



The Lion's Tale

The monthly newsletter of Stainland Lions Running Club
October 2016

Ramblings from the Chair

Well it's getting to that time of year when Hi-Vis and Head Torches are needed, time flies by so quickly. Also this month people will find out if they have got a place in the London Marathon so good look to all that entered. Don't forget if you missed out you will have a chance in the club draw as well, details of that will follow when we get our allocation.



Also this month Sandra will be advertising for places on next year's committee when Sandra takes over as chair, can't believe my year is nearly over. If you want to be on the committee and have a say in how the club is run in the future then please speak to me, Sandra or any committee member to see what's involved and the kind of commitment that is needed, it is very rewarding.

I would like to thank Tony Mott for his work on the Stainland Trail this past four years it has grown and become a staple in our calendar. It's not easy organising a race, and as he admits couldn't have done it without the help this year of Louise Pottinger, the registration team, Mark Pottinger and all the marshals that made it such a wonderful experience for everyone. It is indeed a pleasure for me standing at the top of the cow field watching everyone "run" up that section. The T-Shirts this year were a brilliant design as well done by our very own Andrew Laird-Boldy. Tony is retiring as race director so if anyone wants a challenge for next year then this is a good chance for you to take on the role. You will get lots of help and assistance.

October the 9th see's some Lions taking on the Yorkshire Marathon with lots of Lions in support and also running the 10 mile race, good luck to all and once again Dawn has organised a fun bus.

The Annual Dinner is now on the forum, get your name and menu choices down quick for the event of the year, the closing date is the 15th December and the cost this year is £31 per person. It's always a brilliant night, I'll try and keep the speeches short so it leaves more time for drinking and dancing.

That's all this month from me, see you all soon.

Simon X

Club Championship Report

Oct-16

by Mark Preston

Only 4 events to go now in this years championships (Including The Track Race - Results Pending) & still plenty of silverware up for grabs. Once again a record number of runners have taken part.

These are some of my personal memories of the year so far:

This year has seen the introduction of some new races, such as the Eccup 10 & the Bunny Run fell races. Excellent events suggested by club members. Also some old favourites have made a comeback such as the Dent 14.

I almost picked up maximum points at Dent despite being in terrible shape & cramping badly at about mile 11. The only sensible decision I made that day was not to board the team bus, which almost didn't make it. I would of course have cancelled the event had the bus not made it (Honest). Big personal thankyou to Cameron Rushworth who I'd run with until about mile 10, who ran about a mile back after finishing to make sure I crossed the line. Top lad. I of course rewarded him by promoting him to Division 2.

The Sowerby scorcher was memorable. I had done my 100th park run in the morning. I decided to run it with my soon to be 7 year old son Oliver. I expected him to do it in about 36 Minutes based on his junior park run times, he managed 32 & no walking.

I enjoyed the Northowram Burner too. A new event to everyone & a good one, tough & blistering hot though.

The Woodland challenge was also memorable. Last year I picked up a calf injury in the first half mile & managed a personal worst. This year I had the same injury before I even started the race & actually managed to run even slower.

Kirkwood Hospice was a good one for me. It convinced me I was definitely running better. Nice atmosphere & lots of Lions running.

As always it's been nice to see the enthusiasm of some of the newer members who have entered for the first time. I can think of a few who have made big improvements in the year, Sue Cash, Cat Daniel, Rikki Hammond, Gerry Banham, & others who have been around for a while who have made big leaps forward this year, Richard Crombie, Liz Norman, Graham Teal. Others haven't been so lucky & have been plagued by injury.



As for Hutchie, truly remarkable & inspirational. Currently in 6th place, but still only 8 counting races. Andrew Laird-Boldy is in 1st in this division with 7 wins from 11 races, but with James Penson & Jim Harris breathing down his neck. Leon Severn & Andy Earnshaw are also in the scrap.

The Hall brothers, Steve & Chris, could be making history in division 1 as the first siblings to both win a trophy in the same year. Jonny Cartwright, Adam Scratched & Fast Ed Hyland are still more than capable of spoiling the party.

Richard Crombie has had a superb year in division 3 & is now hot favourite to take the title. Gery Banham is now back from injury & could pose a threat. Off road specialist Martin Wood has also had a good year & will be hard to catch in 3rd. Steph Hopkins has made big improvements this year & is likely to be a serious contender next year.

Graham Teal is 4 points clear in division 4 over the consistent Steve Hallam. Newcomer Jan King is looking a safe bet for 3rd, but Helen Hudson is running well despite still having only 6 counting events so far.

Division 5 seems to have been a 3 way dog fight all year between Nikki Cartwright, Ray Mooney & Angela Lee. Nikki appears to have it sown up in 1st, Ray is 2nd, but as it stands Ray & Angela have raced 7 times this season & Angela has won 4 to Ray's 3.

Sharon Marlor-Gage has run consistently well in division 6 & is now in an unsailable position. The other placings are between Sue Cash, Graham Robertshaw & John Rushworth. John has 5 wins so far this year, but anything can happen.

Division 7 has ebbed & flowed all year. Michelle Rushby is the in-form runner, but has only done 5 events, winning 4 of them. Alex Whyte is currently top on 259 points, with Karen Appleyard & Jackie Barker in joint 2nd on 253. Ginny Rushworth is in 4th with 224 points but a race in hand. I can confidently predict that this division really won't be decided until the last race of the season.

I am already being asked by some of the runners who have joined very recently about next years championships. As always all are welcome.

There's been the usual friendly competition & banter all year. Several runners have already suggested other runners who they think should be promoted next year. Strangely it's always people from their own division.

I've had the usual cash bribes in order to put people in a more favourable division. All meant in fun of course. I do get a few emails from other clubs these days & approached at various races with a view to including their events in our championships.

Hopefully most of you have enjoyed the competition. 2017 will be the 15th year of the championships. All suggestions are always welcome on how to improve it. The idea is to try & please everyone by having a mix of different types of event, from flat 3k track to fell races & from park runs to half marathons. No marathons though please as I like to encourage as many new runners to enter as possible.



STAINLAND LIONS NEWSROUND



By Sandra Robertshaw

As darker nights advance towards us, Lions are busy dusting down their head torches and reflective running gear ready to tackle our usual exciting club runs, but this time in the dark!! This month has been a busy one, so strap yourselves in for a bumpy ride through this month's races, and as usual excitingly unhindered by reporting restrictions.

Hades Hill Fell Race (otherwise known as “The Truth about Cats and Dogs”): A fell race with a huge three mile climb before looping back via a perilous descent to the finish line. A club championship race ensured that there was a high turnout for this technically challenging course, and despite Sarah Lunt tripping over Barrie the **dog** (resulting in a nasty bruised thigh) everyone made it safely back to base. First back for the Lions was Ed Hyland and first Lady Lion was Nicki Cartwright. A special mention for **Cat** Daniels who put in a great performance as one of our newer members, and clearly took advantage of the **dog** tripping episode! **Results:** Ed Hyland (34:56), Paul Senior (37:17), Stephen Hall (38:14), Adam Scratcherd (39:44), Chris Hall (42:02), Andrew Earnshaw (42:35), Richard Crombie (43:21), David Doyle (44:53), Martin Wood (45:22), Craig Miller (45:53), Jim Harris (46:16), John McNutt (48:25), Nick Thompson (49:14), David Culpan (49:31), Gerry Banham (50:19), Mark Preston (50:29), Ian Johnson (52:41), Steve Hallam (52:54), Ray Mooney (54:14), Nicki Cartwright (54:57), Angela Lee (56:55), **Catherine** Daniel (57:04), Sarah Lunt (60:24), John Rushworth (60:48), Sue Cash (65:17), Judith Greenwood (70:51), Sue Shepherd (70:52), Jackie Barker (70:53).

Kirkwood Hospice 10k Trail Run: one of our annual championship runs for the Lions, this is a fast and flat course organised by Kirkwood Hospice and is a great favourite with some of our runners. With it being a Championship race there was yet again another high turnout with regulars and some of our newer runners all participating and giving it their all. This year the first Lion back to base was Paul Senior for the men in a time of 39:19, and first lady back for the Lions was Stefanie Hopkins in 44:20. And how exciting, from the newer end of the club, a special mention for Cat Daniel (again) and Michelle Rushby who both put in such blistering times that we are all wondering if they are secretly drinking rocket fuel and eating raw meat - well done to you both and the rest of our newbies. This just goes to show how brilliant our Beginners Course is, as Madonna would say “....take a bow...” Messrs David Rushworth and Graham Robertshaw (Chair and Vice-Chair of Beginners), not only are they both outrageously handsome but they are also very good at training our beginners, you should both be very proud of all your cubs!! **Results:** Paul Senior (3, 39:19), Stephen Hall (8, 40:23), Chris Hall (10, 40:39), David Roberts (12, 42:15), James Pension (15, 43:14), Richard Crombie (18, 44:19), Stephanie Hopkins (20, 44:20), David Hutchins (25, 45:17), Mark Preston (29, 46:16), Nick Thompson (36, 47:04), Michael Greer (37, 47:29), Andrew Laird Boldy (38, 47:34), Graham Teal (40, 47:46), Steve Hallam (43, 48:09), Gabby Ferris (47, 48:38), John Hirst (48, 48:41), Rikki Hammond (54, 50:04), Ian Johnson (59, 51:25), Jan King (60, 51:35), Angela Lee (66, 52:14), Cat Daniel ((80, 54:11), Ellie Pearson (87, 55:20), Matthew Pearson (88, 55:20), Sarah Lunt (96, 55:55), Joanne Cook (103, 56:59), Caroline Ford (113, 58:14), John Rushworth (116, 58:28), Michelle Rushby (125, 59:31), Sue Cash (145, 01:02:05), Catherine McHugh (148, 01:02:13), Judith Greenwood (151, 01:02:32), Karen Apleyard (154, 01:02:48), Helen Shenton (155, 01:02:54), Alex Whyte (156,

01:03:17), Liz Hallam (162, 01:03:58), Clare Brear (175, 01:05:44), Anne Cawdron (176, 01:05:51), Jackie Barker (178, 01:06:12), Dawn Medlock (181, 01:07:01), Colette Croft (187, 01:08:02), Abi Howarth (188, 01:08:02), Sandra Robertshaw (201, 01:12:48), David Todd (203, 01:13:37), Lisa Thompson (208, 01:14:31).



Kirkwood
Hospice
10K

And in our regular “Nutters Corner” step forward the amazing, and superbly fit Mr Andrew Falkingbridge who took part in the **Sundowner Triathlon**, a fantastic and well received middle distance triathlon from the ever popular Allerthorpe Lakeland Park. In true Lions style, Andrew set himself personal best records in each discipline (swim 40:37, cycle 03:06:42, run 51:22), he finished overall in 298th position in a time of 06:25:05. What an outstanding and inspirational Young Lion Cub!

Whilst we are in the throws of the Paralympics this month, it has clearly been an inspiration to runners and athletes across the country and this has proved to be no different for Stainland Lions.

Great North Run: As Mo Farah raced over the finish line covering the 13.1 miles in an hour, our plucky Lions attempted to chase after him. The closest to catching the great man was our own Andrew “Just Call me Mo” Laird Boldy who finished in a time of 01:31:29, subsequently chased in himself by the first Lady Lion, Julie “I’m taking you down” Field, who came in hot on Andrew’s heels in a time of 1:33:10. A lot of training has taken place for this little chestnut of a race, so well done to all of you who have toiled away so hard each Sunday on your long training runs, sometimes its not about who is fastest but about hard work and perseverance getting you to the end of a very busy and challenging half marathon. **Results:** Andrew Laird Boldy (902, 01:31:29), Julie Field (1097, 01:33:10), Rochelle Drake (1748, 01:37:34), Gareth Duckworth (3245, 01:43:20), Gareth Hooson (3497, 01:44:07), Emma Forrester Thompson (3900, 01:45:20), Rikki Hammond (6256, 01:51:21), Claire Guest (7292, 01:53:33), Angela Lee (10704, 01:59:22), Joanne Cooke (13022, 02:03:31), Jenny Walker (17202, 02:11:10), Sally Hackney (18303, 02:13:14), Diane Thornley (21122, 02:18:12), Dawn Medlock (21414, 02:18:45), Simone Zoledziejewski (24149, 02:23:52), Alex Whyte (24336, 02:24:13), Stephanie Hull (24918, 02:25:20), Anne Cawdron (25453, 02:26:27), Laura Thompson (26277, 02:28:10), Alison Pearson (26863, 02:29:18), Cheryl Hill (28015, 02:31:43), Abi Howarth 28258, 02:32:17, Roger Smith (28496, 02:32:50), Valerie Nicholson (29373, 02:34:52), Colette Croft (29770, 02:35:42), Karen Appleyard (29964, 02:36:12), Carol Heptonstall (32685, 02:43:39), Helen Whitworth (32881, 02:44:12), Rachel Lawton (33993, 02:47:53), Tristan Tyson (38327, 03:08:39) and Melanie Broadbent (40785, 03:46:16).

STAINLAND LIONS NEWSROUND (Continued)

Yorkshireman Off Road "Half" Marathon: Whilst our GNR runners were racing after Mo Farah, we had another great turnout for the super challenging Yorkshireman, a cracking 15 mile "half" marathon (clearly measured in Yorkshire miles!). As if this wasn't a challenging enough route, we had two husband and wife teams running together (and I am delighted to confirm that there were no "domestics" on the way round for either the Cartwrights or the Marlor-Gages). We also had the return of two of the Fabulous Running Rushworths (John "2nd Funniest Lion" Rushworth and Cam "Black Sambucca" Rushworth). First intrepid Lion to come home was Jonathan Collins in 01:49:35 and first Lady Lion was Nicki Cartwright in 02:45:35. Nicki was paced round to her brilliant finish time by her Bouncing Tigger of a husband, Jonny "Buns of Steel" Cartwright. **Results:** Jonathan Collins (01:49:35), Paul Senior (01:57:48), David Webb (02:09:28), Andrew Earnshaw (02:09:45), James Penson (02:16:31), Will Rushworth (02:17:06), Derek Doyle (02:17:25), Jon Ingles (02:17:29), David Hutchings (02:22:56), Chris Hall (02:23:17), Andrew Baird (02:30:47), Steve Hallam (02:33:05), Ray Mooney (02:40:58), Gerry Banham (02:41:30), Nicki Cartwright (02:45:35), Jonny Cartwright (02:45:38), Sharon Marlor-Gage (02:53:23), Paula Pickersgill (03:01:15), John Rushworth (03:13:01), Terry Marlor-Gage (03:14:36).

Yorkshireman Full Marathon: Whilst the half marathoners were pounding round the Yorkshireman Half we had three Rock Hard Lions of Steel who went that bit further by undertaking the Full Yorkshireman Marathon, a magnificent performance from our own Lucy Collins meant that she went on to win in a time of 3hrs 54, a superb effort from our young Lioness. Not far behind we had the ever experienced, Sandy Gee who sauntered over the finish line in 05:21:20 with Aileen Baldwin snapping at his shapely ankles in a finish time of 05:36:04. Absolutely brilliant performances from our kids I think you will all agree.

Vale of York Half Marathon: A fast and flat half marathon in aid of Sue Ryder, this race starts and ends by a runway and takes in some great scenery along the way. It is also known for a Personal Best course and this year proved to be just that for Sarah "Fly Me to the Moon" Lunt who, fresh from her tangle with Barrie the dog, knocked a massive 7mins off her last half marathon time - I trust this isn't due to eating Raw Dog! First Lion to cross was Rebecca "Forrest Gump" O'Neill with Helen "I take no Prisoners" Fay roaring in behind her and Tim "Dandy Highwayman" Neville trotting in as the first Man Lion. **Results:** Rebecca O'Neill (495, 01:44:17), Helen Fay (559, 01:46:28), Tim Neville (560, 01:46:32) Sarah Lunt (875 01:57:54), Holly Maddocks (1448, 02:27:04), Jeanette Campbell (1558, 02:44:11) and Judith Macdonald (1559, 02:44:12).

Shepley 10k: Meanwhile over at Shepley a short delicate 10k race was taking place with our one and only Nick Thompson representing the club in his usual flamboyant style. Nick took on the challenge, thrashed it and came speeding through in 34th place in a time of 49:59. Well done young man!!

Spennings Greenway 10k: still struggling with results for this one, but many thanks to Jan King who confirmed finish times as follows: Michael Greer 46:04, Jan King 51:15 and Ellie Pierson 55:36.

YVAA Cross Country Championships: The Yorkshire Veterans Athletics Association held their Championship this week, with three hotly contested races. In Race 1 for the Ladies over 35 and the Men over 70 (I won't comment on this rather odd combination!!), our own Aileen Baldwin was the first Lion crossing the line and also won her age category (F60), followed in by Rikki Hammond. **Results:** Aileen Baldwin (29th, 20:29), Rikki Hammond (31st, 20:40). In the second race for men aged 50-69,

Mark Preston led the Lions in, coming 43rd in 39:29, and finally in the third race for men 35-49, Phil Moyles led the club to the finish line coming in in 43rd position in a time of 36:25. **Results:** Phil Moyles (43, 36:25), Richard Crombie (59, 38:59), Andy Baird (64, 39:52). The three boys finished fourth in the team category.

Harrogate Haverah Trail Race: A pretty 10 mile race following the trails and foot-paths from Beckwithshaw Village to Norwood village, taking in Haverah Park, Beaver Dyke Reservoirs and John O'Gaunts Castle. First to finish for the Lions was Jonny Cartwright who came in 8th position in a time of 1:09:20, chased in by fellow Lion David Roberts, who despite consistently moaning about his own racing form these days also managed to finish first in his age category (M50). First Lady Lion to cross was Rebecca O'Neill who finished in 118th position in a time of 1:33:10. **Results:** Jonny Cartwright (8th, 1:09:20), David Roberts (21st, 1:15:16), David Culpan (59th, 1:24:17), Rebecca O'Neill (118th, 1:33:10), Catherine Daniels (141st, 1:37:54), Roy Lunt (146th, 1:39:39), Nicki Cartwright (162nd, 1:43:10).



Ironman Wales: in our “Nutters Corner”, we have the truly amazing Andrew Falkingbridge who yet again tested his abilities to their limits by completing the Ironman Wales course, which has some of the most challenging bike and run courses on the Ironman calendar. Finishing overall in 1,501, Andrew completed his 4,474 yard swim in 01:19:32, his 110 mile cycle ride in 08:02:04 and his 26.2 mile run in 05:57:59. His overall finish time came in at 15:53:20.



A busy weekend of racing for the Lions, first up was the **Robin Hood Half Marathon**, unfortunately not many sightings of Merry Men, but despite the disappointment Claire Guest continued to conquer all half marathons that she enters. She shot like an arrow through the field of runners and came in 2,052 position in a time of 01:54:56, reliably informing me (with her usual verbal style) that it wasn't as flat a course as she thought.

Meanwhile over at the sunny **Rochdale Half Marathon**, three of our elite runners took on this particularly interesting Lancashire challenge, with Chris Hall first Lion to canter over the finish line, swiftly followed by Gabby Ferris and Paul McCormick. **Results:** Chris Hall (28, 01:31:43,), Gabby Ferris (134, 01:45:34), and Paul McCormick (136, 01:45:52).

In Macclesfield, Simon Rawnsley and Martin Carr took on the mighty **Macclesfield Half Marathon**, with Simon coming 38th in a time of 01:30:24, and Martin Carr coming in 451st in a time of 02:07:55.

STAINLAND LIONS NEWSROUND (Continued)

The Lions hosted their annual **Stainland 10k Trail Race**, a popular local challenge involving lots of grass, mud and inquisitive cows. With the help of some outstanding organisation, magnificent marshalling and winning water stations, the Lions scored the first male and female finishers. Our own “Fast Eddie” - Ed Hyland (on right) romped to victory in a rocket fuelled time of 43:25, and was chased in like a bird of prey by the first lady, our own Lindsey “Ladyhawk” Oldfield in 50:23. Special mention for some of our newbies, Stuart Hardaker, Christine Cliffe and Lisa Galvin who put in fantastic performances, with some brilliant running from all three and they should all be very proud of their efforts as this isn't an easy course to conquer, so well done to the three of you! **Results:** Ed Hyland (1, 43:25), Lindsey Oldfield (8, 50:43), David Roberts (9, 51:01), Richard Cade (11, 51:58), Andrew Earnshaw (15, 52:49), Philip Moyles (16, 53:22), Ben Simpkins (20, 55:04), Julie Field (21, 55:07), Derek Doyle (22, 55:11), Dave Hutchings (26, 55:38), Rochelle Drake (28, 56:00), John Bassinder (31, 56:24), Kevin Jagger (35, 57:12), Mark Preston (43, 58:56), David Culpan (44, 59:04), Gareth Duckworth (46, 59:14), Andrew Baird (49, 60:20), Martin O'Brien (58, 62:40), George Serban (60, 63:48), Aileen Baldwin (62, 64:52), Roy Lunt (63, 64:52), John Hirst (66, 65:30), Stuart Hardaker (74, 66:37), Rebecca Butler (76, 66:59), Dave Hudson (82, 68:17), Roger Smith (89, 69:26), Caroline Ford (94, 71:32), Graham Teal (95, 71:35), Steve Boyer (96, 72:13), Christine Cliffe (109, 77:02) and Lisa Galvin (124, 91:30).



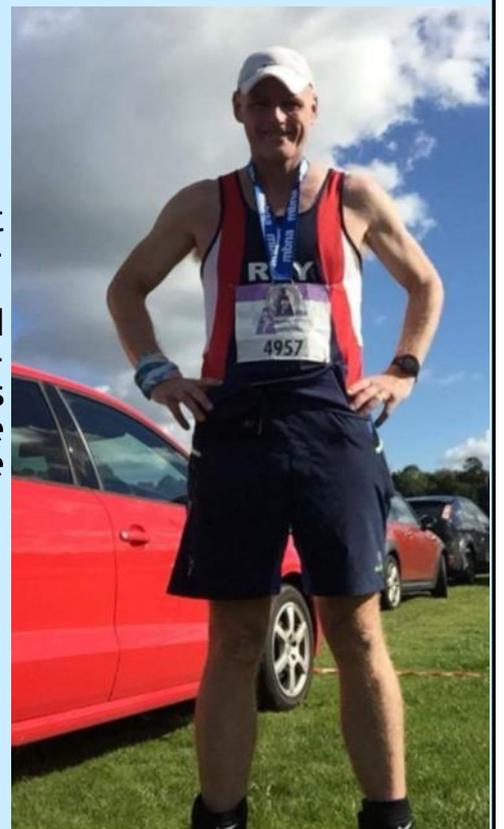
And our favourite husband and wife team of Diane and David (Mobot) Waite were also in action this weekend deciding to take their special brand of Yorkshire grit and determination for a trot round the **Sutton 10k Race**. David finished 42nd in a time of 48:15 and this time Diane followed in his wake coming in 101st in 52:06.





Littleborough 10k: Another local favourite which was attended by a small pride of Lions. First to finish for Stainland was Margaret Beever who also won her age W35 age category, followed in by Andy Baird and husband and wife team David and Diane Waite, the latter also winning her W50 age category - so a loud cheer for our Ladies this weekend. **Results:** Margaret Beever (13, 40:15), Andy Baird, 51, 44:15), David Waite (91, 48:38), Diane Waite (114, 50:22), Sarah Lunt (142, 53:41), Joanne Hirst (182, 57:28), Mike Dunning (185, 58:17).

Chester Metric Marathon: And the Lunt household yet again had another stunning weekend, with the Ravishing Roy Lunt taking on this little beauty involving 16.1 miles (but in metric terms 26.2km) which he completed in 02:29:55 and coming in 701st position. The route includes stunning views of Chester's iconic landmarks (Roman Walls, Cathedral, Medieval Rows, Eastgate Clock and the Amphitheatre) before heading out to the stunning Cheshire countryside and local villages.



STAINLAND LIONS NEWSROUND (Continued)

Stairway to Heaven Trail Race: The second race of the ever popular Summer Wine Trails Series, this time involved 7.7 miles of trail and over 1,000ft of climbing. A small group of Lions undertook the challenge, with Jonny Cartwright smashing the course record and winning the race outright in 52:26, with Nick Thompson coming in 19th in a time of 01:11:01 and Jonny's wifey Nicki Cartwright racing into heaven behind them both in 30th position in a time of 01:15:25.

Oulton Park Autumn Duathlon: based at the Oulton Park Race Track with both a run and cycle included, it was time for our Triathlon King, Steve Crowther, to dip his toes into competitive waters once more. This time Steve finished 255th in a time of 02:21:20 for the Standard Duathlon. Also in action at the same event was Adam Scratcherd who took it one step further by entering the Sprint Duathlon, a European qualifier no less which meant the standard was very high indeed. Adam came blasting through in 78th position out of 324 competitors in an overall time of 01:11:14.

Last of the Summer Triathlon: Last but not least we have Jamie Fradgley and one of our Fabulous Running Rushworth's (the Dad - David Rushworth) who completed the Last of the Summer Tri event over the weekend. Jamie came scorching home in 2nd position in an overall time of 01:15:27, and David finished in 126th position in a time of 01:52:50.

And that's it for this month - keep on running folks, and well done to all who completed the above races, for the above racing results

Emergency Texting for Hillwalkers

MOBILE phone reception in the mountains can often be intermittent or non-existent. If you are involved in an and need to call assistance but cannot make voice calls, you may now contact the 999 emergency services using a short messaging service (SMS) text from your mobile phone.

The service was originally set up in 2009 for people who are hard of hearing or who have a speech impediment. The service has helped identify crime and enabling emergency calls to be made when otherwise contact would have been difficult or impossible.

The service will now assist those needing emergency assistance in the hills when there is not enough signal to make a voice call. You should specify 'Police-Mountain Rescue' when sending the text, and include your location, the nature of the incident and those involved.

You can only use this service if you have registered with Emergency SMS first. Register now: don't wait for an emergency. To register, text the word 'register' to 999. You will get a reply - then follow the instructions you are sent. This will only take about two minutes and could save your life!

For more details see the Emergency SMS Website www.emergencysms.org.uk

Please read the feature on the left.

Register your mobile before walking or running this winter.

This could be a life saver.

Reprinted from the Long Distance Walkers Magazine "Strider"

Ed



Social events for your diary



Walk & Sunday lunch - Sunday 30th October

A 5 mile ish walk around Digley Reservoir near Holmfirth - everyone is welcome.

Meeting at Digley South Car Park - NOT Digley Quarry Car Park at 11.30am for a prompt 11.45 am start.

We are also hoping to get together for a bite to eat afterwards at the Fleece at Holme - HD9 2QG. We are booked in to eat at 4.00pm which is last orders on a Sunday - so we hope to arrive at the pub in good time to have a drink and get our food orders in by Friday 21 October.

Please see the Forum for more information:

Bier Keller - Friday 18th November

A night of drinking and dancing with the Amazing Bavarian Stompers. Tickets are £20 inc supper and disco until late. Tickets booked, you can book your own ticket direct if you want to join the party!

Kids Christmas party - up to 8 year olds - Sunday 11th December **PLEASE NOTE CHANGE OF DATE!**

Further details later

Christmas meal - Friday 9th December at the Golden Fleece

Sorry it's full! The menu is now on the Forum along with names of people with places. **Please confirm you are still attending, along with your menu choice and deposit ASAP.** NB - please only pay your deposit, the balance is payable on the night



Social Team:

Diane Rafferty (07766 112457), Carol Lord, Jackie Barker,
Linda Williamson, Chris Tetlaw and Liz Forster