



# CHEER UP!

## 2017 NCA CheerLeadership Camp

## Week 1 Service Project

Cheerleaders work hard to raise school spirit in the classroom, hallway, and at the games! When the test get hard, the hallways get crowded, and the scoreboard isn't in our favor, Cheerleaders have to shine the brightest and **CHEER UP** our fellow class mates. We are also part of such a larger community. How to we work to **CHEER UP** those in our community who may appreciate knowing someone is thinking about them? Our 2017 AWSL CheerLeadership Camp—Week 1 Community Service project is **CHEER UP BAGS!** We are asking teams to collect items to bring to camp to be used in **CHEER UP BAGS**. Teams will be working to create these special bags to take home to be distributed in their community. Here's how your squad can help:

### ALL IN!

Have each cheerleader bring an item(s) from the list

- **Hand sanitizer**
- **Cleansing wipes**
- **Toothpaste**
- **Toothbrush**
- **Deodorant**
- **Pads**
- **Tampons**
- **Band-aids**
- **Shampoo (travel size)**
- **Conditioner (travel size)**
- **Granola/Protein bars**
- **Bottled water**
- **Soap**
- **Anything you feel would **CHEER** someone **UP!****

### REACH OUT!

Let friends, family and your local businesses know what you're doing. People love to help!

“WORK FOR A CAUSE,  
**NOT** FOR APPLAUSE.  
LIVE LIFE TO EXPRESS,  
**NOT** TO IMPRESS.  
DON'T STRIVE TO MAKE  
YOUR PRESENCE NOTICED,  
JUST MAKE  
YOUR ABSENCE FELT.”