



Strengthening Your Soul

facing life with courage from the inside out

WEEK 6. TAKING COURAGE

This past Sunday Pastor Josh closed our courage series by preaching on how Jesus intends for us to take courage by focusing our eyes on him instead of on the winds that are around us. This week's lesson creates space for us to continue to bring our difficulties and pains to God and to ask him to give us his courage.

Introduction Question: How is one way you've begun to take courage over the last few weeks through this series?

DBS in Small Groups of 3-4: Jesus (and Peter to a lesser extent) Walks on Water

²² Immediately Jesus made the disciples get into the boat and go on ahead of him to the other side, while he dismissed the crowd. ²³ After he had dismissed them, he went up on a mountainside by himself to pray. Later that night, he was there alone, ²⁴ and the boat was already a considerable distance from land, buffeted by the waves because the wind was against it. ²⁵ Shortly before dawn Jesus went out to them, walking on the lake. ²⁶ When the disciples saw him walking on the lake, they were terrified. "It's a ghost," they said, and cried out in fear. ²⁷ But Jesus immediately said to them: "Take courage! It is I. Don't be afraid." ²⁸ "Lord, if it's you," Peter replied, "tell me to come to you on the water." ²⁹ "Come," he said. Then Peter got down out of the boat, walked on the water and came toward Jesus. ³⁰ But when he saw the wind, he was afraid and, beginning to sink, cried out, "Lord, save me!" ³¹ Immediately Jesus reached out his hand and caught him. "You of little faith," he said, "why did you doubt?" ³² And when they climbed into the boat, the wind died down. ³³ Then those who were in the boat worshiped him, saying, "Truly you are the Son of God." (Matthew 14:22-33)

Discovery Bible Study (45 minutes):

1. What strikes you from this story and why?
2. What do we learn about Jesus?
3. What do we learn about ourselves/people?

4. Is there something God is speaking to me about through this passage or asking me to do as a result of this passage?
 - a) Pause here to pray for each other off of how God is speaking to us.
5. Is there anyone in my life who needs to hear this message/story? How can I begin to share this story with this person this week?