

after God's heart

a series on the life of King David



Psalms of Worship

As we've been going through King David's story, we're seeing that he is a man after God's heart. David is known as a worshipper who was unashamed and undignified in his worship of God. On Sunday, Pastor Josh talked about the role of worship in engaging our heart and helping us become ones who are after God's heart. In order to help us grow in being people after God's heart, Pastor Josh gave us a heart challenge: in the same way we might aim to workout three times a week for our health, Pastor Josh challenged us to set aside three moments this week to engage our hearts in worship. Tonight we'll focus on the topic of worship and take a look at one of David's psalms on worship.

LOOKING BACK:

- Vision Statement: Explain the purpose of lifegroup.
- Introduction Question: What is one of your favorite moments of worship?
- Praise Reports and Prayer Requests.
- Accountability Question: How have I been emphasizing my heart over outward appearances this week?

LOOKING UP: PSALM 138

1 I will praise you, Lord, with all my heart; before the "gods" I will sing your praise. **2** I will bow down toward your holy temple and will praise your name for your unfailing love and your faithfulness, for you have so exalted your solemn decree that it surpasses your fame. **3** When I called, you answered me; you greatly emboldened me. **4** May all the kings of the earth praise you, Lord, when they hear what you have decreed. **5** May they sing of the ways of the Lord, for the glory of the Lord is great. **6** Though the Lord is exalted, he looks kindly on the lowly; though lofty, he sees them from afar. **7** Though I walk in the midst of trouble, you preserve my life. You stretch out your hand against the anger of my foes; with your right hand you save me. **8** The Lord will vindicate me; your love, Lord, endures forever—do not abandon the works of your hands.

Discussion Prompts:

- What stands out to me from this passage?
- What do I learn about people?
- What do I learn about God?

- What do I learn about worship?
- What do I learn about being a person after God's heart?

LOOKING FORWARD:

Worship is a way for us to move beyond our minds and engage with God on a heart/emotional level. Tonight we're going to write our own psalm based off David's example from Psalm 138. Here are some prompts to possibly include in your psalm:

- What do you want to say or give to God?
- What are you thankful to God for?
- What are truths about or promises from God you want to keep in mind?
- Where do you need to encounter God in your life?

In this upcoming week, let's keep looking for ways to become people after God's heart and set aside time, in particular, to worship God and to reflect over the psalm we've written.