

2017 CheerLeadership Camp Theme – It's UP to You!

NCA has adopted an overall theme of UP for the 2017 camp season. Pretty soon squads across the country will be teaming UP for tryouts, gathering UP their clothes and supplies for camp, and pumping UP their spirit and skills for camp. AWSL and NCA's instructors want you to know "It's UP to you."

The culture and climate we create at school? It's UP to you!

The need to serve all students at your school? It's UP to you!

Will you take the tools we teach you at camp to truly lead your schools and community? It's UP to you!

Camp Service Project:

As AWSL staff put together the details of our service project this year, keep in mind that it will be Up to you. The service project may start at camp, but it won't end there – you will leave camp with some resources to start making a difference back at home, and you will be challenged to take the service project to the next level.

Will you continue the service project into the school year? It's UP to you!

Will this only be the start of your vision to make a difference in your school and community? It's UP to you!



Guidelines for Monday Night Live!



Monday Night Live is a spirited, fun event open to parents and spectators. Bring your best dance, cheer or crowd involvement activity to share on our opening night. Squads are NOT required to participate.

Participating squads must follow the specifications outlined below:

1. All squad members must participate and be on the floor throughout the performance.
2. Two-minute total time limit – must include a crowd involvement cheer or chant.
3. Routines will be reviewed during registration to make sure guidelines are followed. Please make sure to bring receipts for any music used during your routine
4. STUNTING OR TUMBLING WILL NOT BE PERMITTED FOR THIS PERFORMANCE.
5. School appropriate music must be on an iPod, phone, or MP3 player and meet the following criteria:
 - **A popular recording** that you or a team member purchased from an authorized provider (like iTunes, Amazon MP3, or Google Play) that is played from the beginning and turned off when the routine is over. This recording cannot be edited or mixed with any other music.
 - **Pre-mixed cover music tracks** from past Varsity Spirit summer camp music CDs that you already own. A small number of newly released tracks for this summer will also be available on shop.varsity.com.
 - **Cover versions** of popular recordings that can be edited and mixed with other recordings may be used only if the purchase includes a license with explicit rights to alter the recording and create new works using those recordings. One resource for cover versions is the website unleashthebeats.com. They have an online catalog of more than 50,000 recordings featuring both today's hits and yesterday's classics. On this website, you can buy a Master License for a particular recording that gives you access to the full master recording including clean vocals, instrumental mixes, and the right to edit and mix the recording with other licensed recordings
 - If you have questions regarding music, please contact your NCA State Director, Ashley Paradise at aparadise@varsity.com.

Monday Night Live is held in the Nicholson Pavilion. The facility will open at 6:00 PM for visitors.