STATISTICS SPEAK VOLUMES.
PARENTS, IT’S TIME TO TALK 2 PREVENT.

Alcohol is the most commonly used and abused drug among youth in the United States. Talk to your teenager about not drinking, and keep the conversation going. They’ll listen.

- **31%** of seniors reported at least one episode of binge drinking during the past two weeks.
- **49%** of high school seniors in NY have consumed alcohol in the past 30 days – that's more than 100,000 seniors.
- **1 out of 3** 13-year-olds in NYS has tried alcohol.
- **52%** of NY students in grades 7-12 reported their parents had never talked to them about the dangers of underage drinking.
- **7x** A teen who begins drinking before the age of fifteen is 7 times more likely to have an alcohol abuse problem later in life than someone who waits until age 21 to drink alcohol.
- Research indicates the brain continues to develop into the mid-twenties. Alcohol use can have a detrimental effect on the developing brain.

You can keep kids safe from alcohol and drugs. Learn how.

www.Talk2Prevent.NY.gov

**What is binge drinking?**
- five or more drinks at one time for males
- four or more drinks at one time for females