



## CATCH MY WIND FLOW WITH ME

Throughout this series, Pastor John has been preaching on the importance of making space to be with God and to let his Spirit guide us in our days. In this week's lesson, then, we want to make things really practical so that folks can continue in this journey towards learning to flow with God's Spirit.

### FAMILY TIME

Take some time to share prayer requests and praise reports with each other and encourage folks to keep praying for each other's prayer requests throughout the week and to believe that these will become future praise reports.

### ANNOUNCEMENTS

Friendship with God Life U: A 3-part class on what friendship with God means and looks like. It will run on Feb 5, 12, and 26 from 12-1:30PM in Zwemmer. Lunch will be available upon reservation for \$5/per week. More details at <http://epicentrechurch.org/events/2017/2/5/life-university-friendship-with-god>.

Art of Marriage: A 6 week course designed to help couples (both married or not) strengthen their marriages/relationships. Starts March 12 from 12-2PM in the Hope Room. Please encourage engaged couples in particular to join since we won't be having a premarital class in the near future. More details at <http://epicentrechurch.org/events/2016/1/26/the-art-of-marriage>.

Cleansing Stream: An inner healing class for those who need breakthrough, healing in dealing with past issues that have plagued them, issues of brokenness and pain. Begins March 26 from 12-2PM in Zwemmer. Culminates in a retreat, 5/21. Limited to the first 50 to sign up. More details at <http://epicentrechurch.org/events/2017/2/26/life-university-cleansing-stream>.

### FLOWING WITH GOD

Recap the heart of this series: Over the last few weeks, Pastor John has been focusing on the importance of catching God's wind and giving us ways for how to do that. Tonight we're going to create space here to continue to grow in catching God's wind.

Worship: As you worship together, encourage folks to ask God if there's someone he wants them to pray for or to encourage tonight. Hearing God's heart for folks and stepping out to pray for people is one way we can grow in catching God's wind.

Reflection Question: What has it been like to catch God's wind and to flow with God this last week? What has been helpful or gone well? What has been challenging?

Catching God's Wind: Give folks 15-20 minutes to engage with God however they want. This could mean getting into the word, taking time to pray, or even listening to how God might want to speak to them.

Small Groups: Break up into groups of 3-4 to share on how it's been trying to flow with God and what might be some of the challenges to flowing with God that folks might need prayer for. Then pray for each

other to be able to take practical steps in this next week to be able to catch God's wind and flow with him. Encourage these small groups to commit to praying for each other as we all look to grow in this.