



Lean In

Pastor John continued in the sermon series “Lean In” this past Sunday. When facing issues in our lives and in the world, he encouraged us to lean in to God. He ended the message by giving us the space to engage with God on our own through Psalm 138. We’ll pick this up in lifegroup this week and give us a chance to share with each other the issues we’re facing and what God might be speaking to us.

VISION: Explain the purpose of lifegroup.

FAMILY TIME:

- Introduction Question: What’s something that seems to be stressing out a lot of people around me?
- Accountability Question: How have we put into practice what God spoke to us about last time?
- Sharing praise reports and prayer requests.

DISCOVERY BIBLE STUDY: Psalm 138

1 I thank You Lord, and with all the passion of my heart! I worship you in the presence of angels, Heaven’s mighty ones will hear my voice as I sing my loving praise to You! 2 I bow down before Your divine presence and bring You my deepest worship, as I experience Your tender love, and Your living truth. For the promises of Your word and the fame of Your name have been magnified above all else! 3 At the very moment I called out to You, Your presence came and You answered me. You strengthened me deep within my soul, and breathed fresh courage into me! 4 One day all the kings of the earth will rise to give you thanks, when they hear the living words that I have heard You speak! 5 They too will sing of Your wonderful ways for Your ineffable glory is so great! 6 For though You are lofty and exalted, You stoop to embrace the lowly. Yet You keep Your distance from those filled with pride. 7 Through Your mighty power I can walk through any devastation and You will keep me alive, reviving me. Your power set me free from the hatred of my enemies. 8 You keep every promise You’ve ever made to me. Since Your love for me is so constant and endless I ask You Lord, to finish every good thing that You’ve begun in me!

Discussion Questions:

- As you read through this text, what's a word or phrase that stands out to you?
- What might be Jesus trying to speak to you through that word or phrase?
- What situations in your life or in the world are causing you to feel stressed out?
- How might Jesus be speaking to you through this passage about these situations?
- How can we pray for each other over these situations?
- Who are some people around us who are also feeling stressed out by issues in their lives or in the world? What would it look like for me to commit to praying for them or reach out to them this week?