Gords 6

Race in

Celebration of

Gordon Clements
All proceeds to the Haven Charity
Saturday 13th July 2013
Start 6.30pm

Around Caplor Hill Ancient Hill fort

Start and finish at Fownhope recreation Park
6 miles south east of Hereford
Approx 6 miles along grass and woodland

Entry fee: £8.00 Club members, £10.00 unattached £1 surcharge for entries on the day

Prizes: Male & Female in all categories
First male/Female team (3 per team)

Name		
Address		
Tel:	M/F	
Date of Birth	Age on day	
Affiliated Club		

I declare that I am fit and that I am competing in the above race at my own risk and I agree that the organisers cannot accept liability responsibility for any accident or damage suffered as a consequence of my taking part

Signed	Data
3ignea	Date

Cheques payable to Wye valley Runners 17 Eign Road Hereford Hr1 2RY Enquiries: 07789 685777 or email bousty@btinternet.com Permit applied for.