

# Matzohball 5K & 1M fun run



**Date: Sunday, June 4th, 2017**

**Time: 9:00am 5K race \* 9:10am 1 Mile fun run**

**Pre-register by May 15 for discounted rate**

**PLACE: Centennial Park, Pavilions A,B,C  
(South Area, off Route 108 in Ellicott City, MD)**

Hang around after the race for Family Wellness Day – a free community event with family activities, community booths, entertainment & prizes

**Registration Headquarters:** Charm City Run,  
7090 Deepage Drive, Columbia, MD 21045  
(410) 531-6846

**Packet Pick-up:** Charm City Run,  
Saturday, June 3, 2017, 10:00am – 3:00pm

**Race Day Registration and Packet Pick-up:**  
Centennial Park, Starting area, 7:30am to 8:30am

- Awards**  
Age group winners: (male & female) 1<sup>st</sup> – 3<sup>rd</sup>  
Top male & female  
Special age group awards for TI members (male & female) 1<sup>st</sup> place only
- Matzohball Tee-Shirt**  
One shirt per registered participant or family. Additional shirts may be purchased for \$10 per shirt and must be ordered by May 15<sup>th</sup> in order to guarantee availability.

**Pre-Registration (deadline May 15<sup>th</sup>):**  
\$25 for Individuals, \$40 for Families.

**Late Registration (after May 15<sup>th</sup>):**  
\$30 for Individuals, \$45 for Families.

*Family registration is limited to 6 people and must be immediate family members. Entry fee for individual or family includes one t-shirt. Additional tee-shirts are \$10. Entry fee is non-refundable.  
Must register by May 15th to guarantee tee-shirt availability on race day.*

**Both the 5K race and the 1 mile fun run/walk courses are around beautiful Centennial Park located off Route 108 in Ellicott City, Maryland. The race starts and finishes near Pavilions A, B & C and follows the paved foot paths around the lake. Water provided at mile two and bagels, fruit and water provided at the finish.**

**Proceeds to benefit DreamBuilders, Grassroots Crisis Intervention Center, HopeWorks, and Temple Isaiah in Howard County, MD.**

**Mail Check (payable to T.I. Mens Club) & Entry form to:**  
**T.I. Mens Club**  
**c/o David Zolet**  
**8976 Wetbanks Court**  
**Columbia, Maryland 21045**

**Questions?**  
Website: [www.matzohballrun.com](http://www.matzohballrun.com)  
Email: [matzohballrun@gmail.com](mailto:matzohballrun@gmail.com)  
Fax: 301-317-1594



I know that running a race is a potentially hazardous activity and I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to complete the run safely. I assume all risks associated with running in this event including, but not limited to: falls; contact with other participants; the effects of weather, including high heat and/or humidity; the conditions and traffic on the course; all such risks being known and appreciated by me. Having read this waiver, and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release all sponsors of this event, as well as Howard County, MD elected officials, officers, employees and authorized volunteers, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event or carelessness on the part of the persons/parties named in this waiver. I grant permission to use photographs, motion pictures, recordings, or any other records of these events for any legitimate purposes. I understand that bicycles, skate boards, baby joggers, roller skates or blades, animals and radio headsets are not allowed in the race, and I will abide by this guideline. I understand I am responsible for supervising any family members participating in the event who are under 18.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Waiver – Please read and sign. **If under 18, parent or guardian must sign.**

First Name:		Last Name:		Telephone:		5K or 1Mile	
Street Address		City:	State:	Zip:	Email:		
Birthdate:	Age Race Day:	Gender: Male or Female		Shirt Size: SM M L XL Child Lg. (additional shirts: note quantity and sizes on back)			
						Are you a T.I. member? <input type="checkbox"/> (check if yes)	

Mail in registration forms and checks to address noted above or register at Charm City Run in Columbia, Maryland.  
**TURN OVER TO LIST ADDITIONAL FAMILY MEMBERS**

## Corporate Sponsorships

Sponsorship opportunities are available! Sponsors will have logo featured in marketing materials, race t-shirt, and website

Minimum \$300 contribution to have logo included on T-Shirt

Contact Barry Dubin @ matzohballrun@gmail.com

Do not forget to read and sign the waiver on the front side of this form

Please write clearly when recording all information on this form.

**USE THIS AREA TO LIST ALL FAMILY MEMBERS THAT WILL BE PARTICIPATING IN THE 5K OR 1 MILE RUN/WALK**

\* Limit 6 per family (including SELF, contact Race Director for exceptions)

\* All family members must be immediate family (spouse, children)

FAMILY MEMBER NAME (Limit 6)	RELATIONSHIP (child, spouse)	MALE / FEMALE	BIRTHDATE	RACE (only circle one)	Special Categories (circle all that apply)	SHIRT SIZE: SM, M, L, XL, or Child Large
	<b>SELF</b>					Primary family member receives free t-shirt. Please provide size: _____
		M   F		5K   1 Mile	TI	Shirt Size: _____ (@ \$10.00)
		M   F		5K   1 Mile	TI	Shirt Size: _____ (@ \$10.00)
		M   F		5K   1 Mile	TI	Shirt Size: _____ (@ \$10.00)
		M   F		5K   1 Mile	TI	Shirt Size: _____ (@ \$10.00)
		M   F		5K   1 Mile	TI	Shirt Size: _____ (@ \$10.00)
						<b>Total Shirt Cost: \$10 x _____ = _____</b>

**Total Cost: \$40 Family Registration (\$45 if registering after May 15th) + \$ \_\_\_\_\_ (Shirt Cost) = \$ \_\_\_\_\_**

**Mail Check (payable to: T.I. Mens Club) & Entry Form To:**

**T.I. Mens Club c/o David Zolet, 8976 Wetbanks Court, Columbia, MD 21045**

**Questions? Go to our website - [www.matzohballrun.com](http://www.matzohballrun.com), E-Mail us at [matzohballrun@gmail.com](mailto:matzohballrun@gmail.com)**