

Summer 2017

CAMP WESTWOOD

**"8 YEARS OF GREAT CAMPS AT
AN AFFORDABLE PRICE!"**

Registration begins April 4th, 2017
campwestwood@gmail.com



12 Westwood Blvd.
Upper Tantallon, NS
902-826-2100

PAYMENT OPTIONS & DISCOUNTS

Camp Westwood offers **two methods of payments**:

- **Pay in full** at time of registration
- **Payment plan**: If you have registered for 3 or more weeks of camp then you qualify for further payment plan options. This includes payments being made on June 10th, July 10th and August 10th. If you do not register for a camp in the month of August then your payments will be shortened to two payments on June 10th and July 10th. If you have any questions or would like more information on this please contact the front desk or the Camp Westwood Director.

Payments can be made with cash, cheque, Visa, MasterCard, or debit. If using the payment plan method, only Visa, MasterCard, or post-dated cheques will be accepted.

Cheques should be made out to St. Margaret's Centre.

DISCOUNTS: By purchasing three or more weeks of camp, or by registering two or more children, you will receive **10% off the total camp price** (excluding pizza Friday total). Discounts cannot be multiplied with multiple camps of multiple children.

REFUND POLICY: You **must** cancel your registration **THREE WEEKS** prior to the week of camp that you are requesting withdrawal from to be eligible for a refund (medical reasons with supporting documentation are the exception). All refunds (deposit included) are subject to a \$25 administration fee.

Once the full payment has been made, you will receive a pink copy of the registration form. Please **do not discard** this as it can be used for income tax purposes.

QUESTIONS? Email:
campwestwood@gmail.com

GENERAL INFORMATION

Beginning its first year in 2010, Camp Westwood is now celebrating its 8th year of operations!

Camps will run from Tuesday, July 4th, 2017 to Friday, September 1st, 2017 (9 weeks).

Camps run from 8:30 AM to 4:30 PM. We provide **early drop-off beginning at 7:15 AM**, and late pick-up **until 5:45 PM**, FREE of charge!

Camps run for children ages 5-10 years of age.

We have zero tolerance for inappropriate, violent, or dangerous behaviour. **Electronics, including cell phones and iPods, are not permitted during camp hours.**

Registration forms are available starting April 4th at the front desk of the St. Margaret's Centre, and on the SMC website.

LUNCH, SNACKS, & PIZZA FRIDAY

It is the parent's responsibility to provide: LUNCH, SNACKS, & WATER BOTTLE.

An afternoon snack will be provided by Camp Westwood each day. The snack will be peanut and nut free. **Please keep in mind that St. Margaret's Centre is NOT A NUT-FREE FACILITY.** Please ensure that all allergies and sensitivities are listed on the registration form to allow us to make the best possible arrangements to ensure every camper's safety.

PIZZA FRIDAY: Campers will have the option to buy into the pizza Friday program. For \$5, each camper will receive a slice of pizza, treat, and a juice box. Additional slice: \$2. Pizza is supplied from Little Jo's, and there is also a GLUTEN-FREE OPTION.

SWIMMING & SWIMMING LESSONS

Campers will have the opportunity to go swimming each day (weather permitting) at St. Margaret's Centre's outdoor pool. If campers do not wish to swim, other activities will be organized.

In order for pool time to run as safe and as smooth as possible, it is important to indicate the following on the registration form:

- Provide the most recent level of swimming that your child has successfully completed.
- Indicate if your child has any difficulties swimming.
- Indicate if your child needs a lifejacket if going in the pool.

PLEASE PACK SUNSCREEN (with first and last name)!

Lifeguards will be on duty at all times while campers are in the pool. There will be a *minimum* of two counsellors in the pool with the campers at all times, with additional counsellors supervising from the pool deck.

In order for a camper to be permitted to swim in the deep end, they must successfully pass our swim test. The test will be under the discretion of the lifeguards on duty that day. If successful, the camper will receive a waterproof bracelet. Please do not remove the bracelet until the end of the week.

IF YOUR CHILD IS REGISTERED FOR SWIMMING LESSONS WITH SMC POOL DURING CAMP HOURS (8:30 AM - 4:30 PM): Please send an email to campwestwood@gmail.com with the subject heading "Swim lessons for (your child's name and lesson time)". If we do not get confirmation of this then we will presume that you will be taking them for their lesson.



A TYPICAL DAY AT CAMP WESTWOOD:

Everyday at Camp Westwood is different, but we try to make everyday our best day! Here's what a typical day *may* look like:

7:15 – 8:15 AM: EARLY/NORMAL DROP OFF (we have colouring books, card games, books, etc. during the morning until camp activities begin). PLEASE ENSURE TO SIGN IN YOUR CAMPER AT THIS TIME.

8:30 AM: CAMP ACTIVITIES BEGIN! Crafts, games, sports, experiments, fitness, skating, theatre, painting, and much more!

11:00 AM: LUNCH TIME.

12:00 PM: POOL TIME.

1:00 PM: CAMP ACTIVITIES RESUME.

2:30 PM: SNACK TIME! (Provided by Camp Westwood)

4:30 PM: BEGIN PICKUP! Campers will have the option to watch a movie, colour/draw, or read while waiting to be picked up. If your camper will be picked up by someone who is not their parent or guardian, please indicate this on the registration form.

PICK UP EXTENDS TO 5:45 PM (no later).

WHAT TO BRING:

(Please make sure to label ALL items of your child(ren) before coming to camp).

- Lunch and snacks
- Water bottle
- Sunscreen
- Change of clothes
- Bathing suit
- Towel
- Goggles
- Sandals/Flip-flops (for pool time)

ALL CAMPS will have the opportunity to go skating at least once per week. If your child wishes to go skating, please pack the following on skating days:

- Skates
- Ice Helmet (not bike helmet)
- Warm Pants
- Sweater or Jacket
- Mittens/Gloves

CAMP WESTWOOD WEDNESDAY THEME DAYS

Every Wednesday, Camp Westwood has a different Theme Day! Every camper and staff member is encouraged to participate. Prizes will be given out to those with the coolest costumes, and counsellors will have a dance off in their costumes, with the winner decided by our campers! The more campers that participate, the better! Wednesday theme days also include special games, events, and surprises!

JULY 5TH: DAY AT THE BEACH

JULY 12TH: 80'S

JULY 19TH: BACKWARDS DAY

JULY 26TH: CRAZY HAIR DAY

AUGUST 2ND: SUPERHERO DAY

AUGUST 9TH: PAJAMA DAY

AUGUST 16TH: ROCKSTAR DAY

AUGUST 23RD: NEON DAY

AUGUST 30TH: PLAID, PRINTS, POLKA DOTS

CAMP DESCRIPTIONS

Girls Just Want to Have Fun: This camp is sure to be adored by all girls who love to dance, sing, draw, bake, act, play, and just have fun! Campers will make jewellery and crafts, create group dance routines, and of course make new friends! This camp will help girls enhance their self-confidence, while trying new and fun things. Each week is different!

Sport Zone: Do you love sports? A variety of sports will be played in this camp including soccer, basketball, floor hockey, touch football, ultimate Frisbee, soccer baseball, and more. Different styles of games will be played throughout the week, as well as skating!

Cupcake Kids: From traditional to designer cupcakes we are doing it all! Throughout the week we will design and create little edible works of art. Lots of yummy treats to be taken home! Campers will also participate in games, crafts, and gym time.

Fun, Fun, Fun: The title explains it all! This camp is sure to be fun, fun, and more FUN! Sports, skating, crafts, dance parties, you name it; we'll have fun doing it!

Art and Adventure: Explore your artistic side in Art and Adventure! Do you like to paint, draw, and sketch? Campers will have endless opportunities to express their creative side. Get ready to get messy! Aside from creating works of art, campers will also participate in gym time, skating, and games.

Survivor: Based upon the popular TV show, campers will be broken up into teams and compete in various challenges – whether it is an active, mental, creative, or food challenge! The race to the finish is intense, as a winning team is produced by the end of the week! This camp is known to be super fun and exciting as it encourages team building, spirit, and confidence in yourself and your teammates.

Boys Just Want to Have Fun: Build forts, play games, make crafts & cool structures, play sports, relay & obstacle races, outdoor activities, races and scavenger hunts, and much more! All things fun, all week!

Going Green: Learn about environment and more! Campers will participate in earth-friendly activities and make cool recyclable crafts! Tons of outdoor time, and campers even plant their own garden!

Action & Adventure: There is no way to describe this camp other than jam-packed with excitement and fun! This camp is focused on outdoor activities, cool crafts and games, scavenger hunts and challenges, magic tricks, water games, and experiments! Campers will never know what adventure they will encounter next!

Amazing Race: Based on the popular TV show, campers will “travel around the world” to complete various challenges with their team members! You never know what challenge or activity you'll face next – get ready for the trip of a lifetime!

Mad, Mad Science: Calling all young scientists, this camp will be filled with cool, educational, and messy experiments! Campers are sure to be amazed at the results!

Fun and Fitness: Less focus on sports, more focus on being active! Campers will have the opportunity to explore different ways of staying fit, such as Zumba, yoga, tae-kwon-doe, and more! This camp focuses on healthy choices and having tons of fun.

Girl Power: Dance, crafts, jewellery, art, baking, sports and yoga, Zumba – us girls are doing it all! This camp is designed to show of your camper's girl power! A great confidence builder, and an even better time! Girls will have the time of their life creating memories and friendships in this super-fierce, no-boys-allowed, girl power camp!

Little Bakers: Calling all bakers in training! This camp will excite your taste buds and help you learn new skills in the kitchen. Campers will learn how to bake and decorate all of their delicious treats along with plenty of healthy additions with other activities to keep them active.

Camp Westwood Olympics: Every camper will draw to be placed on a team that will represent a country throughout the week. Each day will be filled with different solo and team events (not all sports related). Medals will be awarded at the end of the week!

Movin' & Groovin': Do you love to get your groove on? Were you BORN to dance? This camp is sure to be tons of fun, with lots of movin', music, & dancin'! (No experience required). Campers will also do crafts, play games and activities, and more!

CAMP CODES AND DATES

Nine weeks of camp will be offered, starting July 4th until September 1st!

Please note that in some weeks, only certain age groups will be offered for select camps.

Please read carefully, and ensure to fill out the proper camp code on your child's registration form.

July 4th - July 7th (4 day week)	Age	Cost	Code
Girls Just Want to Have Fun	5-6	\$140	GF101
Girls Just Want to Have Fun	7-8	\$140	GF102
Girls Just Want to Have Fun	9-10	\$140	GF103
Sport Zone	5-6	\$125	SZ104
Sport Zone	7-8	\$125	SZ105
Sport Zone	9-10	\$125	SZ106
Art & Adventure	5-6	\$140	AA107
Art & Adventure	7-8	\$140	AA108
Art & Adventure	9-10	\$140	AA109
July 10th - July 14th	Age	Cost	Code
Girl Power	5-6	\$165	GP201
Girl Power	7-8	\$165	GP202
Girl Power	9-10	\$165	GP203
Fun, Fun, Fun	5-6	\$150	FF204
Fun, Fun, Fun	7-8	\$150	FF205
Fun, Fun, Fun	9-10	\$150	FF206
Camp Westwood Olympics	8-10	\$155	CW207
Little Bakers	5-7	\$170	LB208
July 17th - July 21st	Age	Cost	Code
Movin' & Groovin'	5-6	\$150	MG301
Movin' & Groovin'	7-8	\$150	MG302
Movin' & Groovin'	9-10	\$150	MG303
Boys Just Want to Have Fun	5-6	\$150	BF304
Boys Just Want to Have Fun	7-8	\$150	BF305
Boys Just Want to Have Fun	9-10	\$150	BF306
Survivor	7-10	\$155	SV307
Little Bakers	5-7	\$170	LB308
July 24th - July 28th	Age	Cost	Code
Girls Just Want to Have Fun	5-6	\$165	GF401
Girls Just Want to Have Fun	7-8	\$165	GF402
Girls Just Want to Have Fun	9-10	\$165	GF403
Action & Adventure	5-6	\$150	AD404
Action & Adventure	7-8	\$150	AD405
Action & Adventure	9-10	\$150	AD406
Camp Westwood Olympics	5-7	\$155	CW407
Cupcake Kids	8-10	\$170	CK408

July 31st - August 4th	Age	Cost	Code
Girl Power	5-6	\$165	GP501
Girl Power	7-8	\$165	GP502
Girl Power	9-10	\$165	GP503
Sport Zone	5-6	\$150	SZ504
Sport Zone	7-8	\$150	SZ505
Sport Zone	9-10	\$150	SZ506
Art & Adventure	5-7	\$165	AA507
Art & Adventure	7-8	\$165	AA508
Art & Adventure	9-10	\$165	AA509
Cupcake Kids	8-10	\$170	CK510

August 8th - August 11th (4 day week)	Age	Cost	Code
Girls Just Want to Have Fun	5-6	\$140	GF601
Girls Just Want to Have Fun	7-8	\$140	GF602
Girls Just Want to Have Fun	9-10	\$140	GF603
Fun Fun Fun	5-6	\$125	FF604
Fun Fun Fun	7-8	\$125	FF605
Fun Fun Fun	9-10	\$125	FF606
Mad, Mad Science	5-7	\$140	MS607
Going Green	8-10	\$140	GG608

August 14th - August 18th	Age	Cost	Code
Girl Power	5-6	\$165	GP701
Girl Power	7-8	\$165	GP702
Girl Power	9-10	\$165	GP703
Fun and Fitness	5-6	\$150	FN704
Fun and Fitness	7-8	\$150	FN705
Fun and Fitness	9-10	\$150	FN706
The Amazing Race	5-7	\$155	AR707
Cupcake Kids	8-10	\$170	CK706

August 21st - August 25th	Age	Cost	Code
Girls Just Want to Have Fun	5-6	\$165	GF801
Girls Just Want to Have Fun	7-8	\$165	GF802
Girls Just Want to Have Fun	9-10	\$165	GF803
Sport Zone	5-6	\$150	SZ804
Sport Zone	7-8	\$150	SZ805
Sport Zone	9-10	\$150	SZ806
Movin' & Groovin'	5-7	\$150	MG807
The Amazing Race	8-10	\$155	AR808

August 28th - September 1st	Age	Cost	Code
Fun Fun Fun	5-6	\$150	FF901
Fun Fun Fun	7-8	\$150	FF902
Fun Fun Fun	9-10	\$150	FF903
Art & Adventure	5-6	\$165	AA904
Art & Adventure	7-8	\$165	AA905
Art & Adventure	9-10	\$165	AA906

2017 HOCKEY PROGRAMS

Camp Westwood offers a recreational summer Hockey program from July 4th - September 1st. Participants will be on the ice for 3 hours per day, every day (15 hours per week). The Camp Westwood Hockey Program is focused on giving players the opportunity to develop their skills in an encouraging, positive atmosphere, with a large focus on power skating development, stick handling and shooting skills, and basic fundamentals of hockey that are essential to every player. Our skilled instructors work with a small group (limit of 24 players per week) to ensure the safety of our campers, and for our counsellors to be able to work one-on-one with each player throughout the week. The Camp Westwood Hockey Program also offers player report cards, dry-land training, and goal-setting sessions. Participants will swim each day (weather permitting) and will have gym and outdoor time for other activities.

Please note that this is NOT a learn-to-skate program. Players must be equipped with basic skating skills.

Please see our separate Camp Westwood Hockey Programs brochure for more details & registration information.

2017 FIGURE SKATING PROGRAMS

Camp Westwood will be offering recreational and competitive figure skating programs again this year! Please see our separate Figure Skating brochure for more details. There are a limited number of spots available!

Please note that this is NOT a learn-to-skate program. Participants must be Skate Canada Members and MUST meet program requirements.



T-SHIRTS

You are able to purchase this years Camp Westwood T-Shirt for \$15 at the time of registration, or if you register for 5 or more camps per child, you will receive the t-shirt for **FREE!**

QUESTIONS

Email our Camp Director at campwestwood@gmail.com
or call 902-826-2100

We can't wait to see you this summer!