

# NEW PATIENT QUESTIONNAIRE - RHINOPLASTY

Name:

Middle:

Last:

Health Card#:

Date of Birth:

Home Address:

City / Prov:

Postal Code:

Home Phone:

Work / Cell:

E-mail:

Referring Doctor:

What would you like to change about your nose?

Do you have trouble breathing through your nose?

Yes

No

Other: \_\_\_\_\_

If yes, is the blockage:

Right sided

Left sided

Both sides are always blocked

blockage alternates from side to side

Worse when laying down

Other: \_\_\_\_\_

Have you ever broken your nose?

Yes

No

Possibly

Please include any other important information about your symptoms:

Does your breathing improve with using decongestants (i.e Otrivin, Dristan, etc.)?

Yes

No

How is your sense of smell?

- Normal
- Reduced
- Absent
- Hyper-acute / heightened
- Other: \_\_\_\_\_

If your sense of smell is reduced, how long has it been reduced for (months / years)?

Please include any other important information about your symptoms:

Do you have nasal discharge?

- Yes
- No
- Sometimes
- Other: \_\_\_\_\_

If you do have nasal discharge, is it:

- Clear
- Coloured
- Bloody (flecks or streaks of blood in mucous)
- Thick
- Thin and runny
- Other: \_\_\_\_\_

What direction does it run?

- Out front of nose
- Drains backwards
- Front and back
- Other: \_\_\_\_\_

Do you get phlegm after eating?

- Yes
- No
- Sometimes

If yes / sometimes, do you suffer from GERD / acid reflux / heartburn?

- Yes
- No
- On regular treatment for this

Current nasal treatments - which treatments have you used in the past 6 months for your symptoms?

- Saline rinses (i.e. Netipot / Neilmed Sinus Rinses)
- Saline spray / mist
- Nasal Steroids
- Decongestants
- Antibiotics
- Prednisone
- Analgesics / Cold & Sinus Medications
- Other: \_\_\_\_\_

If you have used nasal steroids, which ones have you tried for more than 6 weeks regularly?:

- Have not used any for more than a few weeks/ days at a time
- Have only used once in awhile as needed
- Nasonex or Mometasone
- Avamys or Flonase
- Rhinocort Turbuhaler
- Pulmicort Sinus Rinses
- Beclomethasone
- Nasocort
- Other: \_\_\_\_\_

Do nasal saline rinses / sprays help your symptoms?:

- Yes
- No
- Sometimes

Do nasal steroids help your symptoms?:

- Yes
- No
- Sometimes

Other treatments?:

Have you ever had surgery on your nose or sinuses? (include cosmetic rhinoplasty surgery / pituitary surgery):

- Yes
- No

Please list any nasal or sinus surgery that you have had in the past including dates:

Does anyone in your family have nasal, sinus, or allergy issues that they have had treated in the past?:

- Yes
- No
- Don't know

Please check any medical problems that you are currently being treated for:

- High blood pressure
- Heart disease
- Diabetes
- Respiratory/ lung problems
- Stomach or intestinal problems
- Kidney disorders
- Liver disorders
- Thyroid problems
- Neurologic problems
- Headaches/ migraines
- Tumors/ Cancer
- Other: \_\_\_\_\_

Please list any other medical conditions you are being treated for:

Please list previous operations you have had and if you have had any reactions to anesthetics:

Please list any medications that you take:

Do you have allergies?:

- Yes
- No

Have you had allergy testing by an allergist?:

- Yes
- No

Please list all allergies:

Do you smoke?:

- Yes
- No
- Sometimes

If you've smoked in the past, when did you quit?:

Do you drink alcohol?:

- Yes
- No

If yes, how many drinks per day / week?:

Do you, or have you used, any of the following?:

- Marijuana
- Cocaine
- Other: \_\_\_\_\_

REVIEW OF SYMPTOMS - PLEASE CHECK ALL SYMPTOMS YOU EXPERIENCE:

General Symptoms

- Unexplained weight loss
- Fatigue
- Night Sweats
- Snoring/ Sleep apnea

Eyes

- Eye pain
- Dry eyes
- Itchy/ watery eyes
- Double vision
- Sudden vision change

General ears, nose, and throat symptoms:

- hearing loss
- dizziness
- ear plugging
- ear noises
- ear pain
- hoarseness
- throat clearing
- difficulty swallowing
- throat pain

Muscoskeletal:

- joint pain
- bone pain
- muscle pain
- muscle spasms
- joint swelling
- TMJ issues

Skin:

- rash
- itchiness
- eczema
- hives

Respiratory:

- Asthma
- COPD
- Bronchitis
- Shortness of breath
- Other: \_\_\_\_\_

Gastrointestinal:

- nausea or vomiting
- Reflux / GERD
- Heartburn
- IBS
- Crohn's / Colitis

Cardiac:

- chest pain
- Palpitation
- Heart attack in the past

Urinary:

- Frequent urination
- Painful urination
- Incontinence
- Blood in urine
- kidney stones

Neurological - psychiatric:

- depression
- headaches
- mood swings
- seizures
- weakness

**SUBMIT IN EMAIL**