



For week 3 of our series on worship, “Flow,” We focused on the “Battle for True Worship” and the differences between True Worship and Compromised Worship. We looked at Exodus 3-12 and how the Israelites’ exodus from Egypt and the rule of Pharaoh was framed as worship. For Lifegroup this week, we will study Romans 12:1-8 and the sacrifice of praise, becoming a part of our life-orientation of worship towards God and others.

Family Time

Begin with an icebreaker to allow everyone in the group to introduce themselves and have some fun while their at it! Take some time to share how everyone is doing, share testimonies and prayer requests that the whole group can lift up.

Worship Time

Take some extended time to worship through singing as a group. You can have somebody lead with an instrument, or with an iPod/playlist. Remember that we are all the “orchestra” and not the audience, in this time. Worship together with expectation and move past your comfort zones of expression in lifegroup! If there are volunteers to help with worship, encourage people to lead in boldness and courage.

You can check out this playlist for suggestions of songs that we sing on Sundays :<https://open.spotify.com/user/121241339/playlist/6X2yeCanbmkJrf4r6cEe1K>

Bible Study

This week, take a look Romans 12:1-8 what it means to be a living sacrifice before the Lord. This passage gets at the lifestyle of worship that is to be the heartbeat of every believer. The qualities and fruit of the worshipper are displayed in here, and also give us a picture of what a life submitted to God in worship looks like.

Discussion Questions

What does it mean to be a living sacrifice to God?
How do I need to transform and renew my mind to worship God?
What needs to change in my schedule, in order to life a life of worship?

Romans 12:1-8

1 I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. 2 Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God—what is good and acceptable and perfect.

3 For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think, but to think with sober judgment, each according to the measure of faith that God has assigned. 4 For as in one body we have many members, and not all the members have the same function, 5 so we, who are many, are one body in Christ, and individually we are members one of another. 6 We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; 7 ministry, in ministering; the teacher, in teaching; 8 the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness.

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