Outdoor Recreation, Health & Fitness Camp
June 22 - 26, 2020
Cispus Learning Center

High School Fitness (P.E.) 0.5 Credit
Study Areas: Hiking & Backpacking

Outdoor Recreation Health & Fitness Camp is scheduled for Monday, June 22 through Friday, June 26, 2020. The camp will cover hiking and backpacking and is based out of the Cispus Learning Center, Randle, Washington. The intensive curriculum (up to 14 hours each day) is designed for students interested in exploring the vast opportunities the outdoors has to offer. Students will learn how to skillfully and safely approach these adventures. Land based (only) activities in outdoor sport skill building, leave no trace, wilderness first aid and environmental etiquette are included. Camp is 5 days and 4 nights. The cost is $375. This program is facilitated and supervised by staff of the Association of Washington School Principals.

Students from Washington state entering grades 9-12 are eligible to attend. Participants will gain confidence and skills in pursuit of outdoor adventure. They will respectfully and safely learn how to experience the outdoors with minimal impact on the environment through experiential learning. This class aligns with the power standards for Physical Education and meets state requirements for Classroom Based Assessments. Participants can earn one full semester credit with successful completion of the camp and a follow-up assignment. The 0.5 credit is received from the AESD Accredited Principals’ Student Learning Centers.

There is a limit of 22 participants for this program.

Who should attend the Health and Fitness Camp?
Camp is designed for students who want to earn high school Fitness and Health (PE) credit and learn about lifetime outdoor recreation and sport.

What is the sponsor’s role?
In order to attend the camp a student will need a sponsor. A sponsor is an adult who will vouch for their work ethic, sense of responsibility and ability to successfully complete the rigorous academic and physical requirements of the camp. This person could be a teacher, counselor or school administrator.

Where is camp?
Outdoor Recreation Health and Fitness Camp is held at the Cispus Learning Center, 12 miles southeast of Randle, Washington in the Gifford Pinchot National Forest. The Association of Washington School Principals operates this facility.

How do students get there?
Students can be transported to camp by their school, sponsor or parent. Student drivers are NOT allowed.

What equipment is needed?
Participants will need to bring backpacking gear for an overnight trip. Packing lists will be mailed with registration confirmation.

An additional reason to attend
With the increasing requirements for credits to graduate from high school, many students find very little time for in-depth study in areas of their special interest. The credit earned by completing this course of study may open opportunities during the school year for additional courses in other interest areas.

Registration reminders
Only students who can commit to the entire camp session should register! Camp starts at 1:00 pm on day one and concludes at noon on the final day. Participants must be entering grades 9-12.

Questions? Contact Greg Barker, greg@awsp.org
For more information go to www.awsplearningcenters.org/pe-credit-classes/
Delegate Name(s): _____________________________________________

Registration fee: $375 x # of delegates ___________________________     Total Due: $ ___________________________

Sponsoring agency/school contact: _____________________________________________

Contact signature: _________________________________________________________

METHOD OF PAYMENT. Full payment must accompany this Reservation Confirmation Form.

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Credit Card: You can also call (360) 497-5323 to pay with a credit card. (Fax or email heatherm@awsp.org this reservation form before calling)

All cancellations received after May 15 will result in a non-refundable processing fee of $75. Fifteen (15) days prior to the start of camp (June 7, 2020), full charges for camp will apply to all cancellations. Participants will be charged the full amount if they leave early or do not show up. All cancellations must be received in writing from a parent/guardian by the specified date.

Delegate Forms (Registrations)
Registration is changing this year. For ORHF, delegate will need to complete the online registration form (https://awsl.formstack.com/forms/registration) prior to sending in this Reservation Confirmation Form. Delegates should add information for a school contact (such as registrar or counselor or administrator) so that they will receive an email confirmation. Delegate registrations must be completed online by May 15. If there are technology barriers, please contact our office for solutions.

QUESTIONS? For reservations/registration, contact Heather Muir (heatherm@awsp.org) For program information, contact Greg Barker at greg@awsp.org
Phone: 360.497.5323    FAX: 360.497.5324