

Herefordshire County Summer Off-Road League

<u>AWARD WINNERS 2013</u>			
	<u>RUNNER</u>	<u>CLUB</u>	<u>Points</u>
1	JAMES RICHARDS	Wye Valley Runners	5
2	MIKE PFEIFFER	Builth & District R.C.	6
3	MATT JAMES	Hereford Couriers	9
<u>VET 40</u>	JOHN PULLEN	Wye Valley Runners	9
<u>VET 45</u>	MIKE WARRICK	Rhayader A.C.	33
<u>VET 50</u>	DAVE WILLIAMS	Hereford Couriers	52
<u>VET55</u>	JACK PARRY	Builth & District R.C.	88
<u>VET 60</u>	GEOFF KAY	Hereford Couriers	88
<u>VET 65</u>	GARY GUNNER	Croft Ambrey R.C.	142
<u>VET 70</u>	BRIAN SYMONDS	Wye Valley Runners	285
<u>VET 75</u>	HARRY FRANKLIN	Wye Valley Runners	322
<u>JUNIOR MAN</u>	ANDREW DAVIES	Croft Ambrey R.C.	19
	<u>WOMEN</u>	<u>CLUB</u>	<u>POINTS</u>
1	BECKI DAVIES	Wye Valley Runners	99
2	SUE DAVIES	Croft Ambrey R.C.	112
3	GEMMA MALLET	Croft Ambrey R.C.	142
<u>VET 35</u>	LAURA TOOTELL	Wye Valley Runners	150
<u>VET 40</u>	NIKKI TYLER	Wye Valley Runners	198
<u>VET 45</u>	RITA TOMKINS	Presteigne Pacers	210
<u>VET 50</u>	ALISON COOKE	Hereford Couriers	231
<u>VET 55</u>	JAYNE LITTLEWOOD	Hereford Couriers	246
<u>VET 60</u>	STEPHANIE WARRICK	Rhayader A.C.	314
<u>VET 65</u>	CAROL FARRINGTON	Rhayader A.C.	334

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<u>FINAL POSITIONS 2013</u>				
<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Cat</u>	<u>Points</u>
1	James Richards	Wye Valley Runners	MV40	5
2	Mike Pfeiffer	Builth & District R.C.	MV45	6
3=	Matt James	Hereford Couriers	S.M.	9
3=	John Pullen	Wye Valley Runners	MV45	9
5	Eliot Taylor	Hereford Couriers	S.M.	15
6	Mark Lamonby	Croft Ambrey R.C.	S.M.	16
7	Andrew Davies	Croft Ambrey R.C.	J.M.	19
8	Luke James	Hereford Couriers	S.M.	21
9	Andrew Stephens	Monross Trailblazers	S.M.	28
10	Mike Warrick	Rhayader A.C.	MV60	33
11	Jeremy Jehan	Wye Valley Runners	MV40	39
12=	Steven Flowers	Wye Valley Runners	S.M.	43
12=	Glyn Williams	Croft Ambrey R.C.	MV40	43
14	Andy Taylor	Hereford Triathlon Club	MV40	47
15	Dave Rouse	Croft Ambrey R.C.	S.M.	49
16	Dave Williams	Hereford Couriers	MV50	52
17	Rob Jones	Croft Ambrey R.C.	S.M.	56
18	Martin Carter	Hay Hotfooters	MV45	59
19	Richard Bevan	Monross Trailblazers	S.M.	64
20	Mark Dykes	Hereford Triathlon Club	MV40	68
21	Ben Rees	Croft Ambrey R.C.	S.M.	87
22=	Geoff Kay	Hereford Couriers	MV60	88
22=	Jack Parry	Builth & District R.C.	MV55	88
24	Vincent Playdon	Hay Hotfooters	MV40	89
25=	Kevin Artus	Wye Valley Runners	S.M.	92
25=	Neil Lewis	Hereford Couriers	MV45	92
27	<u>Becki Davies</u> ***	Wye Valley Runners	S.F.	99
28	Steve Herington	Hereford Couriers	MV60	101
29	Mark Griffiths	Croft Ambrey R.C.	S.M.	102
30	Martin Williams	Croft Ambrey R.C.	MV45	103
31	Chris Howell	Hay Hotfooters	MV45	107
32	<u>Sue Davies</u> ***	Croft Ambrey R.C.	FV45	112
33	Lea Wood	Wye Valley Runners	S.M.	114
34	John Lyden	Ludlow Runners	MV50	119
35	Adie Brown	Presteigne Pacers	MV40	120
36	Paddy Nugent	Wye Valley Runners	MV50	123
37	Paul Kemp	Wye Valley Runners	S.M.	134
38	Edward Collins	Hereford Triathlon Club	MV45	136
39=	<u>Gemma Mallett</u> ***	Croft Ambrey R.C.	S.F.	142
39=	Gary Gunner	Croft Ambrey R.C.	MV65	142
41=	Shaun Hoyes	Wye Valley Runners	MV50	144
41=	Chris Mason	Wye Valley Runners	MV45	144
43=	<u>Laura Tootell</u> ***	Wye Valley Runners	FV35	150
43=	Craig Rees	Wye Valley Runners	S.M.	150
45	Dan Pavitt	Ludlow Runners	MV45	156
46=	<u>Irina Dale</u> ***	Croft Ambrey R.C.	S.F.	157
47=	<u>Daneen Hughes</u> ***	Wye Valley Runners	S.F.	157
48	Andy Blackman	Wye Valley Runners	MV55	172
49	Frank Luscott	Croft Ambrey R.C.	MV55	173
50	Andy Chamberlain	Wye Valley Runners	S.M.	180
51	Tom Davies	Croft Ambrey R.C.	MV60	184
52	Guy Whitmarsh	Croft Ambrey R.C.	MV65	186

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<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Cat</u>	<u>Points</u>
53	Ian Foster	Hereford Triathlon Club	MV40	188
54	Ralph Lloyd	Wye Valley Runners	MV50	193
55	Nikki Tyler ***	Wye Valley Runners	FV40	198
56	Chris Head	Wye Valley Runners	S.M.	199
57	Mike Shaw	Wye Valley Runners	MV60	205
58	Nigel Jones	Wye Valley Runners	MV50	208
59	Rita Tomkins ***	Presteigne Pacers	FV50	210
60	Ashley Cooke	Croft Ambrey R.C.	MV55	212
61=	Jenny Papworth ***	Hereford Triathlon Club	FV40	214
61=	Kevin Barnes	Hereford Couriers	MV50	214
63	Piotr Strzesak	Presteigne Pacers	MV55	215
64	Dana Machackova ***	Wye Valley Runners	S.F.	222
65	Becci Ansfield ***	Wye Valley Runners	FV35	227
66	Alison Cooke ***	Hereford Couriers	FV50	231
67	Lynne Compton ***	Wye Valley Runners	FV45	240
68	Celia Speake ***	Builth & District R.C.	FV45	244
69	Bill Griffiths	Wye Valley Runners	MV60	245
70	Jayne Littlewood ***	Hereford Couriers	FV55	246
71	Clive Richardson	Ludlow Runners	MV55	248
72	Kelly Rose ***	Wye Valley Runners	S.F.	254
73=	Bryan Clee	Presteigne Pacers	MV40	259
73=	Dave Lloyd	Presteigne Pacers	MV55	259
75=	Jan Edwards ***	Wye Valley Runners	FV55	261
75=	Sam Harper ***	Croft Ambrey R.C.	FV35	261
77	Brian Symonds	Wye Valley Runners	MV70	285
78	Terry Evans	Presteigne Pacers	MV45	294
79	Sandy Ross	Ludlow Runners	MV60	295
80	Jason Stuchbery	Croft Ambrey R.C.	MV45	297
81	Steve Turner	Wye Valley Runners	MV50	302
82	Susannah English ***	Hay Hotfooters	FV55	306
83	Sarah Wilding ***	Presteigne Pacers	FV45	313
84	Stephanie Warrick ***	Rhayader A.C.	FV60	314
85	Nondus Banning-Boddy ***	Rhayader A.C.	FV60	315
86	Harry Franklin	Wye Valley Runners	MV75	322
87	Mark Freake	Presteigne Pacers	MV45	327
88	Jo Lord ***	Hay Hotfooters	FV50	331
89	Bryan Markham	Croft Ambrey R.C.	MV70	333
90	Carol Farrington ***	Rhayader A.C.	FV65	334
91	Donna Evans ***	Presteigne Pacers	FV45	340
92	Deb Clee ***	Presteigne Pacers	FV40	352
93	Jo Preece ***	Presteigne Pacers	FV45	369
94	Carrol Stocker ***	Presteigne Pacers	FV55	374