

The Los Angeles Method

Think | Feel | Act | Succeed
www.thelosangelesmethod.com

Education | The Los Angeles Method

The Los Angeles Method in collaboration with
The International Theatre in English
by the Stichting TheodoraVoutsasProductions
offers

high school, college and drama school students the chance
to study Acting and
to get on hands experience in the process of a theatre production.

What we offer:

- Acting Workshops.
- On Camera | Film Workshops.
- Preparation for Drama School.
- Production of a Play | Workshop Performance.
- Private Acting Sessions.

Scroll down the page for more information on our programs. Thank you.

Acting Workshop | The Los Angeles Method

We work on

- theory,
- exercises,
- script analysis,
- behavioural analysis,
- acting exercises,
- trust exercises,
- improvisation,

- expression and communication,
- casting and audition techniques.

We take the acting traditions that date back to Stanislavski and we incorporate them to today. We believe that to recreate real human behaviour and truly be in the scene, we need to know our Authentic Self, our personal truth- and be able to have the courage to show it to the world. We can not express emotions on stage, truthfully, if we have these emotions blocked in our real life. Then we would be lying and acting is all about revealing the truth.

We analyse the script using behavioural science. How does your character negotiate life? How do you negotiate life? What are your tactics? What can you use from your own personal truth and life experiences, to replicate that character? Who are you? Who is your character? Where can you meet?

On Camera I Film Workshop I The Los Angeles Method

We work on scenes while filming the process. Then we replay the scenes and make the necessary corrections. This workshop gives the participants the chance to see themselves on film and understand the different dynamic of the medium. It is also a chance for them to learn the theory and techniques of Film Acting.

Preparation for Drama Schools I The Los Angeles Method

A workshop where future drama students can prepare their monologues and auditions.

The Theatre Project I The Los Angeles Method

3 Cycles that lead to the production of a play. The participants get the opportunity to experience first hand the process of casting, rehearsing, tech week, costume rehearsal, make up, opening of a play and the connection with an audience.

Private Acting Sessions I The Los Angeles Method

Acting is a great way to get to know one self and capabilities. Acting assists an individual to learn to manage one's emotions. Emotions are the fuel we use to achieve our goals. Through acting exercises one can understand how to create a role, whether it is on stage or in life; one can understand connection with one self and society; one understands empathy. In the private sessions we work with one or two participants on monologues or scenes. Acting can help you overcome fears and obstacles in the most creative and painless way.

For more information you can contact us at
thelosangelesmethod@gmail.com
Thank you.