

ROSS RUNNING RIVER RUN

(adapted press release)

Four years ago this September, a meeting was held to assess the interest in forming a running club for Ross. Ross Running started up.

“We have a number of training runs around Ross that we do, of various distances, and to add variety often venture into the Forest. One of our favourite longer runs is from **Monmouth to Ross**” said founder member Andrew Pearson. “This is virtually all **off-road along public footpaths** following the river and comes out at **just over a half-marathon length.**”

“We have had an idea to invite others to join us to run this route on the Sunday of the Regatta which is **25 August**, starting at 10 o'clock. If we have enough interest then we will firm up on details and it will take place. I am inviting runners to contact me on andrew@ross-running.co.uk”.

This will be very much a ‘toe in the water’ event. If there is enough interest then it could become a regular fixture. Accordingly, therefore, the run will be free unless enough runners enter, in which case we may ask for a fee so that all finishers get a commemorative tee-shirt. The route could be described as ‘**a scenic trail**’ – the public footpath sections are undulating in places and you need to keep your eyes open. It’s not a course for a pb!

The actual route may be found on our web site www.ross-running.co.uk.

If you are interested then e-mail Ross Running.

If there is enough interest then we’ll organise it; if there’s a lot of interest we’ll try to make it a proper event. It’s a nice run!



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