This Year at The Parkside School
2020-2021
In the 2019 year, Parkside kids went to The Parkside School. All kids were inside the building. This was the just right choice for all kids.
In the March month, a big ZOOP happened. All kids had to go to school on the computer. All kids stayed on the computer in the April, May, June, July and August months too. This was the just right choice for all Parkside kids to stay safe and healthy.
Soon, it will be the September month. And now, a new choice. Will Parkside kids go back to the building or stay on the computer?
In the September month, some Parkside kids will stay on the computer at home. Some kids will go into the Parkside School building.
Your parents will make the just right choice for you and your family. They want to keep you safe and they want you to learn.
It is the **just right** choice for **some** Parkside kids to go to The Parkside School building for school.
It is the **just right** choice for **some** kids to stay home to go to The Parkside school on the computer.
Sometimes, choices change.

Some kids might start on the computer and then go back to the building later.

Some kids might start in the building and then go back to school on the computer later.
Your parents, teachers and therapists care about you. They are here to help you. Right now, this might feel very confusing or stressful.

Why do some kids go back to the building and some kids stay at home? This is a hard question. Your parents, teachers and therapists want to help make it feel easier for you.
Remember, you parents will make the just right choice for you and your family.

You might like their choice. You might not like their choice. But remember, they are trying to keep you safe and they want you to learn.
Let’s talk about how you are feeling right now. Think about school in the building and on the computer.

What are you thinking?

How are you feeling?
Let's talk about what we might do to help make it easier. You might try:

- Take deep breaths.
- Use a body tool.
- Listen to relaxing music.
- Talk to a parent, family member, teacher or therapist.
- Draw a picture or write about how you are feeling.
This school year might be ZOOPY with some kids at home and some kids in the building. Your parents, teachers, therapists and friends are all here to help you.

It might feel hard, but we are all in this together!