

## Adventure-Ready Beauty Products You'll Actually Want To Use

By Samantha Durbin

Ever wonder what beauty products those badass women who climb mountains and swim with sharks use? They must use something serious to protect from damaging rays while kayaking, condition hair while backpacking, and—ahem—stay *fresh* while road-tripping. We tracked down a few outdoorsy women and yeah, they use some stuff.

One of these women SCUBA dived the continental divide in Iceland. Another took only 67 showers during her yearlong road trip across the U.S. while living out of a big yellow van. And the third spent a week ice climbing the Adirondacks. These explorers are beauty experts all right, preferring naturally derived and multipurpose products that are lightweight to carry.

Camp curious, glamper, or the next Cheryl Strayed? Consider these seven tried-and-true products that will keep you glowing around the campfire.

### YOUR ARMPITS WILL THANK YOU

Free of synthetics and larger than your average wipe, both Johnnie Gal of [Dirtbag Darling](#) and Katie Boué from [The Morning Fresh](#) recommend Action Wipes. For times when Gal can only shower once a week, she uses them between showers to “wash up with these great-smelling, reusable wipes.” She then repurposes them “to clean dishes and shoes.” Boué finds them motivating: “You'll be more eager to get a little dirty on the trails knowing you can easily clean up later.”

### SPF SAFETY FIRST

You knew sunscreen was in this mix, but sticky SPF is the adventurers enemy. As is scented sunscreen, which can attract bugs. Bugs! Ew! Sticky attracts dirt and, even though, a little dirt don't hurt, pore clogging can be avoided on precious areas like the face. Gal faces dirt and dust almost every day, especially when hiking and mountain biking, and says Coola Organics' SPF 30 unscented matte tint “almost feels like a silky primer.” Plus, it's reef-friendly and TSA size approved, so put in your carry-on and carry on.

### TOTALLY BUGGIN'

[Rachel Rudwall](#) just climbed Mt. Kilimanjaro for her honeymoon. Enough said. When it comes to bug repellent, she's anti-Deet all the way and uses Odomos Mosquito Repellent Cream, which “goes on like a moisturizer, and smells like an afternoon at the spa. It repels mosquitoes better than the intense repellants like Deet, which have such harsh chemicals,

they'll eat through your rain gear." This stuff provides 12-hour protection against Dengue, Malaria, and Chikungunya. Take that Deet!

## ALMOST NATURAL WOMAN

Warning: you may get some dirty looks from other campers if you're seen applying makeup. Well, they can look like cave people while you look your rugged best using the waterproof version of American classic, Maybelline Great Lash mascara. Boué admits "I may have lived in a van for a year to camp and adventure, but I still like to look like a lady—and this mascara lasts long without getting clumpy or smearing." You can probably find a new tube of this drugstore staple along the road if yours is ever lost and sacrificed to the nature gods.

## HAIR & THERE

When you're in the thick of it, you're going to sweat, you'll have hat head, and there will be greaser moments. No fear, dry shampoo is near. We're forever indebted to the genius creation, but you would think it was a wilderness girl who invented waterless shampoo. Rudwall assures us, "when you're in the wilderness for days at a time, dry shampoo will have you feeling like new." She swears by Lulu Organics' Lavender Clary Sage 1 oz Powder, as "it's lightweight, packable, and easy to apply." And that art nouveau packaging? Pretty as a sunset.

## ACTION PACKED

If you're going to smell like the great outdoors, it mine as well be the Pacific Northwest. Gal keeps her body, and dishes, fresh with this multipurpose Juniper Ridge Trail Soap with "ingredients harvested from plants, barks, and mushrooms found in the Oregon backcountry." The Cascade Glacier scent is her favorite, reminding her of some of her awesome trips. The hand-carved wooden cap sure sets the mood.

## WAKE UP CALL

Envision waking up in a sleeping bag on an open-air wooden platform watching the sun rise over Big Sur's Cone Peak mountain. Can't quite see it? Close your eyes and spray Aesop's Immediate Moisture Facial Hydrosol to at least smell it. One of my on-the-go essentials, it's a breath of fresh mist that requires no dirty fingers to apply. It has an earthy rose scent and Citronellol, a natural bug deterrent derived from rose, geranium, and lemongrass. Use often and your skin will go from windblown and dry to pleasantly moisturized.