“Nutrition insecurity” is not having reliable access to 3 healthy meals a day. San Diego Hunger Coalition estimates the nutrition insecure population to be households with income below 200% of Federal Poverty Level ($60K/year for a family of 4). Research indicates this to be a conservative estimate of the population needing food assistance to obtain adequate daily nutrition.

**District 80 Total Population Estimated People Nutrition Insecure**

<table>
<thead>
<tr>
<th>Total Population</th>
<th>Estimated People Nutrition Insecure</th>
</tr>
</thead>
<tbody>
<tr>
<td>484,672</td>
<td>156,166</td>
</tr>
</tbody>
</table>

**Nutrition Insecurity: Children & Youth (0-18)**

<table>
<thead>
<tr>
<th>Total Children &amp; Youth in District 80</th>
<th>Estimated Kids Nutrition Insecure</th>
</tr>
</thead>
<tbody>
<tr>
<td>114,351</td>
<td>46,713</td>
</tr>
</tbody>
</table>

**Nutrition Insecurity: Older Adults (60+)**

<table>
<thead>
<tr>
<th>Total Seniors in District 80</th>
<th>Estimated Seniors Nutrition Insecure</th>
</tr>
</thead>
<tbody>
<tr>
<td>89,979</td>
<td>26,552</td>
</tr>
</tbody>
</table>

**% of Total Population Nutrition Insecure**

- Children & Youth: 32% compared to 25% in SD County
- Older Adults: 41% compared to 32% in SD County

**Cost of nutritious meal adapted for San Diego prices and population.**

- CalFresh (SNAP): 3,281,643
- Pandemic-EBT: 608,271
- School & Youth Meals: 1,357,442
- Food Distribution: 803,711
- WIC: 326,005
- Older Adult Meals: 38,905
- Food Distribution Program on Indian Reservations (FDPIR) -

**Total Meals Provided in Month**: 6,415,976

**% of Food Assistance Meals by Source**

<table>
<thead>
<tr>
<th>Source</th>
<th>CalFresh (SNAP)</th>
<th>Pandemic-EBT</th>
<th>School &amp; Youth Meals</th>
<th>Food Distribution</th>
<th>WIC</th>
<th>Older Adult Meals</th>
<th>Total Meals</th>
</tr>
</thead>
<tbody>
<tr>
<td>CalFresh (SNAP)</td>
<td>51%</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pandemic-EBT</td>
<td>1%</td>
<td></td>
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<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>School &amp; Youth Meals</td>
<td>13%</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Food Distribution</td>
<td>1%</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>WIC</td>
<td>5%</td>
<td></td>
<td></td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Older Adult Meals</td>
<td>9%</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total Meals</td>
<td>6,415,976</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Step 1: Total Meals Needed by Nutrition Insecure Population**

- Children & Youth: 114,351
- Older Adults: 89,979

**Step 2: Subtract Estimated Self-Purchased Meals**

- Children & Youth: 7,609,544
- Older Adults: 5,726,756

**Step 3: Subtract Total Food Assistance Meals Provided**

- Children & Youth: 6,415,976
- Older Adults: 6,891,212

**Missing Meals in District 80: September 2023**

- Children & Youth: 224,593
- Older Adults: 476,236

**CalFresh Participation**

- CalFresh Recipients in September: 84,749
- Est. Total Population Eligible for CalFresh: 110,255
- Estimated CalFresh Participation Rate in District 80: 77%
- Potential New CalFresh Enrollees: 25,507
- Additional monthly meals if half of eligible pop. was enrolled: 553,080

**District 80 Senior Participation**

- Senior CalFresh Recipients in September: 20,402
- Est. Total Seniors Eligible for CalFresh: 25,155
- Estimated Senior CalFresh Participation Rate: 81%
- Potential New Senior CalFresh Enrollees: 4,753

**Methodology:**

- Hunger Free San Diego calculates the CalFresh participation rates based on the likely eligible population with income below 185% of the Federal Poverty Level (FPL). In California, households with income up to 200% FPL are encouraged to apply.

For full methodology and maps of CalFresh participation and potential enrollees, as well as all of this data by electoral district, visit: www.sdhunger.org/research.