Let’s be honest: at some time, we have all felt overwhelmed by life. If you’ve hit a wall of physical or emotional impairments (including alcohol and other substance abuse) that is also affecting your job performance, VR can help you find your way out of the maze and guide you back to work-life balance.

How VR can help
VR offers a variety of services and programs to help get you back on track. For physical impairments, therapies and adaptations are available to help overcome a physical disability that is causing you pain or affecting your ability to do your job.

Through rehabilitation technology, our rehabilitation engineers provide consultation, individual assessment, and design and fabrication to assist you in overcoming physical barriers at home and at work.

Emotional and physical challenges or substance abuse can affect job performance

Services to help with anxiety, depression or other struggles may include counseling and guidance, medical or psychological evaluation/treatment and training to improve interpersonal skills. Other services are available through a variety of partnerships.

In our residential substance abuse recovery program, caring professionals guide you through the physical and emotional aspects of confronting an addiction.

Employers also benefit from VR services. VR can provide training for supervisors on how to communicate with and provide assistance to employees with disabilities. Along with a healthier, happier workforce, employers may see improved quality and quantity of work, less turnover, improved safety, less tardiness and absenteeism, and better employee relations.

Referral for services
VR services are completely confidential and can help you stay employed while getting help and support. You can apply for VR services on your own, or your employer can make the referral.

“Job retention services get people back on the right track.”
— Jimmy Kerr, owner, AMCS, Charleston
of them reach out to me and say how much they have appreciated getting this information. If a technician or a driver cannot pass a Department of Transportation physical, they are out of a job. By providing the services that these individuals need, VR has helped them remain employed.”

“These folks want to work,” says Podmore. “Their love and livelihood is working on, or driving, buses. Both jobs require a commercial driver’s license, which also requires a physical. VR helps people stay employed and does that quite well. And if it happens that someone cannot keep their job as a driver or a mechanic, VR can help them with training and resources so they can do something else.”

The employer, the employee and VR are working together to make sure the employee is successful. Everyone benefits.

For Cecelia, it has meant that she has been able to keep her job, and more. “I've started walking again—I even bought walking shoes!” she happily says.

The Vocational Rehabilitation program receives 78.7 percent of its funding through a grant from the U.S. Department of Education. For Federal fiscal year 2020, the total amount of grant funds currently awarded is $12,334,742. The remaining 21.3 percent of the costs ($3,338,374) are funded by state appropriations.