

CAMP WESTWOOD

SUMMER BROCHURE 2016



campwestwood@gmail.com

902-826-2100 ext. 15

"ENCOURAGING FREE PLAY &
CREATIVITY IN AN ACTIVE
RECREATIONAL SETTING"

12 Westwood Blvd. – Upper Tantallon, Nova Scotia



General Information

Beginning its first year in 2010, Camp Westwood is now celebrating its 7th year of operations!

Camps will run from Monday, July 4th, 2016 to Friday, September 2nd, 2016 (9 weeks).

Camps run from 8:30 AM to 4:30 PM. We provide **early drop-off beginning at 7:15 AM**, and late pick-up **until 5:45 PM**, FREE of charge!

Camps run for children ages 5-10 years of age.

We have zero tolerance for inappropriate, violent, or dangerous behavior. **Electronics, including cell phones and iPods, are not permitted during camp hours.**

Registration forms are available at the front desk of St. Margaret's Centre, and on the SMC website.

Payment Options & Discounts

We provide two methods of payment:

- Pay in full at time of registration.
- Payment Plan: Pay \$50 deposit upon registration. Remaining balance is divided into 3 equal payments, occurring on June 15th, July 15th, and August 15th. Adjustments will be made if registration occurs after June 15th or if the child will not be attending camp after August 15th.

Payments can be made with cash, debit, cheque, Visa, or MasterCard. If using the payment plan method, only Visa, MasterCard, and post-dated cheques will be accepted.

DISCOUNTS:

By purchasing two or more weeks of camp or by registering two or more children, you will receive a 10% discount off the total camp price (excluding Pizza Friday total). Discounts cannot be multiplied with multiple camps or multiple children.

REFUND POLICY: You **must** cancel your registration **THREE WEEKS** prior to the day or week of camp that you are requesting withdrawal from to be eligible for a full refund. Refunds that do not fall within these guidelines will be subject to a \$25 administration fee.

Upon registration, you will receive a copy of the registration form. Please **do not discard** this as it can be used for income tax purposes.

QUESTIONS? Email campwestwood@gmail.com



Lunch, Snacks, & Pizza Friday

It is the parent's responsibility to provide: **LUNCH, SNACKS, & WATER BOTTLE.**

An afternoon snack will be provided by Camp Westwood each day. The snack will be peanut and nut free.

Please keep in mind that St. Margaret's Centre is NOT A NUT-FREE FACILITY. Please ensure that all allergies and sensitivities are listed on the registration form to allow us to make the best possible arrangements to ensure every camper's safety.

PIZZA FRIDAY: Campers have the options to receive a slice of pizza and a juice box for \$5. Extra slice: \$2.

Swimming & Swimming Lessons

Campers will have the opportunity to go swimming each day [weather permitting] at St. Margaret's Centre's outdoor pool. If campers do not wish to swim, other activities will be organized.

In order for pool time to run as safe and as smooth as possible, it is important to indicate the following on the registration form:

- Provide the most recent level of swimming that your child has successfully completed
- Indicate if your child has any difficulties swimming
- Indicate if your child needs a lifejacket if going in the pool.
 - PLEASE PACK SUNSCREEN!

Lifeguards will be on duty at all times while campers are in the pool. There will be a minimum of two counselors in the pool with the campers at all times, with additional counselors supervising from the pool deck.

In order for a camper to be permitted to swim in the deep end, they must successfully pass our swim test. The test will be under the discretion of the current lifeguards on duty. If successful, the camper will receive a waterproof bracelet. Please do not remove the bracelet until the end of the week.

IF YOUR CHILD IS REGISTERED FOR SWIMMING LESSONS WITH SMC POOL DURING THEIR WEEK OF CAMP: Please clearly indicate the time of the lesson on the registration form, and we will bring them to and from their lesson.



A Typical Day at Camp Westwood:

Everyday at Camp Westwood is different, but we try to make everyday our best day yet! Here's what a typical day may look like:

7:15 – 8:15 AM: EARLY/NORMAL DROP OFF (we have colouring books, card games, books, etc. during the morning until camp activities begin). PLEASE ENSURE TO SIGN IN YOUR CAMPER AT THIS TIME.

8:30 AM: CAMP ACTIVITIES BEGIN! Crafts, games, sports, experiments, fitness, skating, theatre, painting, and more!

11:00 AM: LUNCH TIME.

12:00 PM: POOL TIME.

1:00 PM: CAMP ACTIVITIES RESUME.

2:30 PM: Snack time! (Provided by Camp Westwood)

4:30 PM: Begin pickup! Campers will have the option to watch a movie in the pick-up room, colour/draw, or read while waiting to be picked up. If your camper will be picked up by someone who is not their parent or guardian, please indicate on the registration form. **PICK UP EXTENDS TO 5:45.**

What To Bring:

- Lunch and snacks
- Water bottle
- Sunscreen
- Change of clothes
- Bathing suit
- Towel
- Goggles
- Sandals/Flip-flops

ALL CAMPS will have the opportunity to go skating at least once per week. If your child wishes to go skating, please pack the following on skating days:

- Skates
- Ice Helmet (not bike helmet)
- Warm Pants
- Sweater or Jacket
- Mittens/Gloves



CAMP WESTWOOD WEDNESDAY THEME DAYS

Every Wednesday, Camp Westwood has a different Theme Day! Every camper and staff member is encouraged to participate. Prizes will be given out to those with the coolest costumes, and counselors put on a dance off in their costumes, with the winner decided by our campers! The more campers that participate, the better! Wednesday theme days also include special games, events, and surprises!

July 6th: DAY AT THE BEACH

July 13th: WILD WILD WEST

July 20th: BACKWARDS DAY

July 27th: CRAZY HAIR DAY

August 3rd: SUPERHERO DAY

August 10th: PAJAMA DAY

August 17th: ROCKSTAR DAY

August 24th: RAINBOW DAY

August 31st: CAMPER'S CHOICE

CAMP DESCRIPTIONS

Girls Just Want to Have Fun: This camp is sure to be adored by all girls who love to dance, sing, draw, bake, act, play, and just have fun! Campers will make jewelry and crafts, create group dance routines, and of course make new friends! This camp will help girls enhance their self-confidence, while trying new and fun things. Each week is different!

Sport Zone: Do you love sports? A variety of sports will be played in this camp including soccer, basketball, floor hockey, touch football, ultimate Frisbee, soccer baseball, and more. Different styles of games will be played throughout the week, as well as skating!

Cupcake Kids: From traditional to designer cupcakes we are doing it all! Throughout the week we will design and create little edible works of art. Lots of yummy treats to be taken home! Campers will also participate in games, crafts, and gym time.

Fun, Fun, Fun: The title explains it all! This camp is sure to be fun, fun, and more FUN! Sports, skating, crafts, dance parties, you name it; we'll have fun doing it!

Art and Adventure: Explore your artistic side in Art and Adventure! Do you like to paint, draw, and sketch? Campers will have endless opportunities to express their creative side. Get ready to get messy! Aside from creating works of art, campers will also participate in gym time, skating, and games.

Survivor: Based upon the popular TV show, campers will be broken up into teams and compete in various challenges – whether it is an active, mental, creative, or food challenge! The race to the finish is intense, as a winning team is produced by the end of the week! This camp is known to be super fun and exciting as it encourages team building, spirit, and confidence in yourself and your teammates.

Boys Just Want to have Fun: Build forts, play games, make crafts & cool structures, play sports, relay & obstacle races, outdoor activities, races and scavenger hunts, and much more! All things fun, all week!

Going Green: Learn about environment and more! Campers will participate in earth-friendly activities and make cool recyclable crafts! Tons of outdoor time, and campers even plant their own garden!

Action & Adventure: There is no way to describe this camp other than jam-packed with excitement and fun! This camp is focused on outdoor activities, cool crafts and games, scavenger hunts and challenges, magic tricks, water games, and experiments! Campers will never know what adventure they will encounter next!

Amazing Race: Based on the popular TV show, campers will “travel around the world” to complete various challenges with their team members! You never know what challenge or activity you'll face next – get ready for the trip of a lifetime!

Mad, Mad Science: Calling all young scientists, this camp will be filled with cool, educational, and messy experiments! Campers are sure to be amazed at the results!

Fun and Fitness: Less focus on sports, more focus on being active! Campers will have the opportunity to explore different ways of staying fit, such as Zumba, yoga, tae-kwon-doe, and more! This camp focuses on healthy choices and having tons of fun.

Girl Power: Dance, crafts, jewelry, art, baking, sports and yoga, Zumba – us girls are doing it all! This camp is designed to show of your camper's girl power! A great confidence builder, and an even better time! Girls will have the time of their life creating memories and friendships in this super-fierce, no-boys-allowed, girl power camp!

Little Bakers: Calling all bakers in training! This camp will excite your taste buds and help you learn new skills in the kitchen. Campers will learn how to bake and decorate all of their delicious treats along with plenty of healthy additions with other activities to keep them active.

Camp Westwood Olympics: Every camper will draw to be placed on a team that will represent a country throughout the week. Each day will be filled with different solo and team events (not all sports related). Medals will be awarded at the end of the week!

Movin' & Groovin': New this year! Do you love to get your groove on? Were you BORN to dance? This camp is sure to be tons of fun, with lots of movin', music, & dancin'! (No experience required ☺). Campers will also do crafts, play games and activities, and more!

Camp Codes and Dates

Nine weeks of camp will be offered, starting July 4th until September 2nd!

Please note that in some weeks, only certain age groups will be offered for select camps. Please read carefully, and ensure to fill out the proper camp code on your child's registration form.

July 4th- July 8th	Age	Cost	Code
Girls Just Want to Have Fun	5-6	\$160	GF101
Girls Just Want to Have Fun	7-8	\$160	GF102
Girls Just Want to Have Fun	9-10	\$160	GF103
Sport Zone	5-6	\$145	SZ104
Sport Zone	7-8	\$145	SZ105
Sport Zone	9-10	\$145	SZ106
Art & Adventure	5-6	\$160	AA107
Art & Adventure	7-8	\$160	AA108
Art & Adventure	9-10	\$160	AA109

July 11th- July 15th	Age	Cost	Code
Girl Power	5-6	\$160	GP201
Girl Power	7-8	\$160	GP202
Girl Power	9-10	\$160	GP203
Fun, Fun, Fun	5-6	\$145	FF204
Fun, Fun, Fun	7-8	\$145	FF205
Fun, Fun, Fun	9-10	\$145	FF206
Camp Westwood Olympics	8-10	\$150	CW207
Little Bakers	5-7	\$160	LB208

July 18th- July 22nd	Age	Cost	Code
Movin' & Groovin'	5-6	\$145	MG301
Movin' & Groovin'	7-8	\$145	MG302
Movin & Groovin'	9-10	\$145	MG303
Boys Just Want to Have Fun	5-6	\$145	BF304
Boys Just Want to Have Fun	7-8	\$145	BF305
Boys Just Want to Have Fun	9-10	\$145	BF306
Survivor	7-10	\$150	SV307
Going Green	5-7	\$150	GG308

July 25th- July 29th	Age	Cost	Code
Girls Just Want to Have Fun	5-6	\$160	GF401
Girls Just Want to Have Fun	7-8	\$160	GF402
Girls Just Want to Have Fun	9-10	\$160	GF403
Action & Adventure	5-6	\$145	AD404
Action & Adventure	7-8	\$145	AD405
Action & Adventure	9-10	\$145	AD406
Camp Westwood Olympics	5-7	\$150	CW407
Cupcake Kids	8-10	\$160	CK408

August 2nd – August 5th (no camp Aug 1)	Age	Cost	Code
Girl Power	5-6	\$135	GP501
Girl Power	7-8	\$135	GP502
Girl Power	9-10	\$135	GP503
Sport Zone	5-6	\$120	SZ504
Sport Zone	7-8	\$120	SV505
Sport Zone	9-10	\$120	SV506
Art & Adventure	5-6	\$135	AA507
Art & Adventure	7-8	\$135	AA508
Art & Adventure	9-10	\$135	AA509
Cupcake Kids	5-7	\$135	CK510

August 8th – August 12th	Age	Cost	Code
Girls Just Want to Have Fun	5-6	\$160	GF601
Girls Just Want to Have Fun	7-8	\$160	GF602
Girls Just Want to Have Fun	9-10	\$160	GF603
Fun Fun Fun	5-6	\$145	FF604
Fun Fun Fun	7-8	\$145	FF605
Fun Fun Fun	9-10	\$145	FF606
Mad, Mad Science	5-7	\$160	MS607
Little Bakers	8-10	\$160	LB608

August 15th – August 19th	Age	Cost	Code
Girl Power	5-6	\$145	GP701
Girl Power	7-8	\$145	GP702
Girl Power	9-10	\$145	GP703
Fun & Fitness	5-6	\$145	FN 704
Fun & Fitness	7-8	\$145	FN705
Fun & Fitness	9-10	\$145	FN706
The Amazing Race	5-7	\$150	AR707
Mad Mad Science	8-10	\$160	MS708

August 22nd – August 26th	Age	Cost	Code
Girls Just Want to Have Fun	5-6	\$160	GF801
Girls Just Want to Have Fun	7-8	\$160	GF802
Girls Just Want to Have Fun	9-10	\$160	GF803
Sport Zone	5-6	\$145	SZ804
Sport Zone	7-8	\$145	SZ805
Sport Zone	9-10	\$145	SZ806
Movin' & Groovin'	5-7	\$145	MG807
The Amazing Race	8-10	\$150	AR808

August 29th – September 2nd	Age	Cost	Code
Fun Fun Fun	5-6	\$145	FF901
Fun Fun Fun	7-8	\$145	FF902
Fun Fun Fun	9-10	\$145	FF903
Art & Adventure	5-6	\$160	AA904
Art & Adventure	7-8	\$160	AA905
Art & Adventure	9-10	\$160	AA906 L

Limited Spots in this Week***

Hockey & Figure Skating Programs

2016 HOCKEY PROGRAMS

Camp Westwood offers Hockey Programs from July 4th – September 2nd. Participants will be on the ice for 3 hours per day, every day (15 hours per week). The Camp Westwood Hockey Program is focused on giving players the opportunity to develop their skills in an encouraging, positive atmosphere, with a large focus on power skating development, puck handling and shooting skills, and basic fundamentals that are essential to every player. Our skilled instructors work with a small group (limit of 24 players per week) to ensure that they are able to work one-on-one with each player throughout the week.

The Camp Westwood Hockey Program also offers player report cards, dry-land training, and goal-setting sessions. Participants will swim each day (weather permitting) and will have gym and outdoor time for other activities.

Please note that this is NOT a learn-to-skate program – players must be equipped with basic skating skills

Please see our separate Camp Westwood Hockey Programs Brochure for more details & registration information 😊

2016 FIGURE SKATING PROGRAMS

New this year – Camp Westwood will be offering recreational and competitive figure skating programs! Please see our separate Figure Skating brochure for more details. There are a limited number of spots available!

Please note that participants MUST meet program requirements – this is not a learn-to-skate-program – participants must be Skate Canada members.

QUESTIONS?

Email our Camp Director, Courtney, at
campwestwood@gmail.com 😊

or call the Camp Westwood Office at

902-826-2100 ext. 10

We can't wait to see you this summer! 😊