

SHOBDON WOOD RACE

21st. April 2013

<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>
1	Eliot Taylor	Hereford Couriers	S.M.	35.10
2	Mike Pfeiffer ***	Builth & District R.C.	MV45	35.26
3	John Pullen	Wye Valley Runners	MV45	36.38
4	Mark Lamonby	Croft Ambrey R.C.	S.M.	37.48
5	Andrew Davies	Croft Ambrey R.C.	J.M.	38.15
6	Emma Gould	West Bromwich Harriers	S.F.	38.42
7	Virgil Barton	Mercia Fell Runners	MV40	39.02
8	David George	Croft Ambrey R.C.	MV40	39.21
9	Mel Price ***	Mercia Fell Runners	FV40	39.30
10	Matt Woodyatt	Cocks Moors Woods	S.M.	40.56
11	Rob Grice	Hereford Triathlon Club	MV45	41.02
12	Jordan McQueen	Croft Ambrey R.C.	S.M.	41.46
13	Colin Lancaster	Mercia Fell Runners	MV50	42.30
14	Martin Carter	Hay Hotfooters	MV45	42.32
15	Mick Ligema	Croft Ambrey R.C.	MV55	42.40
16	Adam Michniok	Wye Valley Runners	S.M.	42.58
17	Chris Payne	Hereford Triathlon Club	MV50	43.06
18	Vincent Playdon	Hay Hotfooters	MV40	43.07
19	Stuart Langley	Mercia Fell Runners	MV45	43.15
20	Nikki Hughes	U/A	S.F.	43.21
21	Greg Weale	Wye Valley Runners	S.M.	43.28
22	Gerry Meredith	U/A	S.M.	43.45
23	Steve Littlewood	Hereford Couriers	MV60	44.00
24	Gareth Lloyd	Presteigne Pacers	J.M.	44.15
25	Ben Rees	Croft Ambrey R.C.	S.M.	44.22
26	Gary Lewis	Presteigne Pacers	MV40	44.26
27	Bernie Jones	Maldwyn Harriers	MV50	44.32
28	John Lyden	Ludlow Runners	MV50	44.34
29	Gary Gunner	Croft Ambrey R.C.	MV65	44.36
30	Steven Mesham	U/A	MV40	44.51
31	Simon Dimmer	Forest of Dean	MV50	45.06
32	Emily Millington	Fell Runners Assoc.	FV35	45.06
33	Steve Herington	Hereford Couriers	MV60	45.17
34	Paddy Nugent	Wye Valley Runners	MV50	45.30
35	Jon Briggs	Croft Ambrey R.C.	MV40	45.39
36	Scott Baddeley	Wye Valley Runners	MV40	45.39
37	Ruth Stafford	Croft Ambrey R.C.	FV35	45.50
38	Craig Rees	Wye Valley Runners	S.M.	45.54
39	Chris Howell	Hay Hotfooters	MV45	46.01
40	Michael Taylor	U/A	MV50	46.07
41	Piotr Strzesak	Presteigne Pacers	MV55	46.09
42	Phil Clarke	Mercia Fell Runners	MV55	46.10
43	H.D. Morgan-Jones	Fell Runners Assoc.	MV50	46.14
44	Ashley Robinson	Croft Ambrey R.C.	MV60	46.58
45	Neil Taylor	Croft Ambrey R.C.	MV55	47.31
46	Kim Braznell	Mercia Fell Runners	FV55	47.41
47	Stephen Giblin	Cocks Moors Woods	MV60	47.49

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48	Dunstan Lawrence	Wye Valley Runners	S.M.	48.11
49	Andrew Shorthouse	Cocks Moors Woods	MV40	48.42
50	Bryan Lloyd	Presteigne Pacers	MV50	49.03
51	David Gould	West Bromwich Harriers	MV60	49.15
52	Paul Lucas	Aldridge R.C.	MV45	49.22
53	Tom Davies	Croft Ambrey R.C.	MV60	49.47
54	Paul Kemp	Wye Valley Runners	S.M.	50.17
55	Tricia Wright	Hereford Triathlon Club	FV45	50.19
56	Janet Dummer	Forest of Dean	FV50	50.22
57	Rita Tomkins	Presteigne Pacers	FV50	50.25
58	John Price	Hay Hotfooters	MV55	50.25
59	Mike Woodyatt	Cocks Moors Woods	MV50	50.53
60	Rob Williams	Brecon A.C.	MV55	50.55
61	Sam Harper	Croft Ambrey R.C.	FV35	50.58
62	James Hinton	U/A	S.M.	51.07
63	Catherine Gilbert	Brecon A.C.	FV35	51.33
64	David Thomas	U/A	S.M.	51.35
65	Lynne Compton	Wye Valley Runners	FV45	52.17
66	Bill Griffiths	Wye Valley Runners	MV60	52.20
67	Liam Grice	U/A	J.M.	52.33
68	Ian Lewis Jones	Maldwyn Harriers	MV45	52.43
69	Sandy Ross	Ludlow Runners	MV60	53.12
70	Jason Stuchbery	Croft Ambrey R.C.	MV45	53.14
71	Antony Evans	Wye Valley Runners	S.M.	53.17
72	Chris Price	Rhayader A.C.	MV40	53.27
73	Angela Price	Hay Hotfooters	FV40	53.50
74	Jan Edwards	Wye Valley Runners	FV55	54.03
75	Rihards Krause	U/A	S.M.	54.18
76	David Dunn	U/A	S.M.	54.22
77	Les Chamberlain	Wye Valley Runners	MV60	54.57
78	Bryan Symonds	Wye Valley Runners	MV70	54.59
79	Sion Hurle	U/A	MV45	55.06
80	Andrew Round	U/A	MV45	55.08
81	Tony Davis	Cocks Moors Woods	MV55	55.38
82	Lucy Cambridge	Dudley Kingswinford	FV40	55.45
83	Martin Williams	Ledbury & District Harriers	S.M.	55.56
84	Roy Taylor	U/A	MV70	56.14
85	Clare Farrell	Ledbury & District Harriers	S.F.	56.54
86	Roger Blandford	Worcester A.C.	MV60	57.09
87	Bethany Norwood	Ludlow Runners	FV35	57.18
88	Robert Skalski	U/A	S.M.	58.01
89	Stan Bechta	U/A	S.M.	58.09
90	Kim Wood	Croft Ambrey R.C.	S.F.	58.11
91	Gary Ford	U/A	MV50	58.17
92	Charlie Querelle	U/A	MV40	58.21
93	Amanda Prescott	Bridgnorth R.C.	FV40	58.23
94	Paul Evans	Brecon A.C.	S.M.	58.59
95	Pamela Warnes	U/A	FV40	58.59

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96	Robert Horton	U/A	MV65	60.09
97	Lesley Pymm	Bourneville Harriers	FV60	60.34
98	Tina Lavelle	Hay Hotfooters	FV55	61.01
99	Graham Hall	Cocks Moors Woods	MV65	61.04
100	David Pickard	U/A	S.M.	61.16
101	Chris Jolley	Malvern Joggers	MV55	61.18
102	Nicola Kelly	Builth & District R.C.	FV40	62.00
103	Cristina Santos	Rhayader A.C.	FV50	62.01
104	Gub Neal	U/A	MV50	62.05
105	Sara Jane Stanley	U/A	S.F.	62.12
106	Sian Williams	Brecon A.C.	FV50	62.19
107	Roger Lloyd	Mercia Fell Runners	MV55	62.37
108	Nicola Rolinson	Builth & District R.C.	FV45	62.42
109	Deb Clee	Presteigne Pacers	FV40	62.51
110	Diane Jones	Maldwyn Harriers	FV40	63.00
111	Alan Hodgkiss	Telford A.C.	MV65	65.03
112	Marilyn Hunt	Oswestry Olympians	FV45	67.12
113	Sheenagh Davis	U/A	FV50	68.14
114	Adrian Hedges	Rhayader A.C.	MV50	69.28
115	Maggie Morris	Ludlow Runners	FV50	70.22
116	Geoff Kinlen	Mercia Fell Runners	MV60	71.53
117	Carolyn Storey	Shrewsbury Triathlon Club	FV50	72.13
118	Haf Leonard	Maldwyn Harriers	FV50	72.58
119	Rebecca Russell	Shrewsbury Triathlon Club	J.F.	76.02
120	Caroline Orrells	Maldwyn Harriers	FV55	79.34
121	Mandy Mullett	Maldwyn Harriers	FV50	79.34
122	Rachel Williams	U/A	FV40	79.34
123	Carrol Stocker	Presteigne Pacers	FV55	81.29
	*** = Age Group Course Record			