:**

*Targeted Case Management: if your baby is under 1 year of age and on Medicaid you can have a nurse visit you in your home and teach about basic health of children, provide referrals to local physicians, and answer questions you have about your child's care. It is a free program to those who qualify.*

*Nurse-Family Partnership is a program for women who are having their first baby. If you enroll, a specially trained nurse will visit you in your home throughout pregnancy and continue to visit until your baby is 2 years old to help build and strong network of health and support for you and your baby. It is a free program for low-income families.*

**Police Departments**

**Cottonwood Heights Police** (801) 840-4000  
1265 Fort Union Boulevard  
Midvale, UT 84047

**Murray Police** (801) 264-2673  
5025 South State Street  
Murray, UT, 84107

**Salt Lake County Sheriff's Office** (801) 743-7000  
3655 South 900 West  
Salt Lake City, UT 84119

**Salt Lake City Police** (801) 799-3100  
475 South 300 East  
Salt Lake city, UT 84111

**Sandy Police** (801) 568-7200  
10000 Centennial Parkway Suite #111  
Sandy, UT 84070

**South Salt Lake Police** (801) 840-4000  
2835 South Main Street  
Salt Lake City, UT 84115

**Taylorsville Police** (801) 743-7000  
2600 South Taylorsville Boulevard  
Taylorsville, UT 84129

**West Jordan Police** (801) 256-2000  
8040 South Redwood Road  
West Jordan, UT 84088

**West Valley Police** (801) 963-3300  
3575 South Market Street  
Salt Lake City, UT 84119

## **Pregnancy**

### **Baby Your Baby**

1-(800) 826-9662

[babyyourbaby.org](http://babyyourbaby.org)

*Online resources, financial help, medical referrals, and advice on babies. The hotline can connect with an interpreter for any language.*

### **Teen Mother and Child Program South Main Clinic**

(385) 468-3950

[slcohealth.org](http://slcohealth.org)

3690 South Main Street  
Salt Lake City, UT 84115

*Prenatal care, classes, and support for teen mothers (18 years old and younger).*

### **WIC Program Utah Department of Health**

1-(877) WIC-KIDS

[health.utah.gov](http://health.utah.gov)

*Nutrition education, breastfeeding education, nutritious foods and referrals for other assistance for low-income pregnant women and low-income mothers of children under 5 years.*

Salt Lake City Public Health Center  
610 South 200 East, Suite # 111  
Salt Lake City, UT 84111

(385) 468-4245

Ellis R. Shipp Public Health Center  
4535 South 5600 West  
West Valley City, UT 84120

(385) 468-3710

Rose Park Public Health Center  
799 North Redwood Road, Suite A  
Salt Lake City, UT 84116

(385) 468-3660

South East Public Health Center  
9340 South 700 East  
Sandy, UT 84070

(385) 468-4335

South Main Public Health Center  
3690 South Main Street  
Salt Lake City, UT 84115

(385) 468-3990

West Jordan Public Health Center  
1740 West 7800 South  
West Jordan, UT 84088

(385) 468-4365

## **School Districts**

<b>Canyons School District</b> 9150 South 500 West Sandy, UT 84070	(801) 826-5000	<a href="http://canyonsdistrict.org">canyonsdistrict.org</a>
<b>Granite School District</b> 2500 South State Street Salt Lake City, UT 84115	(385) 646-5000	<a href="http://graniteschools.org">graniteschools.org</a>
<b>Jordan School District</b> 7387 South Campus View Drive West Jordan, UT 84084	(801) 567-8100	<a href="http://jordandistrict.org">jordandistrict.org</a>
<b>Murray School District</b> 147 East 5065 South Murray UT, 84107	(801) 264-7400	<a href="http://murrayschools.org">murrayschools.org</a>
<b>Salt Lake City School District</b> 440 East 100 South Salt Lake City, UT 84111	(801) 578-8599	<a href="http://slcschools.org">slcschools.org</a>
<b>Toole School District</b> 92 Lodestone Way Toole, UT 84074	(435) 833-1900	<a href="http://tooleschools.org">tooleschools.org</a>

## **Substance Abuse**

### **Alcoholics Anonymous**

(801) 484-7871

saltlakeaa.org

Various locations

*A 12 step program in a group setting for those who choose to stop abusing alcohol. Free to the public. No appointments needed, just show up to any meeting.*

### **Al-Anon Family Groups**

(801) 262-9587

utah-alanon.org

Various locations

*The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope, in order to solve their common problems.*

### **Interim Group Services**

(801) 532- 1850

450 South 900 East Suite #300  
Salt Lake City, UT 84102

*University of Utah assessment and referral program for those unable to afford substance abuse treatment services. Group services offered in English and Spanish. Bus and Trax vouchers available. Visit the website for more information: [medicine.utah.edu/ARS/services/interimGroup](http://medicine.utah.edu/ARS/services/interimGroup)*

### **Narcotics Anonymous**

(801) 252-5326

uwana.org

Various locations

*A 12-step program in a group setting for those who choose to stop abusing illegal and prescription drugs. Free to all participants.*

### **Nicotine Anonymous**

(801) 725-3279

nicotine-anonymous.org

Various locations

*12-step fellowship of men and women helping each other live nicotine-free lives. Free to all participants.*

### **Salt Lake County Assessment and Referral Unit** (801) 532-1850

*Administers substance abuse prevention and treatment services under the direction of the Salt Lake County Council. To be eligible you must have an identified substance use disorder and must be National Guard Members and their Families or Significant Other, referred from primary health care providers or other health care entity, or self-referred, and shall not be subject to a court order or condition of probation that dictates a specific treatment or recovery support service, and do not have the ability to pay for services.*

### **Tobacco Quit Line**

1-(800) QUIT-NOW

tobaccofreeutah.org

*Free coaching on stopping tobacco use.*

**Volunteers of America**  
**Adult Detoxification Center**  
252 West Brooklyn Avenue (1025 South)  
Salt Lake City, UT 84101

(801) 363-9400

voaut.org

*Emergency shelter for homeless men and women that are intoxicated. The Adult Substance Abuse Treatment Program at Cornerstone Counseling Center provides support and structure for individuals struggling with substance abuse. Cornerstone Counseling Center offers three levels of treatment, with both individual and group therapy. Day Treatment provides 20 hours of treatment per week; Intensive Outpatient Therapy (IOT) provides between 9 and 19 hours per week; and Standard Outpatient Treatment (SOT) provides up to 8 hours of treatment per week.*

## **Thrift Stores**

**Crossroads Urban Center** (801) 364-7765 [crossroadsurbancenter.org](http://crossroadsurbancenter.org)  
Emergency Food Pantry  
347 South 400 East  
Salt Lake City, UT 84111

*Free and low cost clothing to those in need.*

**Deseret Industries** [deseretindustries.org](http://deseretindustries.org)

*Low cost clothing and household items (new and used).*

Murray Deseret Industries (801) 255-8399  
11 East 4500 South  
Murray, UT 84107

Salt Lake City (Downtown) (801) 532-6201  
131 East 700 South  
Salt Lake City, UT 84111

Sandy Deseret Industries  
825 East 9400 South (801) 255-8399  
Sandy, Utah 84094

Sugarhouse Deseret Industries (801) 486-3474  
2140 South 800 East  
Salt Lake City, UT 84106

West Jordan Deseret Industries (801) 561-1681  
7166 South Redwood Road  
West Jordan, UT 84084

West Valley City Deseret Industries (801) 963-3907  
2994 South Glen Eagle Drive, Suite A  
West Valley City, UT 84128

**Savers** [savers.com](http://savers.com)

*Low cost new and used clothes*

Draper (801) 572-2147  
1166 East Draper Parkway  
Draper, UT 84020

Millcreek (801) 467-8395  
3171 East 3000 South  
Salt Lake City, UT 84109

Midvale (801) 561-4199  
39 West 7200 South  
Midvale, UT 84047

South Jordan (801) 262-2150  
10551 South Redwood Road  
South Jordan, UT 84095

Taylorsville (801) 262-2150  
4145 South Redwood Road  
Taylorsville, UT 84123



**Transportation**

**Utah Transit Authority**

1-(888) RIDE-UTA

[rideuta.com](http://rideuta.com)

*Public transport & ride share program. Downtown Salt Lake free fare zone from 500 North to 500 South and 600 West to 200 East in downtown Salt Lake.*

## **Utility Assistance**

### **HEAT Program**

1-(866) 205-4375

[dced.utah.gov](http://dced.utah.gov)

*Utility bill assistance for individuals with a household income at or below 150% of the Federal Poverty Line. The household must contain at least one U.S. citizen or qualified non-citizen.*

### **Utah Telephone Assistance Program**

(801) 526-9294

[publicutilities.utah.gov](http://publicutilities.utah.gov)

*The program provides a discount of approximately \$12.75 a month for low-income households (135% of the federal poverty limit) with landline telephones and \$9.25 for approved wireless telephones*

### **Weatherization Assistance Program**

(801) 209-5764

[publicutilities.utah.gov](http://publicutilities.utah.gov)

*Enables qualified low-income individuals and families to make their homes more energy efficient and reduce utility costs. Individuals, families, elderly people (age 60 or older), and the handicapped that are at or below 125 percent of the current federal poverty income guidelines are eligible for the Weatherization Assistance Program.*

**Vision**

**Eyecare for Kids**  
6911 South State Street  
Midvale, UT 84047

(801) 255-8525

[eyecare4kids.org](http://eyecare4kids.org)

*Provides eye exams and glasses at a low cost for low income children*

**Friends for Sight**  
661 South 200 East  
Salt Lake City, UT 84111

(801) 524-2020

[friendsforsight.org](http://friendsforsight.org)

*Provides vision screening for adults and children with a family income of less than 200% of the federal poverty level. Provides low cost glasses for children not covered by Medicaid who are U.S. citizens or legal immigrants.*

## **Victim Advocate Programs**

*Victim advocates are professionals that help support victims of crime by providing information, emotional support, and assistance with paperwork.*

**Cottonwood Heights Police** (801) 944-7042

**Victim Services**

1265 Fort Union Boulevard  
Midvale, UT 84047

**Herriman Precinct** (801) 302-2080

13272 South 5600 West  
Herriman, UT 84096

**Holladay Precinct** (801) 272-0426

4570 South 2300 East  
Holladay, UT 84117

**Kearns Precinct** (385) 468-9488

4250 West 5415 South  
Kearns, UT 84118

**Midvale Precinct** (384) 468-9350

7912 South Main Street  
Midvale, UT 84047

**Millcreek Precinct** (385) 468-9630

1580 East 3900 South, Suite #100  
Salt Lake City, UT, 84124

**Riverton Precinct** (801) 254-0167

1274 West 12700 South  
Riverton, Utah 84065

**Taylorsville Precinct** (385) 468-9435

2600 West Taylorsville Boulevard  
Taylorsville, UT 84129

## Youth

### **Big Brothers Big Sisters**

(801) 313-0303

bbbsu.org

151 East 5600 South, Suite #200  
Murray, UT 84107

*Help children realize their potential and build their futures. Children are paired with a mentor to help with homework and be an example.*

### **Colors of Success**

(801) 596-9081

1747 South 900 West, Suite # 200  
SLC, Utah 84104

*Colors of Success is a school-based prevention and intervention program offered to youth and families who resides within the Salt Lake City and Ogden School District boundaries. The main goal of the program is to prevent gangs among youth. The program incorporates individual case management, life skills, groups, and extra-curricular activities home visits, parent nights, tutoring, attendance and citizenship. Colors staff work with other programs to ensure youth's needs are being met.*

### **Homeless Youth Resource Center**

(801) 364-0744

voaut.org

665 South State Street  
Salt Lake City, UT, 84111

*Drop in services for homeless youth including meals, case management, toiletries, laundry facilities, and a shower.*

### **National Runaway Switchboard**

1-(800)-RUNAWAY

1800runaway.org

*Call 1-800-RUNAWAY if you are a teenager who is thinking of running from home, if you have a friend who has run and is looking for help, or if you are a runaway ready to go home.*

### **Salt Lake County Department of Youth Services**

(385) 468-4599

slco.org

177 West Price Avenue (3610 South)  
Salt Lake City, UT 84115

*Services include substance abuse treatment, job training skills, free counseling, and a safe place to go after school.*

**Updated by: Megan McDowell, University of Utah College of Nursing**

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