**Breakfast**  [served all day]

- **EGG + CHEESE | 5.5**  
  eggs over well, cheddar, salt, pepper, brioche roll  
  add: sausage or bacon | + 2.5  
  avocado | + 2

- **SPICY GREEN EGG | 9**  
  eggs over well, avocado, scallion, arugula, Green Widow Hot Sauce, organic 12 grain & seed ciabatta

- **AVOCADO TOAST (V) | 10**  
  cherry tomato, red wine vinaigrette, olive oil, parsley, shallot, Syracuse Salt Co. flake salt, Poor Devil chili flake, organic miche

- **NUT BUTTER TOAST (V) | 8**  
  Mixed Up almond, pecan, and cashew butter, maple syrup, hemp heart, pumpkin seed, Syracuse Salt Co. flake salt, organic miche

- **BREAKFAST BURRITO | 8**  
  scrambled eggs, black bean, avocado, salsa roja, Cotija cheese, sour cream, whole wheat wrap  
  add: chorizo | + 3.5

- **GOLD BEET BAGEL WORKS | 9**  
  pickled fennel, radish, arugula, horseradish dill caper cream cheese, poppy bagel  
  add: tempeh | + 6

- **SMOKED SALMON BAGEL WORKS | 15**  
  horseradish dill caper cream cheese, cucumber, arugula, pickled red onion, everything bagel

**Beverages**

- **tea**  
  2.75

- **coffee**  
  2.5/2.75

- **latte**  
  4.25/5.5

- **cappuccino**  
  3.5

- **chai**  
  4.75/5.25

- **hot chocolate**  
  4/4.25

- **iced coffee**  
  2.75/3.5

- **iced tea**  
  2.75/3.5

- **hot cider**  
  3.5/4.5

**Lunch**  [served all day]

- **TUNA + HERB TOAST | 11**  
  radish, herb butter, arugula, lemon, organic miche

- **LENTIL + MUSHROOM TOAST | 9**  
  creme fraiche, herb, Syracuse Salt Co. flake salt, organic miche

- **HUMMUS + PICKLED VEGETABLE (V) | 12**  
  squash confit, radish, arugula, organic ciabatta

- **GRILLED CHEESE | 10**  
  caramelized onion, whole grain mustard, organic miche

- **HALLOUMI + PESTO | 12**  
  delicata squash, pesto, green olive spread, arugula, organic ciabatta

- **ROASTED BROCCOLI + CHEDDAR | 12**  
  Hawthorne Valley curtido, pimenton aioli, arugula, organic ciabatta

- **ROMESCO CHICKEN | 14**  
  aioli, pickled pepper, arugula, organic ciabatta

- **ROASTED PORK | 14**  
  pickled fennel, salsa verde, aioli, arugula, organic ciabatta

- **SPELT BERRY SALAD | 10**  
  gold beet, delicata squash, radicchio, arugula, pumpkin seed, feta, maple mustard vinaigrette, served with organic miche

- **GREEN SALAD (V) | 7.50**  
  green leaf lettuce, radicchio, chickpea, radish, hemp heart, balsamic vinaigrette, served with organic miche  
  add: avocado | + 4  
  halloumi | + 4.5  
  chicken | + 6  
  tempeh | + 6

- **SOUP OF THE DAY | 8.5**  
  served with organic miche  
  (V) vegan

**Local Purveyors**

- **BOICE BROS. DAIRY**  
  Kingston, NY

- **CATSMO CORPORATION**  
  Wallkill, NY

- **FEATHER RIDGE FARM**  
  Elizaville, NY

- **FARMER GROUND**  
  Trumansburg, NY

- **GENESEE VALLEY BEANS**  
  Caledonia, NY

- **GOFFLE ROAD POULTRY FARM**  
  Wyckoff, NJ

- **HAWTHORNE VALLEY**  
  Hudson, NY

- **HARNEY & SONS**  
  Millerton, NY

- **HUDSON VALLEY TEMPEH**  
  Kingston, NY

- **IRVING FARM**  
  Millerton, NY

- **KRIEMHILD DAIRY**  
  Hamilton, NY

- **LITTLE LEAF FARMS**  
  Devons, MA

- **PIKA’S FARM TABLE**  
  Lake Katrine, NY

- **POOR DEVIL PEPPER CO**  
  Hudson, NY

- **RED GATE GROCER**  
  Ithaca, NY

- **RONNYBROOK FARM & DAIRY**  
  Pine Plains, NY

- **SYRACUSE SALT CO**  
  Syracuse, NY

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