

Hello Beautiful!

Welcome to the Cosmic Womb! You just said, “YES!” to yourself and your gifts in a bigger way than ever before! Seriously, it's a big deal. It takes massive bravery, faith and a whole lot of surrendering to your Higher Self. I'm so excited to be here with you on this journey.

Our time spent together provides you with a safe and loving container. You will get as much out of this as you put in. It will require effort, heart work and discomfort as you lean into your fears. I am here to guide you through the entire process as you move through the process and clear what's getting in your way.

Here's a little about what to expect with your time:

- If you need to reschedule, please do so 48 hours in advance via email, text or phone. Missed appointments will not be refunded.
- I follow the flow of your energy. There may be times the sessions call to be extended or shortened. I will always communicate this with you and we will agree upon which feels best.

Everything you need for your session is here: www.thecosmicwomb.com/imready . Be sure to bookmark this page so it is readily available for you before each session.

Know that I am here for you 100%. Don't hesitate to ask questions and express your needs. I am open to all feedback. I promise to ensure that you feel seen, heard and loved.

Thank you for choosing me as your guide!

xo,

Alise