



# Way Forward Counselling Services

*'Talking Towards Your  
Future...'*

**01792 720477**

**For Adults, Couples  
Children & Young People**

**[findyourwayforward@gmail.com](mailto:findyourwayforward@gmail.com)**

**[www.wayforwardcounselling.com](http://www.wayforwardcounselling.com)**

*We aim to provide the space for you to gently heal and discover new possibilities in your life. Whatever your situation you can be assured of a sensitive and reassuring welcome and an approach which is responsive to your individual needs.*

We have a team of highly qualified and experienced professional counsellors, all registered with the British Association of Counselling and Psychotherapy (BACP). Play Therapy is provided by a qualified play therapist registered with PTUK and the Professional Standards Authority. All professionals hold an enhanced DBS certificate and offer a high standard of care and attention to the needs of their clients. Between us we have a mix of skills which means we can offer a variety of therapeutic approaches such as:

***Cognitive Behavioural Therapy***

***Solution Focused Therapy***

***Counselling for Young People***

***Creative Therapies***

***Integrative Counselling***

***Humanistic Counselling***

***Play Therapy***

***Couples Counselling***



*Our Rooms are Comfortably Furnished,  
Welcoming and Relaxing  
All rooms are suitable for Disabled Access*

***Counselling is Available by Appointment Only, We Do Not Have a Drop in Service***

***Please Contact Us Using the Details Above in the First Instance***

We aim to match you with your counsellor very quickly  
First appointments typically booked to take place within 5 days of contacting us.

**We Offer Appointments Monday to Saturday 9am until 9pm.**

***Way Forward Counselling Services Ltd  
Swan House Business Centre  
146-147 St Helen's Road, Swansea, SA1 4DE  
(Registered Company No: 09441789)***