



# Heritage Springs

## **BREAKFAST**

### Eggs: Omelets or Scrambled

Prepared as you like with your choice of ham, cheese, veggies or plain.

Bacon or sausage may be added to your order

### Hot or Cold Cereal

Hot: Oatmeal or Cream of Wheat. Add some raisins and brown sugar for a little healthy taste. Cold Cereal: Raisin Bran, Cheerios or Corn Flakes.

### Yummy Daily Specials

Monday: Breakfast Sandwich, Tuesday: Pancakes, Wednesday: Waffles,

Thursday: Hash Browns, Friday: French Toast, Saturday: Biscuits and Gravy, Sunday: Danish

### Bagel & Cream Cheese

Toasted if you like!

### Choice of Bread and Jam

Toasted or plain: Raisin - Wheat - Old Fashioned White - English Muffin - Rye

### Fresh Fruit

Cup or bowl, seasonal assortment. Always fresh!

### Assorted Juices

Orange - Cranberry - V8

### Hot Coffee - Tea - Hot Chocolate - Milk

Coffee: Regular or Decaf, Tea: Regular or Herbal



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## **ALWAYS AVAILABLE MENU 9 AM - 6:30 PM**

### Heritage Springs "Signature" Turkey Avocado Melt Sandwich

You must try this delicious sandwich! Sliced turkey, avocado, lettuce, tomato and provolone on grilled rye bread.

### Heritage Springs Grilled Cheese Sandwich

Always a favorite! Cheddar & provolone cheese slices on old fashioned white bread grilled to perfection.

### Heritage Springs Beef Sliders

Two small tasty burgers on lightly toasted buns. Includes a slice of tomato, lettuce, onion and pickles. Cheddar cheese optional. With choice of potato chips or potato salad.

### Heritage Springs Hot Dog

A classic hot dog on a bun with potato chips. Includes choice of diced tomatoes, chopped onions, relish, mustard or ketchup.

### Assorted Options: Tuna, Egg Salad, Grilled Chicken

What are you in the mood for? Pick your favorite ingredients and your choice of bread.  
White - Wheat - Rye - Raisin - Old Fashioned White Bread

### Italian Summer Salad - Always in Season

A fabulous assortment of cheese, ham, tomatoes and sliced hard boiled eggs on bed on fresh spinach.

### Cheese Blintzes or Potato Latkes with Applesauce

For something different, try a couple of cheese blintzes or potato latkes with a side of applesauce.

### Fresh Fruit Plate with Yogurt or Cottage Cheese

A wonderful assortment of freshly cut fruit with your choice of yogurt or cottage cheese.

### Cup of Soup - Small Bowl of Fruit - Side Salad

Always available to add to your meal. Salad dressing choices: Ranch - French - Italian - Caesar - Thousand Island - Honey Mustard - Blue Cheese - Oil & Vinegar



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## DAILY SPECIALS

### Homemade Soup of the Day

Along with the “Always Available” menu, our chef offers a selection of two entrees to choose from at both lunch and dinner. Current Menu offerings include:

### Lunch Special

Country Chicken with Buttered Noodles & Spinach

Hungarian Pork Steak with Seasoned Potatoes and Cabbage

Baked Salmon Served with Wild Rice and Sautéed Zucchini

### Dessert

Devil’s Food Cake with Toppings

Key Lime Pie

### Dinner Special

Four Cheese Baked Ziti with Italian Vegetables & Garlic Bread

Chopped Steak with Herb Rice & Parslied Cauliflower

Enchiladas served with Spanish Rice & Beans

### Dessert

Tapioca Pudding

Mocha Fudge Marble Cake