

Thursday 1 January 2015. 11:00 am

**Results for All Competitors in finish order.**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
1	0:33:41	HAYWARD, Christopher	Brecon A C	Open Male	187	1
2	0:34:40	RICHARDS, James	Wye Valley Runners	Male Vet 40	192	2
3	0:35:13	MATTHEWS, Martin	birmingham running	Open Male	368	3
4	0:35:15	IVESON, Tim	Builth & District Runners	Open Male	413	4
5	0:36:51	FLOWERS, Steven	Wye Valley Runners	Open Male	373	5
6	0:37:23	NEWHEY, Jon	Mercia Fell Runners	Male Vet 40	228	6
7	0:37:31	KAY, Gabriel	Brecon A C	Junior Male	247	7
8	0:37:39	BERRY, Clifford	Ledbury & District Harriers	Male Vet 50	464	8
9	0:37:48	JONES, Christian	Unattached	Male Vet 40	201	9
10	0:37:51	JEHAN, Jeremy	Wye Valley Runners	Male Vet 40	488	10
11	0:38:01	RUSSELL, James	Hereford Couriers	Male Vet 45	385	11
12	0:38:16	SETCHFIELD, David	Unattached	Male Vet 40	268	12
13	0:38:38	MCMILLAN, Kevin	birmingham running	Open Male	369	13
14	0:38:41	PARKER, Alex	Birchfield	Open Male	438	14
15	0:38:59	HITCHINGS, Nick	Worcester A C	Male Vet 45	356	15
16	0:39:03	AXFORD, Danny	Unattached	Open Male	190	16
17	0:39:06	SMITH, Ian	Severn A C	Male Vet 50	226	17
18	0:39:10	BALCH, Mark	Usk Runners	Male Vet 45	211	18
19	0:39:18	HUGHES, Richard	Hereford Couriers	Male Vet 50	394	19
20	0:39:20	BURNAGE, Samuel	Malvern Joggers	Male Vet 40	222	20
21	0:39:24	WHITMARSH, Tobian	Unattached	Open Male	261	21
22	0:39:32	HUSTWAYTE, Alex	Unattached	Open Male	480	22
23	0:39:34	LLOYD, Peter	Gloucester A C	Male Vet 50	470	23
24	0:39:36	KING, Kathryn	Wye Valley Runners	Female Vet 35	436	24
25	0:39:42	TAYLOR, Andy	Unattached	Male Vet 40	454	25
26	0:40:01	MOXON, Andy	Unattached	Male Vet 40	360	26
27	0:40:12	HENRY, Cliff	Unattached	Open Male	179	27
28	0:40:25	PARRY, Sion	Builth & District Runners	Open Male	408	28
29	0:40:33	EVANS, Clara	Pontypridd Roadents	Open Female	233	29
30	0:40:39	KING, Steve	Wye Valley Runners	Male Vet 40	255	30
31	0:40:41	BURKE, Kevin	Stourbridge R C	Male Vet 55	205	31
32	0:40:44	POWELL, Matt	Gloucester A C	Open Male	471	32
33	0:40:51	DYKES, MARK	Unattached	Male Vet 40	452	33
34	0:41:06	ROBERTSON, Sean	Unattached	Open Male	271	34
35	0:41:09	DANKS, Richard	Fit & Healthy Running Group	Open Male	259	35
36	0:41:12	LAIRD, Mathew	Unattached	Open Male	251	36
37	0:41:18	NUGENT, Paddy	Wye Valley Runners	Male Vet 50	318	37
38	0:41:18	TOON, Ben	Malvern Joggers	Open Male	324	38
39	0:41:23	LAW, Wayne	Unattached	Male Vet 45	346	39
40	0:41:44	MABER, Steve	Tewksbury AC	Male Vet 50	431	40
41	0:41:46	GARDNER, Peter	Welsh Fell Running Association	Male Vet 55	207	41
42	0:41:48	GRANT, Michael	Unattached	Male Vet 55	180	42
43	0:42:06	CURRIER, Brian	Kidderminster & Stourport AC	Male Vet 50	444	43
44	0:42:18	SMITH, Oli	Unattached	Open Male	485	44
45	0:42:19	KITCHING, Olly	Unattached	Open Male	440	45
46	0:42:23	CURLEY, Jonathan	Unattached	Open Male	178	46
47	0:42:28	PITMAN, Jamie	Unattached	Open Male	265	47
48	0:42:34	GRAHAM, Paul	Pontypridd Roadents	Open Male	234	48
49	0:42:40	LANE, Mike	Black Pear Joggers	Open Male	184	49
50	0:42:46	DAY, Stuart	Malvern Joggers	Male Vet 45	386	50
51	0:43:00	FARQUHARSON, Gary	Almost Athletes	Male Vet 45	401	51
52	0:43:22	WATKINS, Mark	Wye Valley Runners	Male Vet 45	463	52
53	0:43:24	O'BRIEN, David	Unattached	Open Male	432	53
54	0:43:26	CRAMP, Graham	Malvern Joggers	Male Vet 45	196	54
55	0:43:38	LAW, Chris	Ledbury & District Harriers	Male Vet 45	250	55
56	0:43:50	JUDGE, MEGAN	Malvern Joggers	Open Female	310	56
57	0:43:55	BLOOMFIELD, Stephen	Royal Air Force	Male Vet 40	400	57
58	0:43:58	MUSSELL, Craig	Wye Valley Runners	Open Male	420	58
59	0:44:05	WHISTANCE, Ian	Wye Valley Runners	Male Vet 40	450	59
60	0:44:11	MATTY, Trevor	Malvern Joggers	Male Vet 45	330	60
61	0:44:14	POWELL, Thomas	Ludlow Runners	Open Male	339	61
62	0:44:22	BAILEY, Chris	Wye Valley Runners	Male Vet 45	406	62

63	0:44:24	CHILDS, Nikki	Wye Valley Runners	Female Vet 50	359	63
64	0:44:39	TOOTELL, Laura	Wye Valley Runners	Female Vet 35	487	64
65	0:44:45	WOOD, Lea	Wye Valley Runners	Open Male	223	65
66	0:44:48	CHAMBERS, Jonathan	Headington RR	Male Vet 55	410	66
67	0:44:50	BROWN, Stuart	Malvern Joggers	Male Vet 60	198	67
68	0:44:58	BADDELEY, Scott	Wye Valley Runners	Male Vet 40	203	68
69	0:45:04	TUCKER, Beverley	Brecon A C	Female Vet 45	220	69
70	0:45:07	DAVIES, Paul	Wye Valley Runners	Male Vet 45	446	70
71	0:45:17	PAYNE, Chris	Hereford Triathlon Club	Male Vet 50	469	71
72	0:45:21	GRIFFITHS, Rhys	Unattached	Male Vet 50	358	72
73	0:45:27	WATTS, Alan	Sarn Helen	Male Vet 80	499	73
74	0:45:44	REES, David	Hay Hotfooters	Male Vet 60	248	74
75	0:45:48	LAWSON, Conrad	Unattached	Male Vet 40	350	75
76	0:46:02	NEWELL, Jodie	Unattached	Open Female	496	76
77	0:46:03	LAMBOURNE, Colin	Unattached	Open Male	215	77
78	0:46:07	SANDY, Chris	MADSAT	Open Male	367	78
79	0:46:09	JONES, Brian	Usk Runners	Male Vet 50	254	79
80	0:46:12	MANSFIELD, Kylie	Hereford Triathlon Club	Female Vet 35	249	80
81	0:46:16	SHORT, Edward	Wye Valley Runners	Open Male	439	81
82	0:46:17	PASCOE, Neil	Hereford Triathlon Club	Male Vet 55	393	82
83	0:46:19	FOSTER, Ian	Hereford Triathlon Club	Male Vet 40	498	83
84	0:46:20	TAYLOR, Neil	Croft Ambrey	Male Vet 55	260	84
85	0:46:23	PROSSER, Naomi	Cardiff Uni.	Open Female	490	85
86	0:46:37	BAKER, Nigel	Unattached	Male Vet 50	212	86
87	0:46:41	FLINT, Carl	Malvern Joggers	Male Vet 55	437	87
88	0:46:48	ROSE, Carl	Unattached	Male Vet 40	266	88
89	0:46:50	MARSHALL, Philip	MADSAT	Male Vet 40	366	89
90	0:46:51	JOHNSON, Phil	Ledbury & District Harriers	Male Vet 45	185	90
91	0:47:04	MCNEILL, Wayne	Unattached	Open Male	224	91
92	0:47:08	MILES, Maria	Wye Valley Runners	Female Vet 35	202	92
93	0:47:10	SMALLWOOD, Michael	Unattached	Male Vet 50	242	93
94	0:47:12	THOMAS, Christopher	ebbw vale running club	Male Vet 55	497	94
95	0:47:14	HINKSMAN, Lucia	Unattached	Open Female	459	95
96	0:47:15	POOLE, Lucy	Malvern Joggers	Female Vet 40	377	96
97	0:47:21	KENWARD, Matthew	Unattached	Open Male	482	97
98	0:47:23	NEWMAN, Paul	Unattached	Male Vet 50	462	98
99	0:47:28	BRYAN, John	Malvern Joggers	Open Male	326	99
100	0:47:32	SHAW, Lorna	Wye Valley Runners	Female Vet 50	240	100
101	0:47:35	CHAMPKEN, Anthony	Wye Valley Runners	Male Vet 55	421	101
102	0:47:46	SPENCE, John	Wye Valley Runners	Open Male	210	102
103	0:48:04	READE, Nigel	Hereford Couriers	Open Male	195	103
104	0:48:04	MACHACKOVA, Dana	Wye Valley Runners	Open Female	336	104
105	0:48:05	PREECE, Leigh	Unattached	Open Male	236	105
106	0:48:07	SHORT, Peter	Forest of Dean A C	Male Vet 60	392	106
107	0:48:09	DAVIES, Emily	Wye Valley Runners	Open Female	460	107
108	0:48:10	WOOD, Stephen	Pegasus rc	Open Male	263	108
109	0:48:16	DICKSON, Oliver	Wye Valley Runners	Open Male	269	109
110	0:48:21	WELLS, NICK	Team Derby Rnners	Male Vet 45	232	110
111	0:48:23	GRIFFITHS, Barry	Brecon A C	Male Vet 50	409	111
112	0:48:26	CLARKE, Sam	Wye Valley Runners	Open Male	194	112
113	0:48:26	COCKBURN, Osborn	Unattached	Open Male	500	113
114	0:48:32	EVANS, Richard	Unattached	Male Vet 40	351	114
115	0:48:33	AINGER, Louise	Wye Valley Runners	Female Vet 35	433	115
116	0:48:55	COOPER, Nathan	Unattached	Open Male	449	116
117	0:48:57	BARNES, Kevin	Hereford Couriers	Male Vet 50	186	117
118	0:48:59	FORD, Will	Hay Hotfooters	Open Male	493	118
119	0:49:00	BENJAMIN, Robert	Unattached	Male Vet 55	391	119
120	0:49:05	BALL, Rhiannon	Unattached	Open Female	389	120
121	0:49:06	BROAD, Ric	Unattached	Male Vet 65	267	121
122	0:49:07	JONES, Dean	Unattached	Open Male	461	122
123	0:49:26	EMERSON, Nicola	Unattached	Female Vet 35	429	123
124	0:49:27	DIMBYLOW, Nathan	Wye Valley Runners	Open Male	204	124
125	0:49:28	PARK, Judith	Unattached	Female Vet 40	457	125
126	0:49:31	LEA, Chris	Unattached	Male Vet 45	481	126
127	0:49:32	LEA, Heidi	Unattached	Female Vet 40	476	127
128	0:49:32	SYMONDS, Brian	Wye Valley Runners	Male Vet 70	371	128

129	0:49:40 GULLIVER, Kristina	Unattached	Open Female	315	129
130	0:49:42 ALAMUTU, Steve	Unattached	Male Vet 45	489	130
131	0:49:45 NOTLEY, Andrew	Bromsgrove & Redditch	Male Vet 45	270	131
132	0:49:46 TILLOTT, Andy	Unattached	Open Male	378	132
133	0:49:47 RHODES, Christopher	Unattached	Open Male	219	133
134	0:49:49 EVANS, Mike	Chepstow Harriers	Male Vet 55	426	134
135	0:49:50 BROWN, Peter	Unattached	Male Vet 40	238	135
136	0:49:51 HEAD, Tom	Unattached	Male Vet 50	313	136
137	0:49:53 MANN, KAREEN	Malvern Joggers	Female Vet 55	451	137
138	0:49:55 EDWARDS, Jan	Wye Valley Runners	Female Vet 55	370	138
139	0:50:04 CHAMP, Alex	Wye Valley Runners	Female Vet 40	258	139
140	0:50:16 CIOLEK, Ania	Unattached	Open Female	417	140
141	0:50:18 CASHMORE, Rachel	Unattached	Female Vet 40	399	141
142	0:50:22 GILBERT, Catherine	Brecon A C	Female Vet 40	218	142
143	0:50:40 MABER, Karen	Tewksbury AC	Female Vet 45	430	143
144	0:50:43 STEVENS, John	Fit & Healthy Running Group	Open Male	361	144
145	0:50:51 WILLIAMS, Alan	Hereford Triathlon Club	Male Vet 55	189	145
146	0:50:53 GREENWOOD, Craig	Unattached	Junior Male	352	146
147	0:50:56 COOMBER, Richard	Unattached	Open Male	239	147
148	0:51:03 CASELEY, Julie	Malvern Joggers	Female Vet 55	307	148
149	0:51:04 MARGRIE, Michelle	Unattached	Female Vet 35	252	149
150	0:51:10 HINKSMAN, Andrew	Unattached	Male Vet 50	458	150
151	0:51:16 EVANS, Denise	Chepstow Harriers	Female Vet 50	208	151
152	0:51:18 EVANS, Paul	Brecon A C	Open Male	402	152
153	0:51:19 HUNT, Gareth	Unattached	Open Male	262	153
154	0:51:28 DAVIES, Glyn	Malvern Joggers	Male Vet 40	381	154
155	0:51:44 DUNCAN, Amanda	Malvern Joggers	Female Vet 45	435	155
156	0:51:52 CUNNANE, John	Islwyn Running Club	Male Vet 65	416	156
157	0:51:52 SANDERS, Ed	Unattached	Male Vet 40	494	157
158	0:51:54 ROCKLIFFE, Alan	Unattached	Male Vet 55	230	158
159	0:51:54 LYON, Andy	Almost Athletes	Male Vet 45	327	159
160	0:51:56 ROODE, Steve	Malvern Joggers	Male Vet 50	309	160
161	0:52:06 WALWYN, Ian	Malvern Joggers	Male Vet 60	364	161
162	0:52:10 YARWOOD, John	Wye Valley Runners	Male Vet 55	206	162
163	0:52:19 WILLIAMS, Rob	Brecon A C	Male Vet 55	442	163
164	0:52:22 HUGHES, Chris	Hereford Triathlon Club	Male Vet 50	477	164
165	0:52:27 FERGUSON, Aimee	Brecon A C	Open Female	221	165
166	0:52:38 POOLE, Emma	Evesham Vale Running Club	Female Vet 45	216	166
167	0:52:40 COOLING, Mark	Malvern Joggers	Male Vet 45	325	167
168	0:52:41 FORREST, John	Unattached	Open Male	253	168
169	0:52:50 HINTON, James	Unattached	Open Male	181	169
170	0:52:50 SANTOS, Diego	Unattached	Open Male	388	170
171	0:53:07 HEATON, Phil	Unattached	Male Vet 50	448	171
172	0:53:08 HEAD, Christopher	Wye Valley Runners	Open Male	231	172
173	0:53:09 BERRETT, Susan	Hereford Triathlon Club	Female Vet 40	468	173
174	0:53:21 GOODWIN, Nicola	Unattached	Female Vet 40	456	174
175	0:53:24 WYATT, Emma	Unattached	Female Vet 35	425	175
176	0:53:31 SMITH, Peter	Wye Valley Runners	Male Vet 65	363	176
177	0:53:47 ROCKLIFFE, Kim	Unattached	Female Vet 50	229	177
178	0:54:01 HAYWARD, Lynda	Brecon A C	Female Vet 50	188	178
179	0:54:13 KERR, Jane	Builth & District Runners	Female Vet 45	472	179
180	0:54:21 HOLE, Andrew	North Bristol Tri Club	Male Vet 50	246	180
181	0:54:36 ROUSE, David	Croft Ambrey	Male Vet 60	197	181
182	0:54:52 OSBORNE, Debbie	Evesham Vale Running Club	Female Vet 50	217	182
183	0:55:16 EDELSTYN, Sharon	Unattached	Female Vet 45	419	183
184	0:55:52 KINGSTON, Emily	Unattached	Female Vet 40	183	184
185	0:56:13 STARKEY, Gary	Hay Hotfooters	Open Male	245	185
186	0:56:13 TOMKINSON, Paul	Hereford Triathlon Club	Male Vet 40	396	186
187	0:56:17 ANSTEY, Mike	Malvern Joggers	Male Vet 55	375	187
188	0:56:22 BROADWAY, Lynda	Malvern Joggers	Female Vet 50	376	188
189	0:56:30 BOWEN, Emma	Unattached	Female Vet 50	387	189
190	0:56:33 STANDERWICK, Sam	Parc Bryn Bach	Female Vet 40	453	190
191	0:56:43 SPRAGG, Mike	Malvern Joggers	Male Vet 45	380	191
192	0:56:58 MORISON, Heather	Unattached	Female Vet 40	415	192
193	0:57:00 PRITCHARD, Helen	SX Tri	Female Vet 45	395	193
194	0:57:04 DOODEY, Alex	Unattached	Open Male	214	194

195	0:57:05 LAVELLE, Tina	Hay Hotfooters	Female Vet 55	455	195
196	0:57:06 GREENWOOD, David	Unattached	Male Vet 60	353	196
197	0:57:08 GILL, Isabelle	Unattached	Open Female	213	197
198	0:57:13 JERVIS, Kath	Parc Bryn Bach	Female Vet 55	317	198
199	0:57:19 CHAMPKEN, Sian	Wye Valley Runners	Female Vet 40	422	199
200	0:57:21 SYKES, Mark	Unattached	Male Vet 50	199	200
201	0:57:36 BADHAM, Roger	MADSAT	Male Vet 50	365	201
202	0:57:41 PARKER, Debbie	Malvern Joggers	Female Vet 40	320	202
203	0:58:19 GULLIVER, James	Unattached	Open Male	316	203
204	0:58:43 BOWNES, Julie	Unattached	Female Vet 45	434	204
205	0:58:43 BENJAMIN, India	Eastend Road Runners	Open Female	390	205
206	0:58:57 WOOD, Rob	Croft Ambrey	Male Vet 60	397	206
207	0:58:58 WOOD, Kim	Hereford Triathlon Club	Open Female	398	207
208	0:59:00 PETERS, Suzanne	Unattached	Female Vet 45	344	208
209	0:59:05 PARHAM, Jo	Unattached	Female Vet 35	328	209
210	0:59:06 KELLY, Nicola	Builth & District Runners	Female Vet 45	383	210
211	0:59:07 LAMBERT, Julia	Unattached	Female Vet 50	209	211
212	0:59:27 HEATON, Jan	Unattached	Female Vet 50	447	212
213	0:59:27 HOLDER, Kate	Unattached	Open Female	486	213
214	0:59:29 MARTINS, Ricardo	Wye Valley Runners	Open Male	264	214
215	0:59:30 WATTS, Paul	Wye Valley Runners	Male Vet 50	441	215
216	0:59:43 BAYLISS, Geoffrey	Chepstow Harriers	Male Vet 65	428	216
217	1:00:13 YARDLEY, Craig	Unattached	Male Vet 50	321	217
218	1:00:16 LEGGE, Alan	Unattached	Open Male	342	218
219	1:00:19 KING, Katie	Headington RR	Open Female	191	219
220	1:00:22 FERRETT, Jacqui	Unattached	Female Vet 45	492	220
221	1:00:22 LEE, Richard	Ledbury & District Harriers	Male Vet 50	473	221
222	1:00:45 WALLER, Christine	Unattached	Open Female	443	222
223	1:00:50 CORDEN, Nicholas	Unattached	Open Male	384	223
224	1:00:59 CADMORE, Andrew	Brecon A C	Male Vet 45	407	224
225	1:01:13 PROTHERO, Rachelle	Wye Valley Runners	Open Female	382	225
226	1:01:15 MONNINGTON, Shelley	Unattached	Female Vet 40	412	226
227	1:01:36 TOLLEY, Vivien	Malvern Joggers	Female Vet 50	495	227
228	1:01:36 HARRHY, Alan	Hay Hotfooters	Male Vet 70	241	228
229	1:02:22 PRICE-WALKER, Sophie	Unattached	Female Vet 35	466	229
230	1:02:38 YOUNG, Racheal	Unattached	Open Female	465	230
231	1:02:41 WINDSOR, S	Unattached	Female Vet 35	225	231
232	1:02:45 MILWARD, Steve	Unattached	Male Vet 55	343	232
233	1:02:47 BELCHER, Katie	Unattached	Open Female	445	233
234	1:02:52 PRITCHARD, Diane	Hay Hotfooters	Female Vet 45	235	234
235	1:03:05 WALDEN, Chris	Wye Valley Runners	Male Vet 65	362	235
236	1:03:11 JENKINS, David	Bournville Harriers	Male Vet 50	340	236
237	1:03:17 MCCLEAN, Stephanie	Unattached	Female Vet 40	334	237
238	1:03:22 SMALLWOOD, Billy	Unattached	Female Vet 50	243	238
239	1:03:45 PIPER, Amanda	Unattached	Female Vet 35	308	239
240	1:03:45 BELCHER, Lucy	Unattached	Open Female	475	240
241	1:03:55 RAYNES, Dave	Toonie Express	Male Vet 60	404	241
242	1:03:59 FOX, Yvonne	Toonie Express	Female Vet 50	405	242
243	1:04:19 WINNEY, Sara	Unattached	Female Vet 40	411	243
244	1:04:46 SPEIGHT, Joanne	Unattached	Open Female	237	244
245	1:04:49 WHEELER, Syd	Chepstow Harriers	Male Vet 75	427	245
246	1:04:55 REID, Wesley	Tewksbury AC	Open Male	244	246
247	1:05:02 WRIGLEY, Helen	Unattached	Female Vet 40	193	247
248	1:06:15 GELLATLY, Pamela	Unattached	Female Vet 55	332	248
249	1:07:19 HUTCHEON, Richard	Unattached	Male Vet 70	227	249
250	1:07:20 EDMUNDS, William	Unattached	Open Male	479	250
251	1:08:14 EDMUNDS, Phillippa	Almost Athletes	Open Female	478	251
252	1:08:51 SCRIE, Sarah	Unattached	Open Female	256	252
253	1:09:54 HUSBAND, Amanda	Black Pear Joggers	Female Vet 40	329	253
254	1:10:02 ASTON, Mark	Unattached	Male Vet 45	483	254
255	1:10:29 CLARKE, Terence	Hay Hotfooters	Male Vet 70	200	255
256	1:11:40 BISHOP, Daisy	Unattached	Open Female	414	256
257	1:11:46 GARDNER, Alice	Unattached	Open Female	341	257
258	1:13:07 ROBSON, Annie	Malvern Joggers	Female Vet 35	374	258
259	1:14:39 DIMBYLOW, Rhiannon	Unattached	Open Female	182	259
260	1:17:52 CRESSWELL, JAYNE	Ledbury & District Harriers	Female Vet 40	484	260

261	1:17:52 JONES, Hannah	Unattached	Open Female	257	261
262	1:32:15 ROGERS, William	Unattached	Male Vet 50	347	262
263	1:32:28 LEE, Julie	Unattached	Female Vet 45	474	263