

CHILDREN'S NUTRITION PROGRAM OF HAITI

2017 Annual Report



HAITI



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ABOUT THE COVER
 A happy child at a CNP depistaj.
 Photographer: Russell Robards

Founder's Letter

A Word From Mitch

Kore Timoun Founder,
 Dr. Mitch Mutter



In 2018 we celebrate a special anniversary: It has been 20 years since the Children's Nutrition Program (CNP) was established with the goal of raising a generation of healthy Haitian children.

I began working in Haiti as a cardiologist in 1988. Gastroenterologist Jack Guy Lafontant, MD, was the director of Hospital Ste Croix in Léogâne. Dr. Lafontant and I both saw a need for a malnutrition program, and CNP was founded in 1998. A long history of friendship and trust has developed between the two of us as CNP and the Haitian people have worked together to address the country's nutrition issues.

Since our founding, acute malnutrition in Léogâne fell from about 25% to 3% by the time of the earthquake in January, 2010. With the influx of non-governmental organizations (NGOs) providing humanitarian aid in Haiti, CNP was able to focus on an expansion in the mountains. The diaspora of Haitian families created new challenges as the community memory of how to feed impoverished children with available local foods decreased.

Then with the departure of earthquake relief NGOs, malnutrition in the plains of Léogâne went up again. In 2017 CNP responded, and we have screened as many as 4,000 children per month and nutritionally stabilized as many as 16 hospitalized children at a time.

Dr. Lafontant, now the Prime Minister of Haiti, continues to be our friend and supporter. Progress has been made through your prayers and support, and we continue to solicit your support as we move beyond our twentieth anniversary to ensure happy, healthy families in Léogâne and all of Haiti.

Dr. Mitchell Mutter, *Founder*



CNP PARTNERS IN 2017



Message from Kore Timoun Executive Director Moriah McArthur

Haiti is a vibrant and wondrous place where people's enduring hope and resilience shine bright. Children's Nutrition Program of Haiti / Kore Timoun works hand in hand with communities to help raise a generation of healthy children who can in turn raise Haiti out of poverty. I want to personally thank each and every donor, volunteer, visitor, community leader, and staff member who has assisted in fulfilling our mission.

I am delighted to share CNP's progress and impact in 2017. This year's annual report highlights our growing coverage of communities and improved services for the most vulnerable children. Thanks to your support, we have been able to expand our community nutrition programs with eight new monitrices reaching over 1,000 additional children every month. In partnership with the Haitian Ministry of Health (MSPP), we opened a Nutrition Stabilization Unit (USN) providing critical inpatient care for children suffering the most severe forms of malnutrition. CNP is helping to ensure every child has a healthy start to life and we thank you for being with us every step of the way.

This year CNP is celebrating a huge milestone: 20 years serving the people of Léogâne! From our humble beginnings to our present activities in over 125 communities, CNP's work has impacted countless lives. As we look forward to the next 20 years, we have tremendous hope for the health and prosperity of children growing up in Haiti. We invite you to join us in the fight against malnutrition and share in the joy of empowering the next generation.

On behalf of all of us on the ground in Haiti, I want to thank you for your continued support. We hope to see you in 2018!

Sincerely,

Moriah McArthur, MSc
 Executive Director



Moriah talking to Popo resident



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USN recalibrates to provide care for acute malnutrition

Children suffering severe acute malnutrition can develop dangerous medical conditions that lead to permanent disabilities or death if not treated quickly. The most complex cases require hospitalization and specialized care from doctors and nurses with advanced training. In Haiti, a Nutrition Stabilization Unit (USN) or resuscitation center is the best place for children to receive the specialized, in-patient treatment needed to bounce back from the brink of death.

In 2016, the USN in a nearby town closed due to lack of funding. CNP was forced to send children and their guardians to a remote hospital 2.5 hours away. As a result, many parents were unable to go because the time and distance from home meant loss of livelihoods and lack of family support. In Haiti, parents or guardians are required to accompany children admitted to the hospital. Therefore, it was necessary for CNP to find an option that enabled families to stay with their sick children at the hospital for days or weeks at a time.

Upon discovering that no other possibilities existed, CNP decided to step up and create a solution through partnership with Haitian Ministry of Health (MSPP) and Doctors of the World (MdM Suisse). In January 2017, the Hopital Notre Dame Petit-Goave opened a CNP funded USN resuscitation center to provide life saving care for the most vulnerable children. Fifteen beds in the hospital's new pediatric unit are reserved specifically for children suffering from malnutrition, and the staff have extensive experience and training.

Treatment at the resuscitation center, known locally as USNTi Goave, is completely free of charge thanks to your support! In addition to funding 24-hour medical staff, CNP provides parents with a small stipend to purchase meals, diapers, and extra medication—items that are not provided by the hospital. Fortunately, the hospital is located on a main road only 40 minutes from Léogâne so family members can easily visit to provide support. All of these factors make it possible for parents to remain with children while they make a full recovery under the supervision of a doctor.

In 2017, CNP monitrices and nurses rushed 91 children to USNTi Goave. For families and communities suffering the greatest burdens of poverty and malnutrition, CNP is a lifeline. USNTi Goave is one of the many valuable tools CNP is using to turn the tide on malnutrition in Haiti.

"It's been a great collaboration and an overwhelming success—many lives have been saved," Moriah says. "We are not sure what the future holds in terms of funding, but we hope this critical resource will remain available to the children of Léogâne and beyond."



Empowering families: Helping children be children

Partnering with Haiti's Ministry of Health, Swiss Red Cross, and Family Health Ministries, we held education sessions and health screenings in Tombe Gateau for International Family Planning Day in September.

Moriah says it takes a village to prevent malnutrition in Haiti: "Families alone cannot overcome the burdens of poverty, and that is why communities come together in churches, health committees, women's groups, and schools to support one another." Extending service to the plains, expanding women's groups, and adding our latrine programs are just a few ways Kore Timoun supports the effort to provide programs that help children lead happy, productive lives.

Monitrices extend services to the plains

Our network of monitrices, women chosen from their communities to educate and empower new mothers and their children on health and wellness, are the backbone of Kore Timoun's fight for sustainable ways of ending malnutrition in Haiti. Monitrices identify the cycle of malnourishment within a family or community and then work in remote communities to break the cycle by teaching families how to use what they have to better care for their children. In the mountains of Léogâne, these women have made heroic efforts to enable happy, healthy families in their own communities.

In 2017, our monitrice program expanded into the nearby plains. Malnutrition in the plains region presents different problems than in the mountains, where Kore Timoun has worked for decades, community program manager Rose Elene Veillard says. "We have been working hard all over the mountains and have brought good results. We have very low rates of malnutrition there. But we still have problems with many children in the plains who are ill. It's important to get people's attention and identify their needs."

The need in the plains is great. In 2017 Kore Timoun started this new program with a handful of monitrices, and the hope is that funding will provide more access to healthcare in the plains in coming months.

Women's groups develop economic and social strengths

Each month monitrices lead community women's groups, where women ask questions and learn from one another—questions about local health, breastfeeding, sanitation, nutrition, and family planning. Women also work out solutions to local problems. Kore Timoun assists when needed by connecting the groups with outside resources.

The meetings also provide the opportunity to learn important skills, including basic accounting, financial planning, leadership, and organization. Women receive information on where to access legal, medical, and psychosocial services; family planning services; and information and resources relating to gender-based violence.



Children strike a pose while their parents attend a health committee meeting near Léogâne.



ARTHUR STEIN

Kore Timoun staff and residents of Popo celebrate the distribution of materials for the community's latrine project.

A new sanitation project encourages good health and hygiene now and into the future

Sanitation remains one of the most underdeveloped sectors in Haiti, leaving millions of Haitians vulnerable to disease. Since 2010, Kore Timoun has worked to increase knowledge about and access to water, sanitation, and hygiene (WASH). We are excited to announce the start of our fifth latrine project in Léogâne. Thanks to partnerships with Tennessee organizations including the Rotary Clubs of South Pittsburg, Chattanooga Breakfast, and Chattanooga Hamilton Place, we recently broke ground on 75 household latrines in the rural mountain community of Popo.

Popo is a small, remote community of less than a hundred inhabitants located in the surrounding Léogâne mountains. The Popo Latrine Project is organized through the local community health committee; a team of four Popo residents will lead the building process. In August, beneficiary families gathered to receive building materials, training, and education. Over the course of three days, community masons were trained by Herve Dumont, a previous boss mason from our latrine project in Beloc. Project manager Meti Vilus and monitor Lita Michelle led education sessions for Popo residents using interactive demonstrations and songs to underline the importance of hygiene and latrine maintenance.



WYATT MASSEY

A man unloads a bag of cement mix, which Popo residents used to construct their household latrines.

In October, building materials were transferred to Popo to construct houses for the first group of latrines. These small buildings offer privacy and reduce the number of bugs that have access to the latrines, limiting the spread of disease. Villagers are responsible for the construction of latrines, being the primary actors of change in their community. Arthur Stein, our WASH fellow, is assisting Meti in the Popo latrine project. The project is expected to be completed in February 2018.

Meti expressed the significance of this project to the people of Popo: "The work will bring about significant change for Haitian families. It will change behavior and reduce the rate of malnutrition, cholera, and lots of sickness caused by bacteria. With each project, there is much joy from the beneficiaries."



ARTHUR STEIN

Members of the latrine building crew construct a mold for the latrine platforms.



ARTHUR STEIN

The building crew constructs houses for the latrines. These buildings offer privacy, as well as reduce the spread of disease by keeping flies away from the latrines.



ARTHUR STEIN

Latrine repair after Hurricane Matthew

Hurricane Matthew caused widespread damage to our latrines in Beausejour and Berlok. The latrines in the two villages were damaged by the storm's intense winds and rain. Kore Timoun is working with villagers to repair damage done by this Category 4 hurricane.



RUSSELL ROBARDS

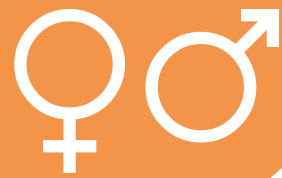


ARTHUR STEIN

Popo residents stand overlooking the mountains surrounding their community.

Maternal Health

[Contraception, breast feeding and education]



Kore Timoun's Impact: 2017

Nutrition Programs

[The heart of what we do]

37,497 children screened for malnutrition

3,125 average number of children screened per month

91 children treated at the Nutrition Stabilization Unit in 2017

544 children treated for acute malnutrition at PTA Clinics

53 community screening events held



A child receives vitamin A



7,327 doses of deworming treatment given to children

15,314 doses of vitamin A given

893 prenatal vitamins provided to pregnant and lactating women

43,650 Plumpy'Nut® sachets used to treat malnutrition

11,165 packets is a lot of Plumpy'Nut!



Monitrices

53 Monitrices

125 Communities covered by monitrices

19 New communities reached in 2017

Monitrices lead monthly support groups for women



Kore Timoun 2017 Facts

76 Haitian staff

4 international staff

6 fellows in 2017

200,000 estimated population of Léogâne in 2017



WASH

[Water, Sanitation, and Hygiene project]

75 latrines built in 2017

Access to clean water is essential to good health



Maternal health:

Encouraging happiness and health from the beginning of life

Breastfeeding benefits both mother and child

Kore Timoun promotes exclusive breastfeeding for children from birth to six months. The benefits of mother's milk are boundless. Breast milk has all the nutrients a baby needs to grow: fats, proteins, and vitamins. The milk also helps the baby stay healthy by providing antibodies to protect the child during important stages of development. Breastfeeding also lowers a mother's likelihood of getting breast or ovarian cancer.



"[Breastfeeding] is very important that a program is a nutrition program and to prevent malnutrition," says program manager Rose Elene Veillard. Good nutrition for the mother is part of the breastfeeding program: "Babies do not have enough food to eat because the people who are breastfeeding are often hungry." Good nutrition for mothers leads to good nutrition for children.

Prenatal vitamins keep mothers healthy

Maternal malnutrition contributes to a fifth of maternal deaths. Anemia, caused by iron deficiency, increases the chance of pregnancy complications and affects half of pregnant women in developing countries. During pregnancy, women need many vitamins and nutrients, such as vitamin A, iron, calcium, and niacin. Women who work physically demanding jobs may need supplements to remain healthy with the added stress of pregnancy.

During home visits or at community health screenings, Kore Timoun provides women with prenatal vitamins to fill possible deficiencies. At clinics, expecting mothers are screened for malnutrition by measuring the arm circumference.



A women's group performs a skit about family planning in Tombe Gateau for International Family Planning Day.



Birth spacing for strong, healthy families

Every mother wants to see her child grow up to be healthy, happy, and smart. The practice of birth spacing (waiting at least 18 months between pregnancies) helps a woman's body heal postpartum and supports optimum breastfeeding. This plays an important role in reducing pregnancy complications and infant mortality. In addition to health benefits, birth spacing also helps families grow when they decide the time is right for them. As a result, families are better positioned economically and socially to provide young children with attention, resources, and care during their critical development stages from birth to 2 years.

Together with partners such as the Family Health Ministries, Swiss Red Cross, and Profamil, CNP counsels women on birth spacing and family planning to help them and their families thrive. Furthermore, CNP engages men, community leaders, and elders to promote the positive impact of birth spacing and family planning in their communities.

Fellow Brooke Aksnes:

Making a connection with the people of Léogâne



Brooke fills out a health survey with a Popo resident ahead of the community's latrine project.

Where did you go to school?

I studied nutrition at Long Island University and decided to study public health. I moved to Belgium, where I went to school at the Université libre de Bruxelles. That's where I got into international development as a field. As an intern in Cameroon, I analyzed why a World Health Organization program that was effective in almost every other African country to treat a tropical disease was not effective there. I decided to continue and pursue health in a developing context.

Why do public health and development go hand in hand?

When you invest in things like health and agriculture and education, which are not as grandiose as democracy or peace building, you're giving people the resources to live more productive lives. When people are healthier, they can be more economically productive; they can just live better lives in general. In turn, they develop their own lives in a way they deem appropriate.

What work do you do here?

Monitoring and evaluation. I see whether we are meeting our program objectives, learn why or why not, and then figure out ways to improve our programs based on what we know.

What from your work are you most proud of?

I evaluated implementation of our past two latrine projects. We looked at how the program was implemented compared to what was on paper, and what the reasons were for positive or negative deviations. We then developed recommendations to improve our current latrine project. Almost all of them have been implemented, and the people in Popo are already more involved.

What most surprised you about Haiti or the work you did?

Coming down here and developing relationships with people who come from totally different backgrounds and realizing I can connect on a human level has really been the most surprising.

What do you like to do in your free time?

I picked up Latin dance while I've been here, something I always wanted to do, and it happens to be the main social scene in Léogâne. I had a dance teacher throughout my time here and I've made the majority of my Léogâne friends by going out dancing.

Are there any specific memories or places you visited that stand out?

Yes. I went up to Dijon to do some data collection on a latrine evaluation. Because it was so far away, I stayed overnight at Sultanne's house. I didn't speak Kreyol, but she put me in the house with her five daughters. They chucked questions at me nonstop for hours and they braided my hair. They thought it was so funny that my dog was spayed, and we called it family planning. They looked through all the pictures on my phone. It was really a nice experience to stay with a monitrice's family and really make a connection with her daughters, even when there was a language barrier.



Monitrices put families on the path to good health, happy lives

Litha Michel's hard work helps alleviate suffering

Litha Michel has been a monitrice with Kore Timoun five years – since October 2012 – and she is very busy. On a typical day Litha visits with children and pregnant women, counseling people on nutrition and family planning. Much of her time is spent teaching, she says: “I have training sessions for women, the health committee, and a young people’s group.”

Litha finds meaning in her work when she helps kids “escape from malnutrition,” shows women how to manage their pregnancies, or helps families get to the hospital when medical care is needed. “It is not easy,” she says, “but I love my job.” On days she is tempted to stay home, she remembers that “someone needs me, someone is suffering,” and she doubles her effort as a way of combatting that suffering.

Litha says the rewards for her job are great. Her efforts to respond to their needs are always appreciated, she says, and the people she counsels make a great effort to follow her nutritional and medical advice: “I get respect from people by talking to them and encouraging them about how to live.”



Montrice Litha Michel

New Monitrice Perpetua Dupont earns respect in her community

Monitrice Perpetua Dupont has worked since March 2017, and already she has touched lives in several remote communities. In Bosan she has helped many malnourished children, but with 896 households to monitor, she is challenged to visit each family. During visits she talks with families, verifying that the children are healthy. If they are not, she says, “I get medicines at Kore Timoun. And if they are serious, they are sent [for in-patient care] so they can be treated. If a child has diarrhea, we talk to them about hygiene. We give them tips and talk with them how to manage children better.”

When she is not visiting homes, Perpetua assists in a depistaj, a community screening program used in places where there are no monitrices for in-home visits. There she helps weigh and measure children to monitor growth over time. The children, she says, have different reactions to the monitoring process: “There’s a little bit of howling on the scale,” she says with a smile. “Some do not cry and, with others, there is a lot of crying.”

A married mother of two, Perpetua dedicates her life to her job because by helping her community she is helping her own family. And her work has already earned recognition as a community leader. “Children recognize us from the visits. They say, ‘Perpetua, how are you?’ You are called!”

Our monitrices cross roads and mountains to reach the children they screen for malnutrition.



Montrice Perpetua Dupont

Thank you to our donors in 2017

These individuals and organizations generously supported the CNP of Haiti this year.

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Scott and Mitzi Ruth
Coleen Sain
Sarah Salerno
Andrew and Rosanne Sanislo
Keith and Julia Sanford
Martin and Christine Schuepbach
Scott and Beth Self
Mildred Sieber
Taryn and Smith Silver Lorthe
Sandy Skorput
Melody Smallwood
Augusta and Pat Smith
Taylor Smoak
Lynne and Robert Spires
Gary and Debbie Spring
Michelle Staszak
Jeannine Steed
John and Merrile Stroud
Barry and Nancy Stutts
Kevin Sullivan
Brad Suneson
Norman and Cynthia Szymanski
Tom Tang
Alex and Sissy Tarumianz
Harry Tate
Ann and Wayne Tideman
Cynthia Treaster
David and Katherine Tugman
Alison Van Dusen
Patricia Van Zandt
Enrique and Karyn Vizoso
Colleen Welch
Mary Wiggins
Sam and JoAnne Williams III
Benjamin Wilson
William and Mary Wray
Wade and Sally Wright

MEMORIALS

Those being remembered are in bold followed by those who have given in their memory

Robert Bond
Linda Kleinpeter

Bobby Caldwell
Virginia Caldwell

David Dunn
William White

Nancy Hudson
Marshall Mitchell

Suzanna Maloney
Steven McArthur

Reginald Mutter

David Bess

David M. Nierste
Harry & Jean Snyder Family Trust

Richard "Rod" Roth
Anonymous

Graeme Sieber
Mildred Sieber

Senator Fred Thompson
Bonita Sansonetti (2)

Deborah Elkins Watlington
Linda Schock
Patricia Lindley

HONORARIA

Those being honored are in bold followed by those who have given in their honor

Todd & Jennifer Bell
Gordon Bell

Dan & Ellyn Cauble
Melinda & Eric Ellis

Judy Elb
Jeanne Werner (2)

Dr. & Mrs. Eric Ellis
Beverly Clapp

John Foy
Philip Meyer (2)

Dr. & Mrs. M.F. Goodbody
Elizabeth Goodbody

James C. Hudson
Marshall Mitchell

Charles Jennings
John Guthrie

Dr. Raymond Maucere
Teen Challenge of Mid-South
Lee Ballenger

Mary N. Moore
Ted Moore

Dr. Mitch Mutter
Subhi Ali
Carter Paden
Haden Gibbons

Mitch and Carol Mutter
Bill Aiken

Rivermont Presbyterian Church
John Guthrie

John and Mary Talbird
Paul Cornea
Laura Davis

John Talbird
William Garner

Marriage of Patricia Legere and Rob Watlington
Elizabeth (Betsy) Caldwell

Mr. & Mrs. Jack Vaughn
Martin Schuepbach

GIFTS IN KIND / VOLUNTEERS

Baker Donelson
Brooke Aksnes
Bergen Baucom Aldahir
Charlie Belcher
Phyllis Belcher
Gretchen Berggren
Jay Blevins
Tanya Braune
Mike Brown
Jim Burer
Senator Bob Corker
Leanne Courtney
Chris Devaney
Cathy Dorvil
Judy Elb
Peter Ferris
Keith Grant
Mary Graves
Bill Honeycutt
Ruth Ann Honeycutt
Jim Hudson
Imbibe
Doro Bush and Bobby Koch
Maggie Latta
Taryn Lorthe
Philip Lucky
Wyatt Massey
John McArthur
Polly McArthur
Dorothy McDuffie Writing/Editing
Phoebe Meyer

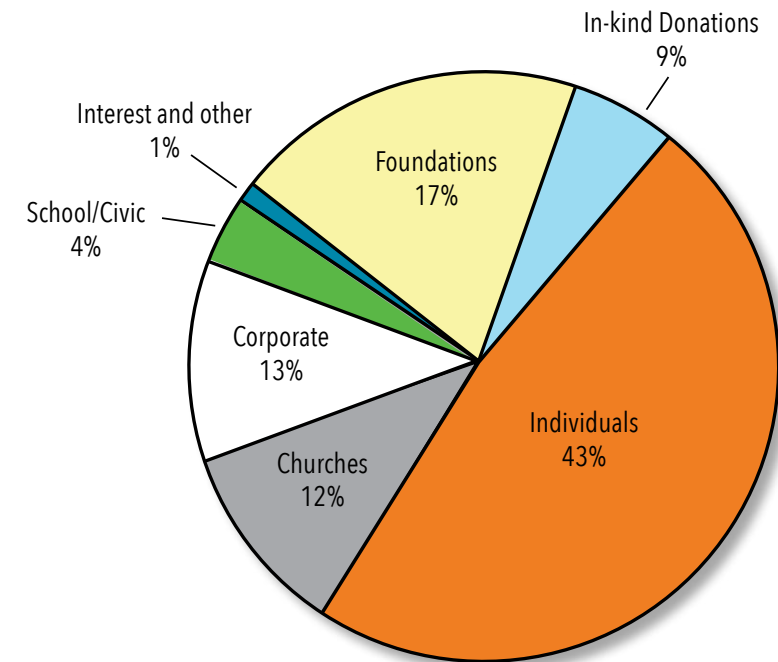
Jan Michaels
Keith Michaels
Mitch and Carol Mutter
David Newberry
Stefanie de Olloqui
Erwin Ovalle
Steve Powers
Profamil
Richard Randolph
Peter Rawlings
Bill Reason
Laura Reid
Rivermont Presbyterian Church
Robinson, Smith & Wells, PLLC
Jim Roxlo
Barrett Schock
Linda Schock
Manish and Maya Sethi
Jared Smith
Justin Smith
Sofia
Arthur Stein
Chuck Sternbergh
Martha Sternbergh
Robert Stone
John and MaryTalbird
Maggie Tanner
Rev. Dr. Clay Thomas
Rick and Christy Torok
Patricia Watlington
Rob Watlington
Annette Vaughn
Jack Vaughn
Vitamin Angels

CLINICS AND WORK TEAMS

Drew Barber
Tim Bristol
Jim Burer
Dan Cauble
Valerie Coleman
Gina Dieudonné
Bryan Elkins
Peter Ferris
Keith Grant
Kelly Hays
Ruth Ann Honeycutt
Amy Jordan
Donna Kedrow
Jack Kincaid
Pam Kincaid
Jim Kirksay

Mark Lampley
Liz Summit Lovelace
Mary McCreedy
Mitch Mutter
Rachel Trent Overall
Kate Pionke
Laura Reid
John Rennich
Holton Siegling
K. Soriano
Chuck Sternbergh
Martha Sternbergh
Ken Stockwell
Priscilla Stockwell
Gloria Summers
Cortez Taylor
Ted Taylor
Alex Watlington
Ben Watlington
Rob Watlington

SOURCES OF CNP SUPPORT



Based on 2016 financial data examined by our auditors, Mauldin & Jenkins, PLLC. The Children's Nutrition Program of Haiti, Inc. is a 501(c)(3) non-profit organization.



Children's Nutrition Program of Haiti, Inc.
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www.cnphaiti.org

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Here's what your money can do in 2018

COST

OPPORTUNITY

\$2,500

Sponsor a Monitrice. Our community nutrition workers are the heart of the CNP/ Kore Timoun. Sponsorship assists a monitrice in all facets of her job including training, transportation, and materials to ensure every child in her community receives home visits, health education, and malnutrition screening.

\$1,000

Save a child. Support for our acute malnutrition treatment programs guarantees children receive quality outpatient care from nurses who travel throughout the mountains of Leogane.

\$500

Build capacity and resilience. Education and skills training for community leaders, health committees, and women's groups empower communities to overcome challenges and raise a generation of healthy children who can in turn raise Haiti from poverty.

\$250

Reach every child. Help CNP provide services to children in communities that do not have a monitrice. Community events such as Depistaj make nutrition screenings, vitamins, dewormer, and breastfeeding support accessible to everyone.

\$100

Provide an emergency lifeline. Support for inpatient treatment at the hospital enables families, nurses, and doctors to provide critical care for the most vulnerable children.



Donate to our operating budget. Any amount is appreciated to help pay for Haitian staff, materials, and logistical resources that allow our programs to exist.

Scan this code with your smart phone to make a secure credit card or PayPal donation to Children's Nutrition Program. Thank you for your support!

