

HEREFORDSHIRE SUMMER OFF ROAD LEAGUE

Race 3

WESTHOPE

10th. July 2013

Pos	Name	Club	Cat	Time
1	James Richards	Wye Valley Runners	MV40	32.23
2	Mike Pfeiffer	Builth & District R.C.	MV45	32.44
3	John Pullen	Wye Valley Runners	MV45	32.58
4	Matt James	Hereford Couriers	S.M.	33.27
5	Mark Lamonby	Croft Ambrey R.C.	S.M.	33.37
6	Andrew Davies	Croft Ambrey R.C.	J.M.	33.40
7	Luke James	Hereford Couriers	S.M.	34.29
8	Andrew Stephens	Monross Trailblazers	S.M.	35.07
9	Eliot Taylor	Hereford Couriers	S.M.	35.29
10	Mike Warrick	Rhayader A.C.	MV60	35.29
11	Jeremy Jehan	Wye Valley Runners	MV40	35.35
12	Steven Flowers	Wye Valley Runners	S.M.	35.56
13	Glyn Williams	Croft Ambrey R.C.	MV40	35.58
14	Dave Williams	Hereford Couriers	MV50	36.03
15	Dave Rouse	Croft Ambrey R.C.	S.M.	36.24
16	Martin Carter	Hay Hotfooters	MV45	36.30
17	Dave George	Croft Ambrey R.C.	MV40	36.35
18	Mike Link	Hereford Couriers	MV40	36.39
19	Andy Taylor	Hereford Triathlon Club	MV40	36.48
20	Martin Whitefoot	Wye Valley Runners	S.M.	36.52
21	Mick Ligema	Croft Ambrey R.C.	MV55	37.12
22	Mark Dykes	Hereford Triathlon Club	MV40	37.16
23	Adam Michniok	Wye Valley Runners	S.M.	37.21
24	Jack Parry	Builth & District R.C.	MV55	37.31
25	Mark Griffiths	Croft Ambrey R.C.	S.M.	37.41
26	Martin Williams	Croft Ambrey R.C.	MV45	38.01
27	Ben Rees	Croft Ambrey R.C.	S.M.	38.07
28	<u>Becki Davies</u> ***	Wye Valley Runners	S.F.	38.09
29	Vincent Playdon	Hay Hotfooters	MV40	38.15
30	Neil Lewis	Hereford Couriers	MV45	38.21
31	Kevin Artus	Wye Valley Runners	S.M.	38.26
32	Steve Herington	Hereford Couriers	MV60	39.12
33	Lea Wood	Wye Valley Runners	S.M.	39.14
34	Paul Bouston	Wye Valley Runners	MV45	39.26
35	Chris Payne	Hereford Triathlon Club	MV50	39.54
36	Chris Howell	Hay Hotfooters	MV45	39.55
37	John Lyden	Ludlow Runners	MV50	39.56
38	<u>Sue R. Davies</u> ***	Croft Ambrey R.C.	FV45	39.58
39	Gary Gunner	Croft Ambrey R.C.	MV65	40.04
40	Paddy Nugent	Wye Valley Runners	MV50	40.15
41	Stuart Austin	Croft Ambrey R.C.	MV45	40.16

HEREFORDSHIRE SUMMER OFF ROAD LEAGUE

Pos	Name	Club	Cat	Time
42	Shaun Hoyes	Wye Valley Runners	MV50	40.40
43	Paul Kemp	Wye Valley Runners	S.M.	40.48
44	Chris Mason	Wye Valley Runners	MV45	41.12
45	<u>Gemma Mallett</u> ***	Croft Ambrey R.C.	S.F.	41.37
46	Andy Chamberlain	Wye Valley Runners	S.M.	41.39
47	<u>Daneen Hughes</u> ***	Wye Valley Runners	S.F.	41.47
48	Craig Rees	Wye Valley Runners	S.M.	42.05
49	Edward Collins	Hereford Triathlon Club	MV45	42.15
50	Andrew Blackman	Wye Valley Runners	MV55	42.23
51	<u>Laura Tootell</u> ***	Wye Valley Runners	FV35	42.24
52	Frank Luscott	Croft Ambrey R.C.	MV55	42.27
53	Piotr Strzesak	Presteigne Pacers	MV55	42.29
54	<u>Jo Morgan-Rolfe</u> ***	Wye Valley Runners	FV40	42.32
55	<u>Irina Dale</u> ***	Croft Ambrey R.C.	S.F.	42.39
56	Ralph Lloyd	Wye Valley Runners	MV50	42.43
57	Tom Davies	Croft Ambrey R.C.	MV60	42.45
58	Ian Foster	Hereford Triathlon Club	MV40	42.56
59	Dan Pavitt	Ludlow Runners	MV45	43.02
60	Antony Evans	Wye Valley Runners	S.M.	43.03
61	<u>Rita Tomkins</u> ***	Presteigne Pacers	FV50	43.10
62	Kevin Barnes	Hereford Couriers	MV50	43.12
63	<u>Jenny Papworth</u> ***	Hereford Triathlon Club	FV40	43.22
64	Ashley Cooke	Croft Ambrey R.C.	MV55	43.31
65	<u>Becci Ansfield</u> ***	Wye Valley Runners	FV35	43.35
66	<u>Dana Machackova</u> ***	Wye Valley Runners	S.F.	43.44
67	Mike Shaw	Wye Valley Runners	MV60	43.44
68	Nigel Jones	Wye Valley Runners	MV55	44.17
69	Mike Hackman	Wye Valley Runners	MV40	44.55
70	<u>Alison Cooke</u> ***	Hereford Couriers	FV50	44.59
71	<u>Lynne Compton</u> ***	Wye Valley Runners	FV45	45.03
72	<u>Jayne Littlewood</u> ***	Hereford Couriers	FV55	45.24
73	Bill Griffiths	Wye Valley Runners	MV60	45.48
74	<u>Kelly Rose</u> ***	Wye Valley Runners	FV35	45.50
75	Bryan Clee	Presteigne Pacers	MV40	45.54
76	Simon Oliver	Wye Valley Runners	MV45	45.58
77	<u>Christie Jones</u> ***	Wye Valley Runners	S.F.	46.15
78	Dave Lloyd	Presteigne Pacers	MV55	46.37
79	<u>Jan Edwards</u> ***	Wye Valley Runners	FV55	46.39
80	<u>Sue Powell</u> ***	Croft Ambrey R.C.	FV50	46.48
81	<u>Sam Harper</u> ***	Croft Ambrey R.C.	FV35	46.53
82	Ashley Robinson	Croft Ambrey R.C.	MV60	47.10
83	Brian Symonds	Wye Valley Runners	MV70	47.33
84	Steve Turner	Wye Valley Runners	MV50	47.47
85	Clive Richardson	Ludlow Runners	MV55	48.18

HEREFORDSHIRE SUMMER OFF ROAD LEAGUE

Pos	Name	Club	Cat	Time
86	Terry Evans	Presteigne Pacers	MV45	48.26
87	Andrew Tipton	Ludlow Runners	MV45	48.34
88	Chris Head	Wye Valley Runners	S.M.	48.37
89	Sandy Ross	Ludlow Runners	MV60	49.08
90	Jason Stuchbery	Croft Ambrey R.C.	MV45	49.37
91	<u>Nondus Banning-Boddy ***</u>	Rhayader A.C.	FV60	49.50
92	<u>Sheryl Evans ***</u>	Hereford Couriers	FV45	50.03
93	<u>Sarah Wilding ***</u>	Presteigne Pacers	FV45	50.51
94	<u>Stephanie Warrick ***</u>	Rhayader A.C.	FV60	51.27
95	<u>Suzannah English ***</u>	Hay Hotfooters	FV55	51.31
96	Harry Franklin	Wye Valley Runners	MV75	51.57
97	Mark Freake	Presteigne Pacers	MV45	55.11
98	<u>Carol Farrington ***</u>	Rhayader A.C.	FV65	55.44
99	<u>Kim Wood ***</u>	Croft Ambrey R.C.	S.F.	57.01
100	Bryan Markham	Croft Ambrey R.C.	MV70	57.39
101	Donna Evans ***	Presteigne Pacers	FV45	59.10
102	<u>Denise Boden ***</u>	Ludlow Runners	FV45	61.18
103	<u>Paula Randall ***</u>	Presteigne Pacers	S.F.	61.48

Herefordshire County Summer Off-Road League

Race 3 <u>WESTHOPE</u>		Date 10th.July 2013	
<u>Pos</u>	<u>Team</u>	<u>Race 3 Scores</u>	<u>Total Scores</u>
1	WYE VALLEY RUNNERS	43	149
2	CROFT AMBREY R.C.	62	200
3	HEREFORD COURIERS	90	309
4	CROFT AMBREY R.C. 'B'	98	327
5	WYE VALLEY RUNNERS 'B'	102	293
6	CROFT AMBREY R.C. 'C'	133	497
7	HEREFORD COURIERS 'B'	134	X
8	HEREFORD TRIATHLON CLUB	139	404
9	WYE VALLEY RUNNERS 'C'	149	455
10	HAY HOTFOOTERS	176	544
11	WYE VALLEY RUNNERS 'D'	179	573
12	WYE VALLEY RUNNERS 'E'	203	669
13	CROFT AMBREY R.C. 'D'	212	686
14	WYE VALLEY RUNNERS 'F'	232	762
15	PRESTEIGNE PACERS	267	761
16	WYE VALLEY RUNNERS 'G'	275	865
17	LUDLOW RUNNERS	283	818
18	CROFT AMBREY R.C. 'E'	284	X
19	RHAYADER A.C.	293	X
20	WYE VALLEY RUNNERS 'H'	300	937
21	WYE VALLEY RUNNERS 'J'	334	1092
22	PRESTEIGNE PACERS 'B'	377	1191