



## CATCH MY WIND FLOW WITH ME

This past Sunday, Pastor John preached on transforming friendships. In a culture where we are pulled in so many directions and overwhelmed with social media, it can be challenging to cultivate transforming friendships. This week's lesson will be an opportunity for us to dream together of how our lifegroups can be a place for transforming friendships.

### **FAMILY TIME**

Take some time to share prayer requests and praise reports with each other and encourage folks to keep praying for each other's prayer requests throughout the week and to believe that these will become future praise reports.

### **CULTIVATING TRANSFORMING FRIENDSHIPS**

Introduction Question: What's a friendship you have appreciated and that has shaped/transformed you in some way?

Large Group Discussion Questions:

- What is the importance of a transforming friendship?
- What are barriers to cultivating transforming friendships?
- How can this lifegroup be a place where we can cultivate transforming friendships? What are some specifics that folks would want? How can we intentionally foster such an environment?
- What are ways we can specifically contribute to helping this lifegroup be a place where transforming friendships can exist?

Small Groups: Break up into groups of 3-4 to share how we can intentionally foster an atmosphere at lifegroup to be a place for transforming friendships. Then take time to pray together for God to build such friendships in our lifegroup.

Friendship Building Game: You might consider playing some sort of friendship game to give folks a chance to step into building transforming friendships. Here are some possibilities:

- "Hot seat": in groups of 4-5, rotate having one person be on the "hot seat" for 5-minutes with others asking that person any question they want.
- "Speed dating": split into two groups that are lined up facing each other; each round you'll answer a question with the person across from you; then you'll rotate one person over and do the same. You will need to prepare a series of questions for this (e.g., who is your role model, what did you want to be when you were younger, what is your biggest dream).