

CAMP WESTWOOD FIGURE SKATING PROGRAM 2017



“A program to help figure skaters advance their skills in a fun, recreational environment.”

**In partnership with the
St. Margaret's Bay Skating Club
St. Margaret's Centre**

12 Westwood Blvd. Upper Tantallon, NS

902-826-2100 ext. 10

campwestwood@gmail.com

This is a camp format program. Group lessons are included.

Private lessons are available (but at an additional cost)

-- Camp open to all Development, Star 1, Star 2 and Star 3 skaters. Elite program can be found in separate booklet --

Payment Options & Discounts

Camp Westwood offers **two methods of payments**:

- **Pay in full** at time of registration
- **Payment plan**: If you have registered for 3 or more weeks of camp then you qualify for further payment plan options. This includes payments being made on June 10th, July 10th and August 10th. If you do not register for a camp in the month of August then your payments will be shortened to two payments on June 10th and July 10th. If you have any questions or would like more information on this please contact the front desk or the Camp Westwood Director.

Payments can be made with cash, cheque, Visa, MasterCard, or debit. If using the payment plan method, only Visa, MasterCard, or post-dated cheques will be accepted.

Cheques should be made out to St. Margaret's Centre.

DISCOUNTS: By purchasing three or more weeks of camp, or by registering two or more children, you will receive **10% off the total camp price** (excluding pizza Friday total). Discounts cannot be multiplied with multiple camps of multiple children.

REFUND POLICY: You **must** cancel your registration **THREE WEEKS** prior to the week of camp that you are requesting withdrawal from to be eligible for a refund (medical reasons with supporting documentation are the exception). All refunds (deposit included) are subject to a \$25 administration fee.

Once the full payment has been made, you will receive a pink copy of the registration form. Please **do not discard** this as it can be used for income tax purposes.

Lunch, Snacks, & Pizza Friday

It is the parent's responsibility to provide: LUNCH, SNACKS, & WATER BOTTLE.



An afternoon snack will be provided by Camp Westwood each day. The snack will be peanut and nut free.

Please keep in mind that St. Margaret's

Centre is NOT A NUT-FREE FACILITY. Please ensure that all allergies and sensitivities are listed on the registration form to allow us to make the best possible arrangements to ensure every camper's safety.

PIZZA FRIDAY: Campers will have the option to buy into the pizza Friday program. For \$5, each camper will receive a slice of pizza, treat, and a juice box. Additional slice: \$2. Pizza is supplied from Little Jo's, and there is also a GLUTEN-FREE OPTION.

A Typical Day in the Figure Skating Program:

Everyday at Camp Westwood is different, but we try to make everyday our best day! Here's what a typical day may look like:

7:15 – 8:15AM: EARLY/NORMAL DROP OFF (*please ensure to sign your skater in at this time*).

8:30AM: CAMP ACTIVITIES BEGIN! Crafts, games, sports, fitness, theatre and dance! Each day there will be one **off ice** dance class in the morning and one **on ice** session.

11:00AM: LUNCH TIME.

12:00PM: POOL TIME.

1:00PM: CAMP ACTIVITIES RESUME (along with one **on ice** session).

2:30PM: SNACK TIME (Provided by Camp Westwood)

4:30PM: BEGIN PICKUP Campers will have the option to watch a movie, colour/draw, or read while waiting to be picked up. If your camper will be picked up by someone who is not their parent or guardian, please indicate on the registration form. **PICK UP EXTENDS TO**

5:45PM (no later).

(Sample schedule only)

Swimming and Swimming Lessons:

Campers will have the opportunity to go swimming each day (weather permitting) at St. Margaret's Centre's outdoor pool. If campers do not wish to swim, other activities will be organized.

In order for pool time to run as safe and as smooth as possible, it is important to indicate the following on the registration form:

- Provide the most recent level of swimming that your child has successfully completed.
- Indicate if your child has any difficulties swimming.
- Indicate if your child needs a lifejacket if going in the pool.

PLEASE PACK SUNSCREEN (with first and last name)!

Lifeguards will be on duty at all times while campers are in the pool. There will be a *minimum* of two counsellors in the pool with the campers at all times, with additional counsellors supervising from the pool deck.

In order for a camper to be permitted to swim in the deep end, they must successfully pass our swim test. The test will be under the discretion of the lifeguards on duty that day. If successful, the camper will receive a waterproof bracelet. Please do not remove the bracelet until the end of the week.

IF YOUR CHILD IS REGISTERED FOR SWIMMING LESSONS WITH SMC POOL DURING CAMP HOURS (8:30 AM - 4:30 PM):

Please send an email to campwestwood@gmail.com with the subject heading "Swim lessons for (your child's name and lesson time)". If we do not get confirmation of this then we will presume that you will be taking them for their lesson.

*Please be aware that it may not be to your advantage to book swim lessons for your child during hockey/figure skating camps as they may have to miss ice time to attend these lessons.

Throughout the week the skaters will have fun, informative group instructions from qualified camp instructors. Skills that will be taught are jumps, spins, edges and turns, dance, stroking, field moves and skating skills. The week will be action packed with 2.5 hours a day of skating, dance classes and fitness classes every day. Plus gym time, games, crafts and swimming!!!

What To Bring:

(Please make sure to name **all** items of your child(ren) before coming to camp).

- Lunch and snacks
- Water bottle
- Sunscreen
- Change of clothes
- Bathing suit
- Towel
- Goggles
- Sandals/Flip-flops
- Skates
- Helmet or Halo (if needed)
- Guards
- Sweater or Jacket
- Mittens/Gloves



Who can participate?

All Development, Star 1, Star 2, Star 3 skaters. Must be a skate Canada member (registered in a skate Canada club). See Charleen if you need more information on this.

THIS IS NOT A LEARN TO SKATE PROGRAM

WEEK	COST	CODE
July 4th - July 7th*	\$150	FS115
July 10th - July 14th	\$180	FS215
July 17th - July 21st	\$180	FS315
July 24th - July 28th	\$180	FS415
July 31st - August 4th	\$180	FS515
August 8th - August 11th*	\$150	FS615
August 14th - August 18th	\$180	FS715
August 21st - August 25th	\$180	FS815

**short weeks*



WEDNESDAY THEME DAYS:

July 5th: DAY AT THE BEACH

July 12th: 80's

July 19th: BACKWARDS DAY

July 26th: CRAZY HAIR DAY

August 2nd: SUPERHERO DAY

August 9th: PAJAMA DAY

August 16th: ROCKSTAR DAY

August 23rd: NEON DAY

August 30th: PLAID, PRINTS, POLKA DOTS