Your interests, needs, physical abilities, work history, education and aptitudes are considered in vocational assessment and career exploration. Through vocational testing we match you with potential training, educational, or career opportunities.

Basic employment skills are evaluated through occupational therapy with assessments of upper extremity strength, cognitive and visual skills, dexterity and activities of daily living.

Based on your needs your comprehensive evaluation may include residential services in a facility with accessible rooms, a dining hall and scheduled recreational activities to create a comfortable atmosphere.

Trained and licensed nurses provide basic medical care for residents, diabetic education, nutritional counseling and weight management instruction.

If needed, pain management sessions are available to help you learn assertiveness and relaxation skills. Special exercises and lifting techniques can reduce stress, increase strength and decrease the possibility of additional injury.

Brain injury sessions are also available to help you identify and address barriers to employment and develop strategies to improve your work-related performance.
Based on the results of your evaluation and feedback from you and your family, we work with you to develop a plan to help overcome behavioral and cognitive limitations.

**Individual and group therapy sessions** help you develop awareness of your limitations and provide you with an opportunity to apply and practice behavioral strategies.

Depending on your needs, sessions may include adjusting to a disability, problem solving, and stress management, social support, goal setting, and memory management strategies.

**Muscular development** helps you achieve your physical and vocational potential through customized fitness training, physical therapy and aquatic therapy.

**Rehabilitation technology** can help you overcome barriers that may exist at home, school or in the workplace.

**Job preparedness instruction** focuses on communication skills, workplace behaviors, resume development, interview preparation, and job search.

These services are also available through **job retention services** to those who are currently employed and facing barriers to their productivity or continued employment.

> “Thank you for believing in me. I learned a lot about how to work better.”

- Rosa Daniels, former consumer

**Summer Activities** including Summer Institutes hosted by local VR offices across the state, and Summer Camps hosted by VR’s Comprehensive Evaluation Centers, feature fun-filled career and post-secondary education exploration at no cost.

These services are available to VR consumers throughout the state. For more information, contact your local office ([offices.scvrd.net](http://offices.scvrd.net) or call 800-832-7526).

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The Vocational Rehabilitation program receives 78.7 percent of its funding through a grant from the U.S. Department of Education. For Federal fiscal year 2020, the total amount of grant funds currently awarded is $55,769,328. The remaining 21.3 percent of the costs ($15,093,859) are funded by state appropriations.