

Emmaus Farm

What to Pack

NOTES

- Layers are great year-round—we work indoors and outdoors all year, rain or shine.
 - Be sure to pack clothing you don't mind getting dirty, muddy, painted on, etc.
 - If you forget something, you **WILL** be fine without it. . . . and we have extras.
 - If you have **any** questions about what to bring, what not to bring, or anything about your trip, give us a call!
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CLOTHING

- T-shirts, socks, underwear
- 1–2 long sleeve shirts
- Sweatshirts—1 in summer, 2 in winter
- Comfortable shorts for summer months
- 1–2 pair sturdy work pants—shorts or sweatpants cannot be worn on construction sites
- 1 nice outfit for church (nicer than jeans)
- 1–2 sets modest pajamas/sleep clothing
- 1 pair tennis shoes that can get dirty/wet (work boots if you have them)
- Extra shoes for down time/walking (optional)
- Coat, gloves, hat scarf for winter months
- Raincoat/poncho (optional)

DO NOT BRING

- Bottled water, soda pop
- Laptop, iPod, mp3
- Makeup
- Hair dryer, curling iron, straightener
- Razer, shaving supplies
- Alcohol
- Drugs, drug paraphernalia
- Guns, weapons (pocket knives are okay)

TOILETRIES

- Toothbrush and toothpaste
- Shampoo, soap, shower supplies
- Bath towel, hand towel, and washcloth
- Deodorant
- Hairbrush and hair ties, clips, bandanas for long hair
- Sunscreen
- Ear plugs (for light sleepers)
- Personal medication, feminine hygiene items, contact supplies, as needed

ITEMS

- Sleeping bag or twin sheets and blanket
- Pillow
- Cash--\$25 should be plenty—we usually go to a local diner once, and we sell Farm t-shirts at the end of the week
- Insurance card
- Journal and pen for reflections
- Water bottle labeled with your name
- Work gloves
- Sunglasses, hat
- Flashlight
- Musical instruments (optional)