

SHOBDON WOOD RACE

27th. April 2014

<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>
1	Mike Pfeiffer	Brecon A.C.	MV45	35.46
2	Matt James	Hereford Couriers	S.M.	36.46
3	Mark Lamonby	Croft Ambrey R.C.	S.M.	37.08
4	Gabriel Kay	Brecon A.C.	J.M.	38.16
5	Ben Dunster	Brecon A.C.	J.M.	39.37
6	Sam Mayglothling	Croft Ambrey R.C.	S.M.	39.42
7	Glyn Williams	Croft Ambrey R.C.	MV40	39.50
8	Virgil Barton	Mercia Fell Runners	MV40	39.54
9	Tim Taylor	Hereford Couriers	MV50	39.59
10	Edward Davies	Maldwyn Harriers	MV55	40.03
11	Steve Flowers	Wye Valley Runners	S.M.	41.06
12	Dave George	Croft Ambrey R.C.	MV40	41.09
13	Dave Williams	Hereford Couriers	MV50	41.25
14	Martin Copus	Maldwyn Harriers	S.M.	41.55
15	Matthew Woodyatt	Cocks Moors Woods	S.M.	41.56
16	Craig Collier	Ludlow Runners	S.M.	41.57
17	Patrick Pearson	Croft Ambrey R.C.	MV45	41.59
18	Martin Ludford	B.R.A.T.	MV55	42.28
19	James Wozencroft	U/A	S.M.	42.30
20	Dave Ameghino	Croft Ambrey R.C.	MV40	43.03
21	John Dalzell	U/A	S.M.	43.06
22	Dan Lewis	Wye Valley Runners	S.M.	43.13
23	Steve Herington ***	Hereford Couriers	MV65	43.33
24	Ben Rees	Croft Ambrey R.C.	S.M.	43.39
25	Neil Powell	Croft Ambrey R.C.	MV40	43.45
26	Geoff Kay	Hereford Couriers	MV60	43.47
27	David Mullen	U/A	MV40	44.08
28	Ashley Robinson	Croft Ambrey R.C.	MV60	45.17
29	Simon Dimmer	Forest of Dean A.C.	MV50	45.38
30	Paul Green	Croft Ambrey R.C.	S.M.	45.39
31	Steven Mesham	Presteigne Pacers	MV40	45.53
32	Scott Baddeley	Wye Valley Runners	MV40	46.17
33	Steve Littlewood	Hereford Couriers	MV60	46.17
34	Gareth Lloyd	Presteigne Pacers	J.M.	46.40
35	Thomas Powell	Ludlow Runners	S.M.	46.47
36	Sue Davies	Croft Ambrey R.C.	FV45	46.48
37	Shaun Hoyes	Wye Valley Runners	MV50	47.01
38	Dan Pavitt	Ludlow Runners	MV45	47.03
39	Greg Davies	Croft Ambrey R.C.	S.M.	47.04
40	Gary Lewis	Presteigne Pacers	MV45	47.26
41	Nadine Lewycky	U/A	S.F.	47.28
42	Lea Wood	Wye Valley Runners	S.M.	47.45
43	Gary Gunner	Croft Ambrey R.C.	MV65	47.54
44	Irina Dale	Croft Ambrey R.C.	S.F.	48.03
45	Paul Elliott	Ludlow Runners	MV45	48.13
46	Phil Clarke	Mercia Fell Runners	MV55	48.26

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47	Paul Davies	Wye Valley Runners	MV40	48.57
48	Rachel Ward	Amazing Feet R.C.	FV55	49.03
49	Steph Main	Croft Ambrey R.C.	FV40	49.31
50	Neil Jacks	Wye Valley Runners	MV45	49.36
51	Piotr Strezak	Presteigne Pacers	MV55	49.37
52	Richard Lodge	Aldridge R.C.	MV60	49.51
53	Gemma Mallett	Croft Ambrey R.C.	S.F.	49.55
54	Ben Grice	U/A	J.M.	50.11
55	Allan Todd	Warley Woods Pacers	MV60	50.22
56	Kevin Barnes	Hereford Couriers	MV50	50.40
57	Nicola Goodwin	Hereford Triathlon Club	FV40	50.50
58	Mike Woodyatt	Cocks Moors Woods	MV55	51.24
59	Andrew Heath	Cheshire Harriers	MV40	51.28
60	Ralph Lloyd	Wye Valley Runners	MV50	51.31
61	Ifan Jones	Maldwyn Harriers	MV45	51.33
62	Chris Copus	Maldwyn Harriers	MV60	51.42
63	Samantha Harper	Croft Ambrey R.C.	FV35	51.49
64	Peter Smith	Wye Valley Runners	MV65	52.10
65	Rita Tomkins	Presteigne Pacers	FV50	52.25
66	Dave Moss	Croft Ambrey R.C.	MV45	52.30
67	Tony Davis	Cocks Moors Woods	MV55	52.48
68	Gordon Allison	U/A	MV40	53.54
69	Mary Morton	Rhayader A.C.	FV40	54.06
70	Colin Downey	Stourbridge R.C.	MV55	54.11
71	Ruth Stafford	Croft Ambrey R.C.	FV35	54.19
72	Rachel Butler	Maldwyn Harriers	FV55	54.35
73	Andrew Blackman	Wye Valley Runners	MV55	54.54
74	Sue Powell	Croft Ambrey R.C.	FV50	54.56
75	Bill Griffiths	Wye Valley Runners	MV60	55.06
76	Clive Richardson	Ludlow Runners	MV55	55.30
77	Jenny Evans	Maldwyn Harriers	S.F.	55.32
78	David Rouse	Croft Ambrey R.C.	MV55	55.52
79	Andre Hutchinson	Maldwyn Harriers	FV50	55.55
80	Brian Symonds	Wye Valley Runners	MV70	56.02
81	Jan Edwards	Wye Valley Runners	FV55	56.03
82	Rachel Parker	Aldridge R.C.	FV35	56.22
83	Sandy Ross	Ludlow Runners	MV60	56.24
84	John Price	Hay Hotfooters	MV55	56.37
85	Terry Evans	Presteigne Pacers	MV45	57.08
86	Chris Price	Rhayader A.C.	MV40	57.16
87	Steve Smith	Rhayader A.C.	S.M.	58.17
88	Rosie Davidson	U/A	FV45	58.58
89	Rachel Jones	Hay Hotfooters	FV40	58.58
90	Tom Mathias	U/A	MV55	59.08
91	Tom Davies	Croft Ambrey R.C.	MV65	59.20
92	Rose Thomas	Rhayader A.C.	FV60	59.56
93	Jane Kerr	Builth & District R.C.	FV45	60.57

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<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>
94	Georgina Fletcher	Maldwyn Harriers	FV50	61.06
95	Rihards Krause	U/A	S.M.	61.18
96	Sally Wood	U/A	FV40	61.23
97	Deb Clee	Presteigne Pacers	FV40	61.27
98	Ian Beattie	Telford A.C.	MV55	61.55
99	Tina Lavelle	Hay Hotfooters	FV55	62.16
100	Steve Orrells	Maldwyn Harriers	MV60	62.18
101	Paul Fotheringham	Longden R.C.	MV55	63.01
102	Hazel Aulsebrook	Builth & District R.C.	FV45	63.08
103	Ben Wood	U/A	S.M.	63.09
104	Lesley Pymm	Bourneville Harriers	FV60	63.20
105	Ian Dennis	U/A	MV55	63.21
106	Sarah Smith	Rhayader A.C.	S.F.	63.28
107	Jacquie Lloyd	Maldwyn Harriers	FV60	63.43
108	Ben Rawlings	U/A	S.M.	64.40
109	Rachel Williams	Maldwyn Harriers	S.F.	65.22
110	Emma Bowen	U/A	FV50	65.46
111	Nicola Kelly	Builth & District R.C.	FV40	65.54
112	Diane Jones	Maldwyn Harriers	FV40	65.59
113	Gemma Davis	U/A	S.F.	66.19
114	Marian Mathias	U/A	FV55	66.27
115	Kerrin Williams	U/A	FV40	69.18
116	Daisy Bishop	U/A	S.F.	69.42
117	Gita Brunina	U/A	S.F.	71.01
118	Donna Evans	Presteigne Pacers	FV45	73.13
119	Caroline Orrells	Maldwyn Harriers	FV55	73.21
120	Peter Hogarth	Maldwyn Harriers	MV60	73.41
121	Sue Carroll	Maldwyn Harriers	FV50	75.12
122	Alan Hodgkiss	Telford A.C.	MV65	75.17
123	Helen Rawlings	U/A	S.F.	75.26
124	Sarah Edgecombe	U/A	S.F.	75.52
125	Sue Manley	Ludlow Runners	FV40	79.52
126	Jane Cabara	U/A	FV35	79.52
127	Mandy Mullett	Maldwyn Harriers	FV50	81.50
128	Joanna Sharp	Ludlow Runners	FV50	84.09
129	Carole Williams	Maldwyn Harriers	FV50	87.06
130	Sylvia Price	Maldwyn Harriers	FV45	87.52
131	Maggie Morris	Ludlow Runners	FV50	88.23
132	Carrol Stocker	Presteigne Pacers	FV55	91.22
133	Cynthia Lewis	Telford Harriers	FV65	92.17
134	Kathy Ling	Wrekin R.R.	FV70	104.50
	*** = Age Group Course Record			