The Parkside School is committed to its mission of serving elementary school children from diverse ethnic, social, and economic backgrounds who have a range of language-based learning difficulties. An essential part of that commitment in today’s world is creating a safe learning environment for all Parkside students and staff.

This document will present an outline for how The Parkside School will provide the safest learning environment possible in the 2020-2021 school year while also providing remote learning options for those in our community who opt for that approach.

Whether in school or remote, we will do our best to ensure that we uphold our commitment to enable our students to pursue learning while maintaining the highest standards to ensure the health and safety of our students and staff. Each Parkside Family and staff member will be asked to sign a Social Responsibility Agreement – a pledge – signifying their commitment to the safety of all in our community.

Please note that Parkside may revise this plan as events unfold this school year. Flexibility and understanding will be necessary components of our success.
Daily Practices

All students and employees are required to self-screen before coming to school through a survey conducted via the Magnus Health app. Students and employees exhibiting symptoms of COVID-19 (fever of 100.0°F or greater, cough, shortness of breath, chills, muscle pain, headache, sore throat, new loss of taste or smell, vomiting/diarrhea) are prohibited from coming to school. Based on answers provided, the App survey will determine eligibility for school attendance and may recommend contacting the school nurse for further follow-up. It is expected that parents and staff will have a thermometer to conduct daily temperature checks as part of the screening process.

Upon arrival at school, staff and students will have their temperature checked prior to entry and will be asked to immediately sanitize hands and then wash hands thoroughly before entering the classroom.

Mask Protocol

It is expected that students and staff will be wearing masks for the entire school day and while in the building except for times when ‘mask breaks’ are allowed. These breaks include the following times:

- During snack and lunch breaks
- If classes are occurring outside where physical distancing can be enforced
- For staff: if they are alone in a room

Students and staff are expected to wash masks daily and/or have a supply of masks to ensure a fresh mask is used daily. Students are also asked to carry an extra mask with them to school, especially if they have a strong preference for specific type of mask.
SOME HELPFUL TIPS FOR MAKING MASK WEARING AS COMFORTABLE AS POSSIBLE:

- For staff/students wearing glasses, we recommend using an anti-fog treatment (i.e. Optic 55 brand) and pay special attention to the fit of the mask around the bridge of the nose.

- For tactile sensitivities, cotton ear loops or around-the-head-strap with knit fabric may be great solutions. A top source of irritation behind the ears are from elastic loops or ridged/rough fabric that rubs against the skin.

- We recommend masks with adjustable ear straps to ensure optimal fit given faces vary in size and shape.

FOR STUDENTS:

- We suggest letting your child choose the mask pattern/color and try to find options that are appealing to the child.

- Launder the mask using the soap / detergent that you use for your child’s clothing prior to wearing. Initial smell impressions can be very important, especially for an individual with olfactory hypersensitivities.

- Be patient; parents will likely need to try a few options before finding one that your child likes, especially if your child has sensory hypersensitivities.

The Parkside Occupational Therapy department has compiled a list of masks that work well for kids and adults, based on recommendations from staff and parents.

- Nylon Spandex Face Mask
  www.etsy.com/listing/805185994

- Old Navy Face Masks
  oldnavy.gap.com/browse/category.do?cid=1157699

- Parkside Logo Face Masks
  www.parksideschool.org/school-store

- Busy Bee Face Masks
  www.busybeeskids.com/collections/masks

- Halo Life Face Masks (age 7 and up)
  halolife.io/collections/all

- Joah Love Face Masks
  www.joahlove.com/collections/mask

- Athleta Face Masks
  athleta.gap.com/browse/category.do?cid=1157294

- Nuzzles Kids Face Masks (for smaller faces; 30-day return policy)
  www.getnuzzles.com

- Sensory Friendly Fabric Mask
Falling Ill

The Parkside School will contact the parents of any student who falls ill during the school day or who arrives at school with symptoms of illness and will request immediate pick-up from school (within one hour of being contacted or as soon as possible).

A designated room has been identified that will be an ‘isolation room’ where students exhibiting COVID-19 symptoms can wait for pick-up. Only the Parkside nurse will interact with the student and be able to enter/use the isolation room. All student pick-up will occur outside the entrance to Parkside and parents will be provided with the appropriate telephone contact number to inform Parkside staff they have arrived to pick up the student.

Any staff who exhibits COVID-19 symptoms should immediately exit the building. Upon exiting, staff should call administrators to procure coverage of students. Staff may also call the school nurse and discuss symptoms.

Persons experiencing symptoms may return to school only if the following conditions are met:

- They have not had a fever or symptoms for at least 72 hours (that is three full days of no fever without the use of medicine that reduces fevers) after quarantining at home for 10 calendar days OR they have a negative lab-confirmed COVID-19 test.
- For students: a doctor’s note to attest that the student may return to school.

A doctor’s note would be required for a student’s return to school in the case that that a known cause other than COVID-19 was found (i.e. strep throat that had been treated).

Additional information on what to do in suspected or confirmed COVID-19 diagnoses can be found in the table “COVID-19: When a student or staff member can return” included in this packet.
We strongly encourage those individuals who exhibit symptoms or suspect they may have COVID-19 to undergo testing.

COVID-19 testing can be accessed through a doctor’s office and/or at urgent care centers. Below is a list of pediatric urgent care centers across New York City (please note that this is not a comprehensive list):

**Brooklyn**

**PM PEDIATRICS**

**Bensonhurst**
1823 86th Street
Brooklyn NY 11214
718.234.5437

**Midwood**
1273 Coney Island Avenue
Brooklyn, NY 11230
718.253.5437

**Cobble Hill**
240 Atlantic Avenue
Brooklyn, NY 11201
718.246.5437

**MOONLIGHT PEDIATRICS**

**Borough Park/Bensonhurst**
1483 60th Street
Brooklyn NY 11219
718.427.5437

**NORTHWELL HEALTH URGENT CARE**

**Chelsea**
225 West 23rd Street
NY, NY 10011
212.897.1994

**Greenwich Village**
41 East 8th Street
NY, NY 10003
212.897.1991

**Upper East Side**
1555 1st Avenue
NY, NY 10028
212.897.1995

**Upper West Side**
199 Amsterdam Avenue
NY, NY 10023
212.721.4200

**Manhattan**

**NORTHWELL HEALTH URGENT CARE**

**The Bronx**

**PM PEDIATRICS**

**Riverdale**
5740 Broadway, Unit E
Bronx, NY 10463
929.920.5437

**Queens**

**PM PEDIATRICS**

**Bayside**
210-31 26th Avenue
Bay Terrace Shopping Center
Bayside, NY 11360
718.747.5437

**Forest Hills**
72-20 Austin Street
Forest Hills, NY 11375
719.268.4767

**NORTHWELL HEALTH URGENT CARE**

**Astoria**
37-01 Broadway
Astoria, NY 11103
929.265.5990

**Lefrak City**
58-28 99th Street
Corona, NY 11368
718.502.9867

**Ridgewood**
55-05 Myrtle Avenue
Ridgewood, NY 11385
718.502.9063

**Staten Island**

**PM PEDIATRICS**

**NORTHWELL HEALTH URGENT CARE**

**Bulls Head**
1445 Richmond Ave, Suite E
Staten Island, NY 10314
929.219.0622

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Positive Case Protocol

When there is a positive case of COVID-19 within our school community (staff or student), the school must be notified immediately. We will follow the below protocol/communication procedure:

- If we receive a report of a positive case, the school will immediately notify staff and families and the school will close for 14 calendar days.
- The school nurse will contact staff and families of students who were within 6 feet of the infected individual for more than 10 minutes.
- The school will immediately notify appropriate city and state authorities to start contact tracing.
- The school will be thoroughly cleaned and disinfected.
- Remote learning options will be provided while the school is closed.

Coming in Contact with Someone Who Tested Positive for COVID-19

Students or staff who come into contact with someone who is confirmed for COVID-19 will need to inform Parkside and are expected to stay home for 14 calendar days. On the morning of the 14th day, family members or staff will call the school nurse to discuss if any symptoms are present; if the student or staff is symptom-free, they are eligible to return to school. If symptoms develop during quarantine, we recommend a COVID-19 test and the individual is asked to follow the protocol shared above for a positive case. Additional information on what to do in this scenario can be found in the table “COVID-19: When a student or staff member can return” included in this packet.
## Health & Wellness at Parkside

<table>
<thead>
<tr>
<th>A full-time nurse has been hired.</th>
<th>No one other than staff or students will be allowed in the school building.</th>
<th>Hand sanitizing stations and disinfectant wipes will be available throughout the school.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bathroom have been updated with automatic faucets.</td>
<td>The school has purchased PPE for students and staff and will distribute when needed.</td>
<td>Students will receive training on appropriate hand washing/hand sanitizing procedures/techniques and will wash hands frequently throughout the day.</td>
</tr>
<tr>
<td>There will be intense, daily cleaning of common use spaces (doorknobs, stair rails, common areas, etc.) as well as the classrooms.</td>
<td>Hallways will be marked for directional travel and distancing where appropriate.</td>
<td>Additional mental counseling support will be available this year.</td>
</tr>
<tr>
<td>Outdoor education will be used where possible.</td>
<td>Desks will be spaced 6’ apart and face the same direction.</td>
<td>Three-way desk shields will be placed on each student’s desk.</td>
</tr>
<tr>
<td>Each child will have his/her own bin of school supplies.</td>
<td>Toys will be cleaned and de-sanitized every day.</td>
<td>Measures to increase and improve air ventilation will be used:</td>
</tr>
</tbody>
</table>

- Windows will be open whenever possible.
- No classroom or therapy appointments will take place in a room without windows.
- Use of air filters is being explored.
### When an Individual Can Return to School

**QUARANTINE** means staying at home and not being present in public areas.

**ISOLATION** means keeping away from others, even those who share your home.

<table>
<thead>
<tr>
<th>INDIVIDUAL</th>
<th>SYMPTOMATIC</th>
<th>NO SYMPTOMS</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>NOT TESTED</strong> with or without alternate explanation (strep that has been treated, influenza, etc) as determined by health care provider</td>
<td>Must remain home (QUARANTINE) for at least 14 days from first day of symptoms, symptoms must be significantly improving or asymptomatic, remain fever-free for 72 hours without use of medications, AND provide written health care provider clearance to return to in-person school.</td>
<td>N/A</td>
</tr>
<tr>
<td><strong>TESTED and NEGATIVE WITH alternate explanation (strep that has been treated, influenza, etc) as determined by health care provider</strong></td>
<td>Test must be a lab-confirmed diagnostic test. Provide written clearance from health care provider stating alternate diagnosis and written clearance to return to in-person school. Symptoms must be significantly improving or asymptomatic, and follow provider’s recommendation regarding fever-free time before returning to school. A minimum of 24 hours fever-free is required.</td>
<td>N/A</td>
</tr>
<tr>
<td><strong>TESTED and NEGATIVE WITHOUT alternate explanation as determined by medical provider</strong></td>
<td>Test may be falsely negative. Remain home (QUARANTINE) for 14 days from onset of symptoms. Return sooner than 14 days will be determined on a case-by-case basis in communication with health care provider and relevant health department. At minimum, symptoms must be significantly improving or asymptomatic, fever-free without use of medications for 72 hours, provide written health care provider clearance to return to school in-person, and health department deems it advisable to return. Excluding those under quarantine for close or proximate contact with COVID-19, these individuals may return to in-person learning.</td>
<td></td>
</tr>
<tr>
<td><strong>TESTED and POSITIVE</strong></td>
<td>In the case anyone who has been in the school building tests positive, the school will close for 14 days so any possibly-exposed individuals may complete the recommended quarantine period. The community will transition to distance learning. Test+Trace and Parkside will perform contact tracing within the community and inform contacts of their direct exposure. Direct contacts will QUARANTINE for 14 days from day of last contact. The positive person and any symptomatic individual who chooses to get tested and tests positive will be contacted by the NYC Test+Trace Corps and/or the health department and told to ISOLATE for at least 10 days from the day symptoms started, after which time they must be fever-free for 72 hours without medications, symptoms must be improving or asymptomatic, provide written health care provider clearance to return to in-person school, and provide official release from isolation documentation from the relevant health department in order to return to in-person school. Individuals who develop symptoms during the 14 day school closure must follow the guidelines in this table appropriate for their situation. Asymptomatic individuals who test positive must QUARANTINE and stay at home for at least 10 days from the day the test was performed, regardless of which point in the school closure timeline testing was performed. Need for isolation will be communicated by the health department or the NYC Test+Trace Corps. If symptoms do eventually develop, extend isolation period by counting 10 more days from the day symptoms appear (see Symptomatic&gt;Tested and positive). In addition, individual must provide written health care provider clearance to return to in-person school, and official release from isolation documentation from the relevant health department.</td>
<td></td>
</tr>
<tr>
<td>Close or proximate contact with someone who is confirmed by diagnostic test for COVID-19</td>
<td>N/A The individual must stay home (QUARANTINE) for 14 days from last contact with COVID-19-positive person, regardless of alternate explanation for symptoms or test results. Need for testing, official quarantine and return to school eligibility will be determined by health care provider and the health department.</td>
<td>Stay home for 14 days (QUARANTINE) with COVID-19 positive person. Must remain symptom-free. If individual develops symptoms, refer to symptomatic scenarios. Need for testing, official quarantine and return to school eligibility will be determined by the health department.</td>
</tr>
</tbody>
</table>

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