



OVERFLOW

OVERFLOW 6

As we've been creating more space to encounter Holy Spirit this past month, God has been moving! We've heard a number of testimonies of people receiving physical healing, getting prophetic words, receiving the gift of tongues, and feeling encouraged and loved! All these more outward expressions of Holy Spirit are fun, but Holy Spirit also desires to transform us from within—to touch our character. Tonight we'll be studying the gifts of the Spirit and evaluating where we are with some of these fruits. In the same way that outward signs (e.g., tongues, healings) are evidence of the presence of Holy Spirit, change in character is as well!

VISION: Explain the purpose of lifegroup.

FAMILY TIME:

- Introduction Question: What is the biggest change that's taken place in your life since your teenage years?
- Share praise reports and prayer requests.
- Looking Back Question: How have you encountered Holy Spirit this last week? (this is both a reminder that we want to be a community that puts into practice what we are learning and a way to encourage each other with how we're seeing God move)

DISCUSSION: GALATIANS 5.13-26

13 You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love. **14** For the entire law is fulfilled in keeping this one command: "Love your neighbor as yourself." **15** If you bite and devour each other, watch out or you will be destroyed by each other. **16** So I say, walk by the Spirit, and you will not gratify the desires of the flesh. **17** For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want. **18** But if you are led by the Spirit, you are not under the law. **19** The acts of the flesh are obvious: sexual immorality, impurity and debauchery; **20** idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions **21** and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God. **22** But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, **23** gentleness and self-control. Against such things there is no law. **24** Those who belong to Christ Jesus have crucified the flesh with its passions and

desires. 25 Since we live by the Spirit, let us keep in step with the Spirit. 26 Let us not become conceited, provoking and envying each other.

Discussion Prompts:

- What stands out to me from this passage?
- What do I learn about people?
- What do I learn about indulging/walking in the flesh?
- What do I learn about walking in/being led by the Spirit?
- Of the fruit of the Spirit (v. 22-23), which two are ones I demonstrate or have grown in? Which two are the ones I need the most growth in?

PRACTICAL EQUIPPING:

The gifts of the Spirit aren't things we simply summon upon ourselves. Rather, they are the result of Holy Spirit's work in our lives. Thus, it's not that we seek after becoming more kind of gentle, for example, but as we are being filled by Holy Spirit these things naturally begin to take place. As we close tonight, let's set some goals for this week and the months to come:

- How can I continue to create space throughout the week to encounter Holy Spirit and let him develop the gifts of the Spirit in my character?
- Two months from now, how will I know if I've been walking in the Spirit? That is, what are some indicators/benchmarks that I've been growing in the gifts of the Spirit?
- Close by praying for each person to keep pursuing Holy Spirit and for God to grow the fruit of the Spirit in each of us.