There are 1.4 million adolescents (between the ages of 10 and 19) living with HIV in eastern and southern Africa; this is the only age group in which HIV infections have been increasing. HIV is the highest cause of death among adolescents in Africa.¹

Treatment adherence presents a significant challenge for adolescents living with HIV whether they acquired it vertically or horizontally. Adolescence is a period of social, emotional and physical transition that can intensify the possibility of non-adherence. Stigma and discrimination makes matters worse.

• Strengthen the inclusion of adolescent voices in the provision of HIV services and ensure that they are fully involved in designing, implementing and monitoring programmes intended to meet their needs.

• Prioritize the implementation of adolescent-friendly comprehensive sexual and reproductive health and HIV services.

• Address abuse, violence, and stigma and discrimination faced by adolescents.